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Zirconia interaction with zinc phosphate cement studied by solid-state NMR spectroscopy

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Abstract

The aim of this study was to investigate the interface between zirconia and zinc phosphate cement by solid state Nuclear Magnetic Resonance (ssNMR) spectroscopic NMR in collecting information about molecular organization. The analysis is conducted by solid state NMR spectroscopy, which can provide information at the molecular level on the zirconia /zinc phosphate interface. Specifically, NMR with magic angle spinning (MAS) of the phosphorus nuclei (^{31}P) should be of particular interest in determining the chemical nature of the species at the interface and studying their own organization and mobility. Analysis of ^{31}P nuclei is supplemented by NMR MAS studies on hydrogen atoms (^{1}H) and of ^{67}Zn and ^{25}Mg . The ¹H and ³¹P NMR experiments show that phosphoric acid reacts with ZnO and MgO to form heterogeneous amorphous phases composed of zinc and magnesium phosphates. These phosphates are also very rich in hydroxyl groups and species such as Zn (HPO₄).3H₂O and Mg(HPO₄).3H₂O. The addition of zirconia powder changes the composition and the organization of the medium with the appearance of a new water-rich crystalline.

Introduction

For many years, the use of dental ceramics has developed to treat losses of partial or even total tooth substances. There are three main reasons for this: their optical, biological properties and their adhesive potential for some of them. However, their mechanical properties vary widely, limiting their indications [1].

Zirconia has gained increased attention due to its proven biocompatibility, mechanical strength, and its use in Computer-Aided Design/Computer-Aided Machining (CAD/ CAM) technology. These are specifically indicated for the posterior areas of the mouth, where esthetics are not the primary focus and for cases with limited occlusal and palatal space and especially to make full crowns [2-3].

The adhesive potential of polycrystalline ceramic zirconia is structurally limited in fact by the hardness of the material and the almost total absence of glassy phase. It is relatively inert substrate with low surface energy and wettability. Discovering the best way to improve bonding and durability of zirconia restorations has been a common goal of researchers [4].

Many surface treatment protocols are proposed to compensate for this limited adhesive potential. However, either they complicate the realization of the prosthetic device by proposing to infiltrate the intrados with glass, or they risk weakening the structure by sandblasting the prosthetic intrados [5].

Preparation of the surface is decisive for the longevity of the prosthetic device [4,6,7]. The humidity conditions (sub-gingival preparations) contra-indicate any bonding technique and thus the use of resin cement. Clinically it is very difficult, given the situation of the cervical limit and sulcular fluid, to assemble by bonding in

optimal conditions [2,8]. This sub-gingival situation also requires nongenotoxic biomaterials [9]. Based on this premise, it makes sense, in some clinical cases, to use a sealing cement when laying a zirconia prosthesis [2]. Zirconia has a toughness coefficient greater than 2 and can therefore be sealed.

Zinc phosphate cements have been used successfully for more than 20 years. In assembling prosthetic restorations with a metal infrastructure their performance shows no significant difference with resin cement [10]. When used to seal crowns in Zirconia, the survival rate of prostheses appears similar to bonding [11]. They are reference cements whose adhesion to the prosthetic part is called purely mechanical [12]. The aim of this study was therefore to investigate the interface between zirconia and zinc phosphate cement by solid state Nuclear Magnetic Resonance (ssNMR) spectroscopic NMR in collecting information about molecular organization.

Materials and methods

The zirconia that was used in this study is a 3Y-TZP zirconia (this zirconia has 3% by molar weight of Yttrium oxide in order to stabilize the zirconia at room temperature. This percentage is equivalent to 4.5-6% by weight of Yttrium oxide.) The size of the grains is 0.50µm.

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Figure 1. ³¹P CP MAS NMR spectra of cement powder after addition of the phosphoric acid solution in absence (a) and in presence (b) of zirconia



Figure 2. Spectral deconvolution of the ³¹P CP MAS spectrum of the cement powder after addition of the phosphoric acid solution in absence of zirconia

The sealing cement of the study is Crown and Bridge zinc phosphate cement (Dentsply Sirona), mineral matrix cement, medium grain (40 μ m) The powder is formed almost essentially of zinc oxide ZnO (88%) with small amounts of magnesium oxide MgO and silicon oxide SiO2. The liquid is formed by 66% phosphoric acid H3PO4 and 33% water.

The analysis is conducted by solid phase NMR spectroscopy. Solid phase NMR spectroscopy can provide information at the molecular level on the zirconia, phosphate interface. In particular, the rotating NMR at the magic angle (MAS) of the phosphorus nuclei (${}^{31}P$) should be of specific interest in determining the chemical nature of the species at the interface and studying their own organization and mobility. Analysis of ${}^{31}P$ nuclei is supplemented by NMR MAS studies on hydrogen atoms (${}^{1}H$) and NMR of ${}^{67}Zn$ and ${}^{25}Mg$.

