## **Review Article**



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# A narrative review on Epidermal Growth Factor (EGF) intralesional infiltrations for diabetic complex wounds: The rational of an innovative delivery route

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#### Abstract

Diabetes mellitus remains as a pandemic disease, associated to progressive and irreversible complications including lower extremity ulcerations, derived from a predisposition to ischemia, neuropathy and an intrinsic wound healing failure. The molecular operators supporting wound chronicity remain elusive, but a local deficit of growth factors is invoked as a common cause for proliferative arrest, apoptosis, and cells senescence. The prodegradative environment of these lesions contributes to reduce growth factors availability and receptors' physiology. The introduction of growth factors in the clinical arena was precocious since critical pieces of chronicity pathophysiology had not been identified. The topical administration of these agents failed by the effect of local proteolysis, narrow bioavailability window, inadequate diffusion, and a harsh polymicrobial biofilm. To circumvent these pharmacodynamic limitations, we envisioned an intra-ulcer infiltrative delivery route for epidermal growth factor (EGF), based on the rationale derived from experimental evidences. The clinical development program with this procedure has comprised from a proof-of-concept to post-marketing studies in poor-prognosis, ischemic, neuropathic, and neuroischemic wounds, involving more than 300 000 patients along 20 years. Pharmacological intervention has remained as an adjuvant therapy to conventional treatments and wound care protocols. Generation of EGF nanovesicles is envisioned as a promising future direction to trigger the re-epithelialization of stagnant, non-resurfaced diabetic wounds upon topical administration.

## Introduction

Diabetic foot ulcer (DFU) is an example of chronic complex wound, demographically approaching to pandemic proportions, and still remaining as an unmet medical need [1]. Despite decades of research efforts and resources investments, diabetic population contributes to 80% of all non-traumatic lower extremity amputation around the world, leading to disability, social exclusion, and early mortality [2,3]. Diabetic patients exhibit a failure in their healing mechanism as skin cells are severely affected by the toxic effects of an abnormal glucose burden and adjacent biochemical derivatives [4-6]. Thus, diabetic wounds are transversed by numerous limiting factors that impair the ordered progression of overlapping cellular and molecular healing events. In this milieu converge and synergize a prolonged inflammatory reactivity, an excessive production of proteolytic enzymes, an uncontrolled spillover of free radicals, a deficiency of fibroangiogenic growth factors (GFs), a reduction in stem cells recruitment, and an increased number of senescent cells [7-10]. Ultimately, these factors pave the way for the onset of the chronicity phenotype, clinically expressed as a torpid granulation response, abnormal angiogenesis, reduced contraction rate, and stagnant re-epithelialization [8,11,12].

The sequential discovery of GFs at the beginning of the 60's and their biological capability to enhance cells proliferation, migration, for their introduction to treat a variety of acute and chronic wounds. During the 80's and the 90's, a myriad of enlightening articles appeared describing the beneficial effects of topically administered GFs to different experimental biomodels of skin wounds [15-25]. Nonetheless, the clinical and molecular complexity of a human chronic wound is yet far to be recapitulated in an animal model [26-28]. At the times of GFs hyperenthusiasm, there was an incomplete understanding of the molecular basis supporting tissue repair, and particularly of its failure. Elemental concepts for chronic wound management had not yet come to light. For example, TIME (tissue, infection/inflammation, moisture balance, and edge of wound) was first implemented at the early 2000's, as an attempt to offer a framework for a structured and systematic

and to circumvent cells cycle arrest [13,14], founded the rationale

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approach to chronic wound bed preparation [29-31]. Of note, however, TIME principles are only a part of the systematic and complete evaluation of each patient at every wound assessment, which was later acknowledged [29-31]. More advanced studies suggested that the use of GFs was somewhat precipitated, as subsequent findings showed that chronic wound milieu may impair the response to GFs, by preventing the binding and subsequent activation of the receptors for transducing the signal. It was the case of the down-regulation of epidermal growth factor (EGF), platelet-derived growth factor (PDGF), and transforming growth factor beta (TGF- $\beta$ ) receptors autophosphorylation, and downstream signaling in diabetic and venous ulcers [32-34].

