

# Hypertensive disorders of pregnancy: Disease models

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## Abstract

Hypertensive disorders of pregnancy (HDP), characterized by hypertension after 20 weeks of gestation, are considered a major complication during pregnancy. When HDP worsen, both the mother and fetus can experience life-threatening conditions, such as stroke, eclampsia, fetal growth restriction, intrauterine fetal death, and placental abruption. Despite numerous studies thus far, the pathogenesis of HDP remains unclear. Recently, a 2-step theory has been advocated and widely accepted. The first step is impaired placentation during the early stage of pregnancy, while the second step is overexpression of antiangiogenic factors derived from the hypoxic placenta, leading to endothelial dysfunction, including hypertension and proteinuria. To elucidate the pathogenesis and develop therapies for HDP, various animal models have been used. Here, we describe various rodent models based on the 2-step theory. These rodent models have contributed to partially integrate each hypothesis and demonstrate that the hypotheses can overlap. Using these animal models, research on HDP is expected to progress.

## Introduction

Hypertensive disorders of pregnancy (HDP), characterized by hypertension after 20 weeks of gestation, are considered a major complication during pregnancy. When HDP worsen, the mother and fetus experience life-threatening conditions such as stroke, eclampsia, fetal growth restriction (FGR), intrauterine fetal death (IUFD), and placental abruption [1]. HDP are also associated with cardiovascular disease several years after delivery [2]. HDP affect approximately 5-8% of pregnancies. However, because of advances in assisted reproductive technology [3-5], the prevalence of high-risk pregnancies, including HDP, has increased in the past few decades [4].

While many studies have actively investigated the pathophysiology of HDP, the mechanism is unclear. Various hypotheses have been advocated [6], among which the 2-step theory is widely accepted. This hypothesis comprises 2 steps: First, mal placentation occurs during early-stage pregnancy due to an imbalance of fetomaternal immune response and maternal pathologic conditions. Second, a severely hypoxic placenta develops after mid-gestation, leading to the production of antiangiogenic factors such as soluble vascular endothelial growth factor (VEGF) receptor-1, soluble fms-like tyrosine kinase-1 (sFlt-1), and soluble endoglin (sEng), which cause maternal endothelial dysfunction systemically, resulting in hypertension and proteinuria.

Based on the 2-step theory, the pathogenesis of HDP can be categorized as follows: (1) maternal immune response to the allogenic fetus; (2) placental oxygen dysregulation; (3) uteroplacental dysfunction, including decreased placental perfusion and placental hypoxia; (4) imbalance between angiogenic and antiangiogenic factors; and (5) insufficient trophoblast invasion. To elucidate the pathogenesis and develop therapies for HDP, various animal models have been used. In this mini-review, we discuss the mouse and rat models of HDP and categorize them by the 5 hypotheses stated above.

## Animal models

### Immune response-induced model

One of the most important pathogeneses of HDP is immune response abnormality of fetomaternal tolerance. It has been considered that HDP are associated with an imbalance of Th1 and Th2. While a Th2-immunotolerant state is predominant in normal pregnancy, a Th1-proinflammatory environment is predominant in patients with HDP [7,8]. The Th2-predominant state contributes to prevent fetal rejection.

Hayakawa et al. developed a Th1/Th2-activated mouse model by injecting splenocytes treated with IL-4 and/or IL-12 during the late gestational period. This model demonstrated hypertension, FGR, IUFD, and glomerular abnormality, but not proteinuria [9]. Zenciusen et al. established a different mouse model by injecting Th1-activated splenocytes during mid-pregnancy. Their model demonstrated human HDP-like symptoms, including hypertension, IUFD, proteinuria, and glomerular abnormality [10]. Interestingly, when the same treatment was given to nonpregnant female mice, the model did not show any HDP-like phenotypes. These results indicate that deficiency of the fetomaternal immune system during pregnancy is associated with the development of HDP.

Aoki et al. reported another role of immunologic abnormality, autophagy deficiency, in the pathogenesis of HDP. They established a model of trophoblast-specific autophagy-related gene 7 (Atg7)

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knockout mice using lentiviral vector. Atg7 is an autophagy-related gene essential for autophagosome biogenesis [11]. This model demonstrated hypertension and placental abnormality in the late gestational period. These results showed that autophagy deficiency of the placenta has adverse effects on fetal and maternal outcomes [12].