Sample preparation

The following were analyzed: the powder of the cement, the powderliquid mixture, and finally the mixture put in contact with the zirconia powder. For the powder-liquid mixture, 60 mg of cement powder was mixed with 40 mg of the phosphoric acid solution during 2 minutes until getting a smooth and creamy mix. Then half of the creamy mix was mixed with 50 mg of zirconia powder. The powder-liquid mixture with or without zirconia was left in the air to dry for 1 hour and then ground into a fine powder.

Solid state NMR

Solid state NMR experiments were recorded on a Bruker Avance 400 III HD or on a Bruker Avance 600 NEO spectrometer operating at 9.4 T and 14.1 T magnetic field. Samples were packed into 4 mm or 1.3 mm zirconia rotors. ¹H and ³¹P NMR experiments have been performed at a spinning frequency of 60 kHz. ³¹P CP MAS (Cross-Polarization Magic Angle Spinning) were done with a recycle delay of 2 s and a contact time of 1 ms. ¹H MAS performed with the DEPTH pulse sequence with a recycle delay of 5 s. ¹H/³¹P double cross polarization MAS were performed with a first CP transfer of 6 ms or 3 ms, a second CP transfer of 2 ms or 0.5 ms and a recycle delay of 3 s. ¹H/³¹P HETCOR experiment was carried out with a contact time of 0.3 ms and with frequency switched Lee-Goldburg homonuclear decoupling during ¹H evolution. The 2D ¹H-¹H double-quantum-single quantum (DQMAS) were recorded with 2 periods recoupling using the backto-back (BABA) sequence. 67Zn and 25Mg QCPMG were acquired with 50 echoes, a delay between train of 180° pulse of 20 rotor periods and a recycle delay of 2 s at 14.1 T (spinning frequency of 10 kHz). After registering the echo-trains, the echoes were summed up before processing. Chemical shifts were externally referenced to liquid TMS, 85% H₂PO₄, 1.1 M MgCl₂, 1.0 M Zn(NO₂)₂ aqueous solutions for ¹H, ¹³C, ³¹P, ²⁵Mg and ⁶⁷Zn, respectively.

Results

³¹P NMR

The ³¹P CP MAS spectrum of cement obtained by mixing cement powder with the phosphoric acid solution is typical of an amorphous product with several contributions (Figure 1a). It can be deconvoluted with 2 signals centered at 1.2 ppm and -4.3 ppm (Figure 2). These signals are found in the spectral area where the species $\alpha_i\beta$ -Zn₃(PO₄) (3 à 7 ppm) et γ -Zn₂P₂O₇(-5 à -10 ppm) are observed. They can therefore be associated to an etching of ZnO particles by phosphoric acid, with a release of Zn²⁺ ions that recombine with the PO₄³⁻ ions to give different zinc phosphate solid phases. These phases also most likely contain Mg²⁺ ions because the same etching is expected on MgO. The chemical shifts of Magnesium phosphates are also consistent with the signals observed [13,14]

In the presence of zirconia, there is a clear difference with a new sharp signal at 3.5 ppm (Figure 1b). This signal shows significant chemical shift anisotropy observed on the 3 kHz low-spinning frequency MAS experiment. The signal sharpness is therefore explained by the presence of a new crystalline phase in the presence of zirconia particles. It can be assumed that this phase forms on the surface of the zirconia (Figure 3).

¹H NMR

The ¹H spectrum of cement powder prior to the addition of acid presents weak and broad signals in the 1-6 ppm area (Figure 4a). This



Figure 3. ³¹P CP MAS NMR spectra of cement powder after addition of the phosphoric acid solution in absence (a) and in presence (b) of zirconia at low-spinning frequency (3 kHz)



Figure 4. ¹H MAS NMR spectra of cement powder (a), of zirconia particles (b) and of cement powder after addition of the phosphoric acid solution in absence (c) and in presence (d) of zirconia



Figure 5. 2D ^{$^{1}}H DQ-MAS NMR$ spectra of cement powder (a), of zirconia particles (b) and of cement powder after addition of the phosphoric acid solution in absence (c) and in presence (d) of zirconia</sup>

indicates the presence in small amounts of physisorbed water molecules on the surface of oxides (around 4-5 ppm) as well as the presence of relatively isolated OH hydroxyl clusters (1 to 4 ppm) or hydroxyl groups forming hydrogen bonds (5-7 ppm). The same conclusion can be made for zirconia powder alone with a main water signal (Figure 4b).

These assignments are confirmed by ¹H DQMAS experiment with strong DQ correlations for H_2O molecules and OH groups involved in hydrogen binding (Figure 5a,b).