Since Regranex (PDGF-BB isoform) approval by the USA Food and Drug Administration (FDA) in 1997, no other GF has been approved for DFU treatment. Regranex progress was additionally shadowed, when in 2008 the FDA included a "black box warning" of increased mortality rates secondary to malignancy in patients after treatment with three or more vials (http://www.fda.gov/NewsEvents/Newsroom/ PressAnnouncements/2008/ucm116909.htm).

Although during the past 20 years there was an increasing amount of novel, basic science-based approaches and developments that include wound dressings, living cells equivalents, and smart GF formulations for an efficient local delivery; some of these approaches still need clinical validation and others vanished along the way due to limited therapeutic impact [35-38].

The interventional procedure based on the infiltrative delivery of EGF directly into the bed and contours of diabetic complex, highgrade, neuropathic and ischemic lower extremity wounds, including both ulcers, and stagnant amputation residual bases; emerged and consolidated as a successful alternative to circumvent the limitations of the topical application route [39]. This innovation pursued the efficacious intra-tissue delivery of a stabilized and integral molecule with proven tissue repair-enhancing effects. This EGF injectable formulation is not the "standalone" within the medical resources for complex diabetic wounds. Its polyvalent effects on cellular populations are largely integrated and supported by the conventional pharmacological interventions, and medical management protocols for this pathology.

Twenty years of medical practice has shown that despite the complexity of the repair response, the appropriate delivery of the target GF may restore the "acute healing phenotype" of a hard-to-heal wound.

This narrative review describes the line of thoughts and fundamentals that encouraged us to foster the hypothesis that by simply injecting EGF down into the lesion bed, would translate in unprecedented clinical outcomes. Our views are largely substantiated by the retrospective analysis of a group of classic articles from the 80's and 90's, which were fundamental to understand the conundrum of GFs molecular pharmacology into an ulcer bed.

## Overview of diabetic foot ulcers (DFU)

Diabetes mellitus is characterized by the onset and progression of multi-organs complications resulting from biochemical derangements and epigenetic factors, that ultimately translate into irreversible morphofunctional changes as a response to glucooxidative stress [5,40]. Of all these complications, DFUs are amongst the most common, frightened and debilitating [2], ultimately leading to amputation-disability, and early mortality [2,41].

According to experts' opinion, 19-34% of diabetic patients develops DFU, whereas the five years post-amputation mortality rate

is greater than 70%, only preceded by lung cancer [42,43]. Accordingly, the International Working Group on Diabetic Foot has reported that a diabetic foot amputation is done every 20 seconds for over a million of patients every year [44].

The onset of DFU is driven by two major intrinsic predisposing factors: peripheral neuropathy (distal sensorimotor polyneuropathy) and peripheral arterial diseases [45-49]. Besides, diabetic individuals are also affected by cutaneous and mucosal infections given a dysregulation in primary surveillance, recognition, activation, and neutralization mechanisms, all processes of the innate immune response [50-52].

The glucotoxic environment and its distal effectors impair and disrupt the flow of overlapping healing phases, leading to a stagnant wound, chronically arrested in an unproductive inflammatory phase [11,53-55]. Diabetes predisposes to inflammation, which is more a condition than a transient reaction, while impairment in its resolution also perpetuates the inflammatory stage [56-58]. This model of chronic complex wound is therefore overloaded by a network of inflammatory cytokines, an uncontrolled production of local proteases, cytotoxic reactive oxygen and nitrogen species, and a polymicrobial biofilm [59]. Mechanistically speaking, this phenotype seems to be driven by three major factors: precocious cellular senescence, proliferative arrest, and unscheduled apoptosis of granulation tissue-productive cells [5,57,60-64].