### Antiangiogenic factor-overexpression model

An imbalance of angiogenic and antiangiogenic factors is suggested in the pathogenesis of HDP [13]. Karumanchi and Maynard et al. revealed that antiangiogenic factors, in particular, sFlt-1 and placental growth factor (PlGF), play an important role in such pathogenesis [13-18]. Many researchers have reported that serum sFlt-1 and sEng levels are increased in patients with HDP and are associated with the severity of disease [13]. Thus, an imbalance of angiogenic and antiangiogenic factors, including PlGF and VEGF, is suggested to lead to HDP.

Our group developed a mouse model of placenta-specific human sFlt-1 overexpression using lentiviral vector. The model demonstrated human HDP-like symptoms, including hypertension, proteinuria (high albumin/creatinine ratio), FGR, high serum sFlt-1, low serum PlGF and VEGF, placental abnormality, and glomerular endotheliosis. Moreover, these phenotypes were ameliorated by pravastatin treatment [19]. Consequently, several clinical trials of pravastatin in patients with HDP have begun in some countries. So far, it has been reported that there are no complications during pregnancy and that pravastatin treatment has the effect of activating endothelial nitric oxide synthase (eNOS) and releasing anti-inflammatory factors, resulting in the protection of endothelial cells and prevention of HDP [20].

### sEng-overexpression model

Vaenkatesha et al. reported that the increased levels of sEng in patients with HDP are correlated with the severity of clinical disease. They established a rat model by intravenously injecting recombinant sEng with or without sFlt-1. This model demonstrated not only hypertension in the late gestational period but also severe features of HDP, including HELLP (hemolysis, elevated liver enzymes, and low platelets) syndrome-like phenotypes and FGR [21].

### Renin-angiotensin system (RAS)-overexpression model

RAS has been suggested as one of the most important pathogenetic factors of HDP. However, even if renin, angiotensin, angiotensin II, and aldosterone increase during pregnancy, the effect of these factors on the sensitivity of vasoconstriction is not high in normal pregnancy. On the other hand, their effect in patients with HDP is strikingly high. It also has been hypothesized that the expression of angiotensin II type 1 (AT1) receptor is increased in patients with HDP. There is evidence that AT1 agonistic autoantibody (AT1-AA) is highly detected in patients with HDP. Moreover, some investigations have revealed RAS components expressed in the placenta. According to such evidence, Falcao et al. developed a model of human angiotensin-renin double-transgenic mice and analyzed the phenotypes in pregnancy. While male mice demonstrated hypertension, female mice did not. However, this model already induced human renin and angiotensin, researchers observed their phenotype. Finally, pregnant transgenic mice demonstrated hypertension, proteinuria, FGR, decreased litter size, placental abnormality, high sFlt-1 expression, low PlGF expression, and cardiac hypertrophy [22].

### AT1-AA-induced model

A previous investigation indicated that the serum of patients with HDP contains high levels of AT1 receptor [23]. Based on this, Zhou

et al. established a mouse model by injecting AT1-AA at embryonic day 13.5 and analyzed the phenotypes. The model demonstrated HDP-like symptoms, including hypertension, proteinuria, glomerular endotheliosis, FGR, decreased litter size, placental abnormality, and high HIF-1 $\alpha$  expression. Moreover, these phenotypes were suppressed by losartan treatment, an AT1 receptor blocker. These results indicate that AT1-AA can affect HIF-1 $\alpha$  expression in the placenta [24].

### Uteroplacental perfusion-deficiency model

Uteroplacental perfusion deficiency exacerbates the hypoxic environment of the placenta, increases the production of antiangiogenic factors, and results in HDP. The reduced uterine perfusion pressure model is a technique for reducing uteroplacental perfusion by clipping the uterine and ovarian arteries. After clipping the ovarian and/or uterine arteries at embryonic day 14.5, the model demonstrated HDP-like symptoms, including hypertension, FGR, IUFD, decreased litter size, high sFlt-1 expression, low PlGF expression, abnormal placenta, and high HIF-1 $\alpha$  expression in the placenta. However, the FGR rate in the ovarian artery-clipping group was significantly higher than that in the uterine artery-clipping group, indicating that the anatomical characteristics of experimental animals can lead to unique results compared with humans [25].