The ¹H spectrum of cement powder after the addition of the phosphoric acid (Figure 4c) is much more intense and the signal shifts to the high frequency 6 - 13 ppm. This indicates the formation of an important network of acidic OH groups linked by hydrogen bonds. The DQMAS correlation with an ellipse form (Figure 5c) indicates that the distribution of these OH groups is heterogeneous in the material, i.e. spatial proximity is observed only for equivalent hydroxyl groups. The ¹H spectrum of cement with zirconia has less shifted signals towards high frequencies 5 - 12 ppm, with a very intense signal around 5 ppm (Figure 4d). There is always the presence of a network of OH groups strongly linked by hydrogen bonding but the majority of the hydrogens are present either in OH groups in weak hydrogen bonding or in physisorbed water molecules. Two different signal areas centered at 5.2 and 7.0 ppm can be distinguished in the DQMAS experiment (Figure 5d) but their DQ correlations show they are spatially

connected, which indicates an uniform distribution of hydroxyl groups in the sample. Globally, the ¹H NMR experiments evidence a modification of the molecular organisation of the cement powder with or without the presence of zirconia particles.

Differences between cement powder after the acid addition with or without zirconia were also analyzed through ¹H/³¹P correlation experiments. The ¹H edited ³¹P spectra show signals of hydrogen close to phosphorus atom (Figure 6). These experiments evidence that all the hydroxyl groups are close to ³¹P atoms even those around 5 ppm and are therefore in contact with phosphates. This experiment confirms the presence of two different types of OH groups with different populations in the presence or absence of zirconia.

The 2D $^{1}H/^{31}P$ HETCOR experiments (Figure 7) clearly show that the ^{31}P signal at 3.5 ppm associated with the presence of zirconia correlates strongly with OH signals at 5.2 ppm. This confirms the appearance of a new crystalline phase in the presence of zirconia.

⁶⁷Zn and ²⁵Mg NMR

The 67 Zn spectra vary little for the different samples (Figure 8 left). This indicates that the large ZnO particles present in the cement powder are mostly retained after the phosphoric acid etching. The amount of release Zn ions included in the different zinc phosphate phases is too small to be detected by 67 Zn NMR. The same conclusions can be made for the 25 Mg, where only the 25 Mg signal of the large MgO particles is observed (Figure 8 right).

Discussion

Currently, no consensus exists regarding the best adhesion protocol for zirconia used in dentistry; this is important particularly for restorations where mechanical retention is deficient [15].



Figure 6. $^{1}H^{\beta_{1}P}$ double cross polarization NMR spectra with short (3 ms - 0.5 ms, a,c) and long (6 ms - 2 ms, b,d) CP times of cement powder after addition of the phosphoric acid solution in absence (a,b) and in presence (c,d) of zirconia



Figure 7. 2D ¹H/³¹P HETCOR NMR spectra of cement powder after addition of the phosphoric acid solution in absence (a) and in presence (b) of zirconia



Figure 8. (left) ⁶⁷Zn and (right) ²⁵Mg QCPMG (echos summed) NMR spectra of cement powder (a), cement powder after addition of the phosphoric acid solution in absence (b) and in presence (c) of zirconia

Zirconia has been commonly used as material for tooth-supported complete-coverage restorations. Adhesive and conventional cements have been suggested for cementation of these restorations. Zirconia tooth-supported crowns exhibited comparable survival rates and complication patterns after adhesive or conventional cementation and studies have shown that there are no significant differences in the resistance to rupture of zirconia crowns with adhesive or conventional cementation [10,16].

However, evidence on the effect of cement type on the clinical outcomes of teeth restored with zirconia restorations is unclear. Laboratory tests are important to determine some characteristics of the materials [17]. Although in vitro investigators point to an adhesive potential of zirconia, many practitioners prefer to seal for lack of scientific evidence especially given the multiple clinical factors that can influence adhesive potential [18]. The decision to use the bonding procedures is mainly associated with the preparation of the tooth, the situation of the preparation (anterior or posterior) and the use of glassy ceramics. Also the use of bonding procedures with resin cements represents only 38% [8,19].

Clinically, zinc phosphate cement has been used in multiple clinical situations by many practitioners for more than 100 years. It has been shown a change in its crystalline structure resulting in an expansion of cement when it is forced into a low thickness (10 to 30 μ m). This expansion would explain the successfull results achieved with this cement.

Our study allows a chemical analysis of the reactivity of zinc oxyphosphate cement and zirconia at the interface. The ¹H and ³¹P NMR experiments show that phosphoric acid reacts with ZnO and MgO to form heterogeneous amorphous phases composed of zinc and magnesium phosphates. These phosphates are also very rich in hydroxyl groups and species such as Zn (HPO₄).3H₂O et Mg(HPO₄).3H₂O are likely to be formed. The addition of zirconia powder changes the composition and the organization of the medium with the appearance of a new water-rich crystalline phase. The NMR ⁶⁷Zn and ²⁵Mg indicates that much of the initial ZnO and MgO remains present in cement. More generally it appears that the role of bonding efficacy in the fixed partial dentures (FPDs) survival rate is unknown [20]. A chemical analysis of the reactivity of the assembly material and the zirconia at the interface can contribute to the understanding of the efficiency of the assembly of dental ceramics.

Conclusion

Within the limitations of this in vitro study, the following conclusions can be drawn:

1 Mixing cement powder with the phosphoric in presence of zirconia confirms the appearance of a new crystalline phase.

2 It can be assumed that this phase forms on the surface of the zirconia.

Conflict of interest statement

The authors declare no conflict of interest.

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