Several evidences demonstrate that the local deficit of GFs is, among other factors, responsible for these three proximal inducers of wound chronification in diabetes, and other types of chronic wounds [5,65-68]. Classic results support this notion: (1) decreased expression of GFs by chronic wound cells [36,67,69,70]; (2) decreased expression and reduced functionality of GFs receptors in diabetic ulcers fibroblasts [32]; (3) decreased responsiveness to GFs-induced proliferation by cultured fibroblasts in an ulcer-age dependent fashion [71-73]; (4) proliferative arrest, and onset of biochemical and morphological traits of senescence by chronic wounds fibroblasts [5,74-76]; and (5) failure to stimulate DNA synthesis and proliferative commitment of fibroblasts, keratinocytes, and vascular endothelial cells when exposed to chronic wounds fluid [77,78].

## GFs intervention for problem wounds

The primary attempts to administer GFs in chronic wounds were likely driven by the concept of "replacement therapy", aiming to restore local wound cells biological competence, and ultimately resume the physiological healing trajectory [39]. Since a senescent phenotype depends on the downregulation of proliferation regulatory-positive genes (i.e., MYC, FOS, CDK2, and CCNs), ordinarily controlled by paracrine secretion of GFs [79,80], the early idea that locally administered GFs could reverse this arrest in wound cells, appeared thoughtfully justified [79-83].

GFs are defined as biologically active polypeptides that interact with specific cell surface receptors inducing DNA synthesis, cell division, migration, differentiation, survival, and phenotypic transition [84]. Most of these events are essential for the dynamic progression of the healing phases [66], and contribute to granulation tissue formation and contraction, organization of a novel angiogenic network, sustain re-epithelialization, and ultimately remodeling of the scar [14,85]. Thus, each GF is endowed with more than one biological role along the healing process, which depends on the target cell and the time phase of the wound [86,87]. GFs are also ubiquitous ingredients in most epithelial and mesenchymal mammals tissues; not only controlling tissue healing events, but ensuring epithelial cells populations' homeostatic turnover

and biological resilience [88]. In general terms, GFs have a major role in coordinating and integrating tissue physiology [89-92]. Several GFs are known to be involved in the wound healing process. These include PDGF, EGF, fibroblast growth factor, insulin-like growth factors 1 and 2, vascular endothelial growth factor, TGF- $\beta$ , and keratinocyte growth factor [70,93,94].

The history of GFs pharmacology, as an alternative to combat wound chronicity, has not progressed along a smooth road upon time. So far, PDGF in its pharmaceutical jelly presentation (Regranex, https://www.smith-nephew.com/professional/products/all-products/ regranex/), remains as the only GF approved by the FDA to be topically administered to low grade neuropathic DFU (https://www.fda.gov/ media/76010/download). To the best of our knowledge the first clinical intervention with a recombinant human GF dates back to 1989, when Brown and co-workers topically administered EGF to accelerate the epidermal regeneration of skin graft donor sites in burn patients [95]. Experimental studies at that time, however, began to emphasize that certain pharmacokinetic requisites had to be met, for an effective outcome with EGF topical administration [96]. The initial expectations about GFs topical application as "magic bullets" for accelerating resurfacing of at least partial thickness injuries [97], soon disappeared following two clinical studies. In a chronological sequence, Falanga failed to show a significant re-epithelialization of chronic venous ulcers upon topically administering EGF for a maximum of 10 weeks [98]. Subsequently, Cohen showed in a rigorously controlled study with healthy volunteers, that topical administration of EGF failed to enhance re-epithelialization of partial-thickness, dermatome-induced acute wounds [99]. These unexpected results warned about the need for additional research in GFs physiology and pharmacology, as in the understanding of the wound milieu biochemistry [98,100].

Thereafter, numerous investigations emphasized about the necessity of modifying wound local factors through wound bed preparation, in order to ensure an appropriate GFs pharmacodynamic response (for review see: [31]). Others claimed the need for GFs combinations as the optimal tool to restore the healing trajectory in chronic wounds [100,101]. The debut of GFs in the clinical arena seemed premature in relation to the basic science supporting its molecular pharmacology [102]. This statement is likely based on the observation by Jeff Davidson's group in 1985, which demonstrated that EGF wound healing enhancement was solely promoted under a prolonged, sustained, in situ slow release system [15]. The biological significance of a prolonged bioavailability of EGF and the ensued interaction with its receptor, were further validated when the GF was incorporated into multilamellar liposomes, which enhanced incisional wounds tensile strength over 200% as compared to controls [18]. Conclusively, according to Davidson's group data, EGF could stimulate the mitogenic response in wound cells if the receptors were exposed/ stimulated for at least 8 to 12 hours [15].