### HIF-1 $\alpha$ -overexpression model

Increased expression of antiangiogenic factors alone cannot fully explain the pathogenesis of HDP. There are some cases in which even normal levels of these factors can result in HDP [26]. Thus, it has been hypothesized that a hypoxic environment exists in the placenta of patients with HDP.

Clinically, there is evidence that levels of catechol-O-methyltransferase (COMT) and 2-methoxyestradiol (2-ME) are low in patients with HDP. COMT is expressed in human placenta and decidua. The level of 2-ME increases during pregnancy, which inhibits the effect of HIF-1 $\alpha$  and regulates the expression of HIF-1-associated genes [27,28].

Kanasaki et al. developed a model of COMT-knockout mice, which demonstrated HDP-like symptoms under the absence of 2-ME. Consequently, they noted that 2-ME treatment attenuated such HDP-like phenotypes and improved placental hypoxia, including high HIF-1 $\alpha$  expression and serum sFlt-1 levels [29].

### HIF-1 $\alpha$ -overexpression model

HIF-1 $\alpha$  is a transcription factor associated with placental development, and its expression is increased in the placenta of patients with HDP. Therefore, excessive expression of HIF-1 $\alpha$  can lead to HDP. Tal et al. developed a mouse model of HIF-1 $\alpha$  overexpression using cytomegalovirus. Their model demonstrated many human HDP-like symptoms, including HELLP syndrome, and elevated antiangiogenic factors [30].

### HIF-1 $\alpha$ -knockdown model

Several reports have advocated that HIF-1 $\alpha$  expression is associated with the development of HDP. In particular, prolonged elevated HIF-1 $\alpha$  expression induces the production of antiangiogenic factors, including sFlt-1, sEng, and sET-1. AT1-AA and tumor necrosis factor induce HIF-1 $\alpha$  expression in the vascular smooth muscle, kidney, and hepatocyte [24]. Induction of these factors by intravenous injection results in HDP-like symptoms.

Iriyama et al. reported a mouse model of siRNA knockdown of HIF-1 $\alpha$ . siRNA improved the HDP-like phenotypes, including hypertension, proteinuria, kidney injury, abnormality of placental vasculature, and high serum sFlt-1. Next, they found that HIF-1 $\alpha$  expression increased with the injection of an inflammatory agent. From these results, HIF-1 $\alpha$  expression seems to play a role in the development of HDP.

### L-NAME-induced rat model

L-nitro-arginine methyl ester (L-NAME) inhibits eNOS and induces HDP-like symptoms. Yallampalli et al. developed a rat model of eNOS inhibition by subcutaneously injecting L-NAME. This model demonstrated HDP-like symptoms, including hypertension, FGR, and IUFD. Moreover, nitroglycerine treatment ameliorated these phenotypes [31].

### HDP-associated gene-induced model

STOX-1 has been identified as the first gene associated with HDP [32]. *In vivo* experiments of STOX-1 overexpression have demonstrated HDP-like phenotypes. Doridot et al. established a model of STOX-1 transgenic mice, which showed HDP-like symptoms, including hypertension, proteinuria, increased serum sFlt-1 and sEng levels, and placenta and kidney abnormalities. Consequently, these phenotypes were attenuated or prevented by aspirin treatment [33].