These basic science results prompted the need to introduce novel local delivery systems for EGF, a polypeptide with three disulfide bonds, largely sensitive to proteolysis, and that required a prolonged half-life within the wound milieu to express its biological bounties. Thus, the topical application method employed so far appeared proved not to be an ideal delivery for chemically-sensitive polypeptide GFs. This represented a challenge, as it was known that even the acute wounds environment is harsh for locally applied proteins, and particularly because diabetic wounds milieu contains all the detrimental ingredients against GFs chemical stability, bioavailability, and ultimately therapeutic capability [103]. Although experimental studies at the early 90's clearly showed the importance of formulating EGF with protease inhibitors, these combinations never progressed to a clinical trial [82,104-106].

## EGF biological effects to counteract DFU chronicity

EGF is perhaps the most widely studied GF in mammals biology, and we have upraised the hypothesis that this GF is biologically competent to largely counteract the molecular drivers of the chronicity phenotype [107,108]. Since the 60's interpretation that its exogenous administration to mice, reprogrammed chronologically-specified skin cells mitogenic and differentiation events; EGF was applied to repair multiple forms of wounds in both peripheral and internal tissues [107,109,110]. Aside from the classic mitogenic, motogenic and cytoprotective actions during healing events [107], EGF biological spectrum involves a potential anti-senescent effect. Experimental evidences postulate that EGF aborts cellular senescence programs [111,112]. In line with this, a groundbreaking study revealed that cell cultures depleted of EGF progress toward a senescent phenotype with elevated SA-β-gal activity, decreased proliferation, reduced Rb phosphorylation, and elevated p21 expression. These results advise that cultured cells may depend on EGF as a mechanism to escape from senescence and ensure proliferation, thus placing EGF as a central mediator in preserving mitogenic competence, and avoiding senescence [113,114]. Likewise, EGF showed to activate the expression of human telomerase reverse transcriptase in cultured cells, via Ets-2, a cancerspecific transcription factor that appears to depend on EGF receptor (EGFR)-mediated Erk and Akt activation [115]. Experimental studies suggest that EGF enhances cell survival and tissue replenishment in otherwise lethal scenarios, by controlling oxidative stress and by mitigating cellular senescence [116-119].

Diabetes is associated to a particular deficit of circulating [120] and salivary levels of EGF [121], which synergizes with the glucotoxic environment to drive multicellular systems demise [122-126]. The early 90's experiments, in which we examined the response to locally injected EGF to injured sciatic nerves in rats, became a turning point and paved the way to what was therapeutically achievable by an efficient delivery method. At the same time, this animal model itself somehow recapitulated the diabetic-like combination of neuropathy and tissues hypoxia. At the end, EGF local infiltration restored the neurological response, enhanced hind limbs soft tissues survival, and reduced the onset of plantar ulcers and toes necrosis [127]. We subsequently showed in a variety of pathological models that single or repeated EGF systemic injections or local infiltrations, stimulated "clear-cut" cytoprotective and proliferative responses, supporting the intrinsic ability of EGF at supraphysiological concentrations to promote tissue repair [107,128,129].

## Evidences supporting EGF intralesional infiltration rationale

Injecting EGF down into the base and contours of the wounds, including the dermo-epidermal junction, appears to: (1) ensure the direct delivery of the GF to the responsive cells, (2) reduce its local degradation, (3) jump over the diffusion limiting barriers from the wound surface to the deeper stratum, and (4) ensure EGF bioavailability for a prolonged interaction with the receptor in a deep layer cells. The immunohistochemical demonstration on the existence of a cellular distribution of EGFR and other cell proliferation regulators, along the longitudinal axis of neuropathic DFU granulation tissue bed, turned a crucial hint for the rationale of the local infiltration treatment. In

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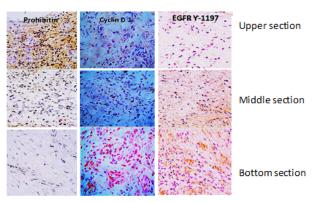


Figure 1. Cell proliferation cycle controllers in granulation tissue of neuropathic ulcers

parallel, the finding contributed to explain why topical administration of semisolid formulations had failed. As shown in Figure 1, EGFR is not detected on the wound surface cells layer, in contrast to deeper cells strata where it is intensely expressed.

Threevertical sections (≈2-3mm length) are immunohist ochemically distinguished in biopsies materials by immunolabeling with antibodies against prohibitin as a cell cycle negative regulator, cyclin D1 as a master switch controlling G1–S transition in response to growth factor stimulation. The active EGF-receptor phosphorylated in tyrosine 1197 as a critical substrate for multiple physiological functions of the receptor is also shown. Prohibitin is far more abundant on the upper section corresponding to the most superficial stratum of the wound. Conversely, Cyclin D1 and EGFR Y-1197 appear marginally labeled. It is noticeable that proliferative Cyclin D1 and the phosphorylated form of the EGFR are by large abundantly detected in bottom section – the deepest wound layer where no prohibitin is detected.

Similarly, cyclin D1, the G1-S phase cell cycle promoter [131] is not expressed by wound superficial cells but in lower cells layers. On the contrary, the wound surface cells exhibit abundant expression of prohibitin, a well-known tumor suppressor and cell cycle arrest protein [132]. Other early studies of our group showed that 125I-EGF formulated in a semisolid vehicle, appeared to be rapidly cleared from the application site, probably by protease-driven cleavage and receptormediated endocytosis. Mean residence time values suggested that over 60% of the amount administered, may have disappeared as early as two hours after its administration [133]. This local pharmacokinetic modeling based on EGF topical administration, indicated that the receptors dynamics does not fulfill the requisite of prolonged receptor/ ligand interaction for wound cells proliferation [15]. Our rationale was also supported by the evidences offered by Cross and Roberts in 1999, which showed that EGF only penetrated slightly into the upper granulating layers of the wound; with a subsequent exponential decline in solute concentration with tissue depth. This limited absorption kinetic also contributed to explain why topically administered GFs failed in the clinical scenario [134]. We enlarged the list of researchers [29,135,136] who showed the limited in-wound bioavailability of EGF due to the effect of locally secreted proteases. Of note, our finding derived from experimentally induced acute, controlled, full-thickness wounds in pigs under laboratory conditions. This suggested that proteases contained in the physiological exudate of clean, non-chronic wounds may also threaten EGF molecular integrity and stability [137].

It is likely that the most substantial support to our approach of intralesional EGF injection derived from a time-point immunoelectron microscopy kinetic study addressed to characterize the intracellular trafficking of the EGFR in ulcers-collected fibroblasts. This study showed that locally infiltrated EGF into Wagner's 3 and 4 neuropathic ulcers resulted in (a) dramatic increase of the EGFR expression 15 minutes after the EGF infiltration as compared prior to the intervention point, which indicated the induction of the receptor by the high-affinity ligand; (b) immediate endocytosis of the EGFR/ligand complex; (c) translocation and biodistribution to different cytoplasmic organelles from 15 minutes to 24 hours after the infiltration; (d) nuclear translocation of the receptor and its binding to DNA, which appeared to last up to 24 hours after the treatment; (e) a concomitant activation of the proliferating cell nuclear antigen (PCNA) (a cell cycle promoting protein) gene transcription, since a high expression of this protein was detected following EGF intervention, even 24 hours after the injection; (f) a significant and intriguing accumulation of the receptor in mitochondria which lasted for 24 hours after the infiltration; (g) significant accumulation of the receptor bound to collagen fibers within the extracellular matrix [138]. All these data endorse the EGF delivery procedure as an effective mean to stimulate the receptor for hours, indirectly promoting PCNA gene expression and consequently cell proliferation [138].