### Pre-existing hypertension model (BPH/5 mice)

BPH/5 mice are known as an inbred mouse strain with pre-existing mild hypertension [34]. Davisson et al. attempted to mate these mice and observed whether HDP developed. In their model, pregnant BPH/5 mice demonstrated elevated blood pressure in the late gestational period, which recovered to baseline postpartum. This model also

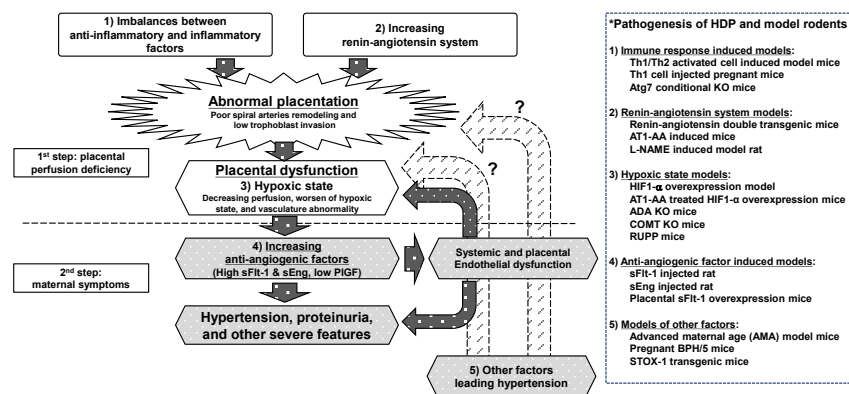
showed other HDP-like phenotypes, including proteinuria, glomerular abnormality, and FGR [35].

### Advanced maternal age (AMA) model

Recently, AMA has increased because of late marriage and advances in assisted reproductive technology, which has also increased the prevalence of HDP [3,5]. We established an AMA mouse model using pregnant mice aged over 6 months. This model demonstrated the phenotypes and pregnancy complications of human AMA, including maternal obesity, declining fertility, FGR, higher IUFD rate, and smaller fetal/placental weight ratio. The model also demonstrated hypertension and lower serum PIGF, indicating placental dysfunction, in the late gestational period. Thus, these results indicate not only the complications of AMA but also the development of HDP. Urinary protein was not significantly different between AMA and control (young pregnant) mice. The conclusions of our investigation are as follows: (1) AMA mice developed HDP; (2) serum sFlt-1 levels in extremely AMA (over 40 years of age) mice were significantly lower than those in young mice; and (3) while the AMA model mice and human AMA complicated with HDP, serum sFlt-1 levels demonstrated a low level. We focused on the vessels and placental senescence in the cause of hypertension with low sFlt-1. There was evidence of placental and systemic senescence in AMA mice in the late gestational period [36].

### Conclusion

In conclusion, we reviewed various experimental rodent models of HDP (Table 1) (Figure 1). These rodent models have contributed to partially integrate each hypothesis and demonstrate that the hypotheses can overlap. Using these animal models, research on HDP is expected to progress.



**Figure 1.** Relationship between the pathogenesis of HDP and model rodents. An arrow with a white dot on a black background indicates the mechanisms that have been already elucidated. A broken line arrow on a shaded line background indicates the theory that has partially or not completely elucidated

**Abbreviations:** sFlt-1: serum soluble fms-like tyrosine kinase-1; PIGF: placental growth factor; sEng: soluble Endoglin; AT1-AA: angiotensin II Type 1 receptor agonistic autoantibody; COMT: catechol-O-methyl transferase; L-NAME: L-nitro-arginine methyl ester; ADA: adenosine deaminase; RUPP: reduced uterine perfusion pressure

**Table 1.** Various rodent models of HDP. HDP models are categorized by the following concepts: (1) immune response-induced models, (2) hypoxia-induced models, (3) RAS models, and (4) other models (including pregnant BPH/5 mice, STOX-1 transgenic mice, and advanced maternal age mice)

Classifications	Pathophysiology of HDP	Name of models	Increasing blood pressure	Proteinuria	IUGR	Other complications and novel findings	Investigators
Immune response induced models	Immune response induced model	Th1 & Th2 activated splenocytes induced pregnant mice	+	-	+	Glomerular abnormality	Hayakawa, <i>et al.</i> (2000)
		Th1 cell injected pregnant mice	+	+	+	IUFD and glomerular abnormality	Zenclussen, <i>et al.</i> (2004)
	Autophagy deficiency model	Placenta-specific <i>Atg7</i> conditional knockout mice	+	-	+	Placental abnormality	Aoki, <i>et al.</i> (2018)