### **Clinical validation of EGF infiltration**

The animal experiments carried out during the 90's [107,128,129], supported the hypothesis to initiate in 2001 a pilot study with 29 diabetic patients with high-grade (Wagner scale III and IV), poorprognostic, and comprising ischemic lower limb wounds (ulcers and non-healing amputation residual bases). In this study, recombinant human EGF was intralesionally infiltrated into the bottom and contours of the wounds three times a week, along with sharp debridement, and other conventional medical interventions [139]. The fact that from this initial intervention 17 subjects were healed and prevented from amputation; paved the way for subsequent clinical trials [140-142], the development of an injectable lyophilized formulation, and the onset of a nationwide program that included two pharmacovigilance studies with more than 2000 patients [143,144]. Clear glass data confirmed the clinical usefulness of this delivery route to trigger and sustain the healing process. In terms of figures, it was shown that infiltrated EGF elicited 75% full granulation response, 61% of wound closure, and 71% reduction of amputation-relative risk, as well as positive benefit-risk balance. Of major clinical and social relevance is that recurrences were reported as an exceptional event (approximately 5%) upon a 12-month follow-up period [143,144] which had been anticipated since the proofof-concept trial. This is a meaningful advantage of the EGF intralesional infiltration. Recent investigations disclose that roughly 40% of patients have a recurrence within 1 year after ulcer healing, almost 60% within 3 years, and 65% within 5 years [42]. Other international groups, who have introduced EGF intralesional infiltration in the daily practice, converge to report that EGF infiltration triggers an exceptional healing response with low amputation rates [145-147].

As just mentioned, the outcomes observed in the initial study in 2001 urged the need for the development of a high-standard injectable pharmaceutical formulation, which required to be a lyophilized form, given that EGF is labile in aqueous systems [148]. At the end of a series of pre-formulation studies, the freeze-dried formulation proved to be an appropriate technical solution for stabilizing and preserving EGF for the intralesional delivery route [149].

Finally, we have also demonstrated in two independent and extemporaneous studies that the intralesional administration of EGF has a systemic translation with beneficial effects (Figure 2). Berlanga-Acosta J (2022) A narrative review on Epidermal Growth Factor (EGF) intralesional infiltrations for diabetic complex wounds: The rational of an innovative delivery route

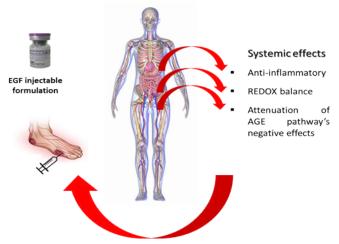


Figure 2. Systemic translation of locally infiltrated EGF

Following 3-4 weeks of treatment, there was a systemic reduction of oxidative stress and a concomitant recovery of antioxidant reserve markers. The decrease in circulating levels of matrix metalloproteases and their tissue inhibitors, as the systemic attenuation of several acute phase pro-inflammatory and innate immunity reactants were also evidenced. Interestingly, local EGF infiltration was also shown to significantly reduce circulating levels of pro-apoptotic inducers and the levels of advanced glycation end products [150,151]. Chronic and complex acute wounds may act as a pro-inflammatory and a pro-oxidative superimposed organ that establish a dynamic bidirectional reciprocity circuit with the host. Nine local infiltrations of EGF into the wounds, accounted for a reduction in systemic proinflammatory biomarkers as erythrosedimentation rate, C-reactive protein, interleukin-6, soluble FAS, and macrophage inflammatory protein 1-alpha. EGF infiltrative therapy also decreased redox and nitrosilative stress biomarkers, while increased the circulating levels of the soluble receptor for the advanced glycation end-products. Behind the healing success achieved upon EGF infiltration, there is an extensive profile of pharmacodynamic effects, given by the systemic restoration of multiple internal metabolites and functions and interrogatively facilitate the resumption of a physiologic healing trajectory.