Anti-angiogenic factors induced models	Anti-angiogenic factor overexpression model	Placental sFlt-1 overexpression mice	+	+	+	IUFD, decline of fetal/placental weight, and glomerular abnormality. Pravastatin ameliorates HDP-like phenotypes.	Kumasawa, <i>et al.</i> (2010)
	Anti-angiogenic factor injected model	sFlt-1 injected rat	+	+	+	IUFD, glomerular abnormality	Maynard, <i>et al.</i> (2003)
		sEng injected rat	+	+	+	Increasing sFlt-1 levels, and HELLP syndrome	Vaenkatesha, <i>et al.</i> (2006)
Hypoxia induced models	Hypoxia induced model	HIF-1 $\alpha$ overexpression mice	+	+	+	Decline of litter size, Increasing of sFlt-1 and sEng levels, decreasing of PlGF levels, placental abnormality, glomerular abnormality, and HELLP syndrome	Tal, <i>et al.</i> (2010)
		AT1-AA and inflammatory agent (LIGHT) treatment with HIF-1 $\alpha$ knockdown mice	+	+	+	Decline of litter size, increasing of IUFD, increasing of sFlt-1 levels and HIF-1 $\alpha$ expression, and placental abnormality	Iriyama, <i>et al.</i> (2015)
		ADA knockout mice	+	+	+	Increasing of sFlt-1 levels and HIF-1 $\alpha$ expression, glomerular abnormality, placental abnormality, and high expression of Adora2b gene Adora2b deletion ameliorates these complications.	Iriyama, <i>et al.</i> (2015)
		COMT knockout mice	+	+	+	Decline of litter size, increasing of IUFD and sFlt-1 levels, decreasing of PlGF levels and placental abnormality	Kanasaki, <i>et al.</i> (2008)
	Reduced uteroplacental perfusion model	RUPP mice	+	+	+	Increasing of IUFD and sFlt-1 levels, decreasing of PlGF levels and placental abnormality, and higher expression of HIF1- $\alpha$	Fushima, <i>et al.</i> (2012)
Renin-angiotensin system (RAS) models	Renin-angiotensin system (RAS) overexpression model	Renin and angiotensin double transgenic model mice	+	+	+	Decline of litter size, Increasing of sFlt-1 levels, decreasing of PlGF levels, and placental abnormality, and glomerular abnormality	Falcao, <i>et al.</i> (2009)
		AT1-AA induced model mice	+	+	+	Decline of litter size, Increasing of sFlt-1 levels, decreasing of PlGF levels, and placental abnormality, and glomerular abnormality	Zhou, <i>et al.</i> (2008)
	eNOs inhibition model	L-NAME induced model rat	+	-	+	Increasing of IUFD Nitroglycerine treatment ameliorates HDP-like phenotypes.	Yallampalli, <i>et al.</i> (1993)
Others	HDP-associated gene (STOX-1) induced model	STOX-1 transgenic mice	+	+	+	Decline of litter size, Increasing of sFlt-1 levels, decreasing of PlGF levels and placental abnormality, and glomerular abnormality. Preventing these complications treated with aspirin.	Doridot, <i>et al.</i> (2012)
	Mouse strain with preexisting hypertension (mild hypertension)	Pregnant BPH/5 mice	+	+	+	Glomerular abnormality	Davison, <i>et al.</i> (2002) Dokras, <i>et al.</i> (2006)
	Placental and systemic senescence model	Advanced maternal age (AMA) model mice	+	-	+	Resembled the phenotypes of human AMA, decline of litter size, lower pregnancy rate, decreasing of PlGF levels and evidences of placental senescence. AMA represent relatively lower levels of sFlt-1 compared with young individuals under placental dysfunction.	Furuya, <i>et al.</i> (2019)

**Abbreviations:** ADA: adenosine deaminase; FGR: fetal growth restriction; HDP: hypertensive disorders of pregnancy; HELLP: hemolysis elevated liver enzymes and low platelets; IUFD: intrauterine fetal death; PlGF: placental growth factor; RAS: renin-angiotensin system; RUPP: reduced uteroplacental perfusion; sEng: soluble endoglin; sFlt-1: soluble fms-like tyrosine kinase-1

## Competing interests

The authors declare that they have no competing interests.

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## Ethical approval

No ethical approval was required.

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