### **Future directions**

Wound care and management is an age-old practice. The two most traditional approaches for wound healing entail the topical (superficial) administration of active healing ingredients, and the occlusion of the wound by dressings [152]. Contemporary wound healing science has embraced nanomedicine in the form of nanoparticles, scaffolds, and composites that, to a significant extent, have been able to assist the repair process [153]. Biomaterials with controlled-release of signaling molecules as growth factors have turned a promising method for diabetic wound healing [154]. Dr. Nora Ventosa's laboratory at the Institute of Materials Science of Barcelona (ICMAB-CSIC, Spain) has developed non-liposomal nanovesicles, named quatsomes, composed of ionic surfactants and cholesterol derivatives [155-158]. Quatsomes formulations are stable upon dilution, and have high vesicle-to-vesicle homogeneity in terms of size, morphology and chemical composition. These innovative nanovesicles can be used for the nanoformulation of therapeutically active small synthetic molecules or biomolecules [159,160]. Interestingly, quatsomes are prepared by a one-step eco-efficient process, named DELOS-SUSP [161,162], and have built-in anti-microbial and anti-biofilm properties which can help to protect skin from infections [163]. Overall, this is a promising platform for nanomedicine applications. The collaborative work among our groups has yielded an innovative nanotherapy for diabetic wound healing based on EGF-loaded quatsomes (EGF@Quatsomes). These nanoconjugates exhibited (1) extraordinary colloidal stability, (2) increased EGF mitogenic activity as compared to free EGF, (3) high resistance to proteolytic degradation of EGF, (4) prolonged cutaneous retention of EGF, and (5) antimicrobial activity against gram-positive bacteria, yeast, and fungi; all of which may translate in a satisfactory availability of bioactive EGF within the wound milieu and ultimately a broader pharmacodynamics [164]. Our small pilot clinical assessment of the EGF@Quatsomes topical administration (3 times/week) yielded an encouraging outcome: stagnantly granulated, non-reepithelialized diabetic wounds of both ischemic and neuropathic nature with an evolution time from 5-60 months; were triggered a steady and progressive epithelial response with complete resurfacing in approximately 90 days. Of note, immunohistochemical studies based on small granulation tissue biopsies, indicated the activation of the EGF receptor signaling axis and the downstream transducing pathways involved in cellular proliferation and survival [164]. Additional basic science and pharmaceutical development studies are in progress in pursuant for a definitive clinical positioning.

### **Concluding remarks**

Skin fibroblasts, vascular cells and keratinocytes become biochemically and epigenetically imprinted with the particular "diabetes seal". Not less significant is the damage induced by hyperglycemia and its associate by-products on the mesenchymal stem cell niches. Thus, skin cells of diabetic individuals exhibit an abnormal behavior and a short replicative life span, displaying a senescent phenotype even under ideal in vitro culture conditions. This replicative arrest that remains in the cellular memory is one of the major drivers of wound chronicity. Diabetic wound is conceptually an additional source of circulating toxic, pro-inflammatory and catabolic mediators that establish a self-perpetuating loop. More recently, new pathological elements have arisen with the recent identification and characterization of dozens of miRNA released from the diabetic wound realm. The microenvironment of these wounds has proved to be hostile for GFs and their receptors in terms of physicochemical integrity and physiology. Despite the initial promise for optimal wound management and despite long years of research efforts, GFs have not fully integrated the pharmacological armamentarium. For the particular case of EGF, it was the first in line used by topical administration in acute and chronic wounds. Unfortunately, the results were either controversial or neutral in both basic and clinical studies. Despite these outcomes, there is no question about its intrinsic biological potency in mitogenic commitment for most epithelial and mesenchymal-derived cells. The experiments based on the local infiltration of EGF in rats injured hind limbs, were crucial in showing the big gap existing between the topical and the infiltrative delivery routes in terms of a clear-cut tissue healing response. This example of translational science has contributed to safely heal more than 300 000 patients, most of them with low recurrence rates, reductions of amputations, and prolonged survival. An incoming generation of EGF nanovesicles for topical use is already designed for reluctant-to-reepithelialize granulated wounds.

### Author declaration

- There is no conflict-of-interest or any type of competing interest.
- All the authors enlisted are aware of the content of the manuscript and abide to it.

- This review manuscript has not been partially or totally submitted before and that it is not under the consideration of any editorial.
- No funds were solicited or used to write this review manuscript.

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