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Research Article

Evaluation of genotoxicity of monocrotophos and quinalphos in rats and protective effects of melatonin

Vibhuti Mishra, Sapneh Sharma, Shilpa Khatri and Nalini Srivastava*

School of Studies in Biochemistry, Jiwaji University, Gwalior 474 011, India

Abstract

Monocrotophos [dimethyl-[E]-1-methyl-2-(methyl carbamoyl) vinyl phosphate, MCP] and quinalphos [O,O-diethyl-o-(2-quinoxymethyl)-phosphorothionate, QNP] are highly toxic, broad spectrum and cholinesterase inhibiting pesticides which are extensively used in agriculture and household. Acute and chronic exposure of these pesticides has adverse effects on living organisms. Present study was carried out to evaluate the genotoxic potential of these pesticides using comet assay and micronucleus assay in rats and also to analyze the protective effects of melatonin. Both acute and chronic exposure caused DNA damage in rat tissues and lymphocytes as evident from the statistically significant increase in DNA damage index on pesticide exposure. However the co-treatment of melatonin decreased the damage index to significant levels. At the same time, statistically significant number of micronuclei was observed in polychromatic erythrocytes (PCE) in the bone marrow of rats treated with pesticides when compared to control group but the co-treatment of melatonin decreased the number of micronucleated PCE in the pesticide treated rats. Hence, the co treatment of melatonin has the ability to reduce the genotoxic potential of MCP and QNP under the experimental conditions applied in the present study.

Introduction

Pesticides are highly toxic compounds extensively used for the eradication of a variety of pests in agriculture, forestry and household. The indiscriminate use of pesticides in agriculture and public health purposes has caused serious environmental and health problems to the non-target organisms including human, cattle, aquatic and terrestrial lives, predators, pollinators etc. as only 1% of the applied pesticides reach to the target. It has been estimated that more than 500,000 cases of severe poisoning, and 346,000 deaths are caused worldwide annually and two thirds of them occur in developing countries [1]. Among the various types of pesticides, organophosphates (OPs) are the most extensively used group of chemicals. The OP pesticides exert their toxic effects by blocking acetylcholinesterase (AChE) leading to accumulation of acetylcholine at synapses and neuromuscular junctions. The accumulation of acetylcholine leads to hyperactivation of the receptors resulting in immediate neurological dysfunctions and repeated, uncontrolled firing of neurons resulting in death usually by asphyxiation as respiratory control is lost. The rapidity of accumulation depends on the doses of the pesticide. The vital organs adversely affected by OP poisoning are brain, liver, kidney, muscles, immune system and hematological system. Besides being potent neurotoxic agents, the OP pesticides are known to produce oxidative stress by increasing the production of reactive oxygen species (ROS) and inhibiting both enzymatic and non-enzymatic antioxidant defenses [2]. Extensive data suggest that enhanced oxygen free radical formation is a major contributor to the toxicity of pesticides. The main sources of the production of ROS are metabolism of OPs by cytochrome P450s and the high energy consumption coupled with inhibition of oxidative phopsphorylation [3].

The generation of reactive oxygen species (ROS) is both beneficial to cells, performing a function in inter- and intracellular signalling, and detrimental, damaging cellular biomolecules, accumulation of which has been associated with numerous diseases. Oxidative DNA damage

is an inevitable consequence of cellular metabolism, with a propensity for increased levels following toxic insults due to exposure with various environmental chemicals, radiations, metals and pesticides. DNA damage and oxidative stress have been proposed as mechanism that could mechanistically link pesticide exposure to a number of health outcomes observed in epidemiological studies [4,5]. There are many reports describing elevated levels of oxidatively modified DNA lesions, in various biological matrices, in a large number of diseases which include cancer, Parkinson's disease, Alzheimer's disease, atherosclerosis, heart failure, myocardial infarction, Schizophrenia, bipolar disorder, fragile X syndrome, sickle cell disease and chronic fatigue syndrome [6].

OP pesticides have been widely studied for their ability to induce damage to DNA in *in vivo* as well as *in vitro* systems and have demonstrated genotoxic, alkylating and clastogenic properties. OP pesticides induced DNA damage is reported by many workers and these compounds have been shown to be genotoxic [7-10]. Profenofos is known to cause DNA damage in gill tissues of freshwater fish, *Channa punctatus* (Bloch), at different concentrations and different time points [11]. Organophosphate pesticides cause cumulative toxicity with organochlorine pesticides. Their toxic effects include estrogenic disruption and OP induced delayed neuropathy [12]. Fenthion and terbufos cause death in Hep G2 cells on acute exposure in concentration dependent manner. Tumor related genes (jun, myc,

Correspondence to: Professor Nalini Srivastava, School of Studies in Biochemistry, Jiwaji University, Gwalior 474 011, India, Tel: 91 751 2442796; Fax: 91 751 1341450; E-mail: nalinis21@yahoo.com

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and fos) and apoptosis- related genes (socs 3, tnfaip 3, ppp1r15a and nr4a1) are upregulated by these compounds [13].

Monocrotophos [dimethyl-(E)-1-methyl-2-(methyl carbamoy) vinyl phosphate, MCP], a highly toxic, systemic aliphatic OP insecticide used to control a variety of sucking, chewing and boring insects, spiders, mites on cotton, sugarcane, peanuts, ornamentals and tobacco [14] while quinalphos [O,O-diethyl-O-(2- quinoxalinyl)phosphorothioate, QNP] is a widely used insecticide and acaricide which is highly toxic to non-target organisms such as humans and vertebrate animals [15]. The secondary metabolite of quinalphos, 2-hydroxyquinoxaline, is likely to be responsible for its toxic effects such as estrogenic/ antiandrogenic actions, oxidative stress, decrease of the radical scavenger melatonin, impairment of immune response, chromosomal aberration and micronuclei formation etc. [16]. Quinalphos has also been attributed to induce chromosome breaks/ fragments in mice and human lymphocytes [17]. The genotoxic and mutagenic potential of MCP has been proved by several tests and shown to induce chromosome aberrations also [18]. MCP has also been reported to alter expression of certain cytochrome P450s in PC12 cells [19] and exert toxic effects on the male reproductive functions [20]. Various OP pesticides such as malathion and parathion have also been studied extensively and are known to induce DNA damage in the form of chromosomal aberrations, mitotic index and sister chromatid exchanges (SCE) in both human and animal studies [21,22].

Melatonin (N-acetyl-5-methoxytryptamine) is a ubiquitous molecule studied extensively for its antioxidant properties. The main source of melatonin in mammals is pineal glands. Being a powerful free radical scavenger, it is involved in both direct and indirect antioxidant functions and has the ability to remove H₂O₂, OH, peroxynitrite anion, singlet oxygen, O₂ and peroxyl radicals [23]. Melatonin has the ability to interact with free radicals through consecutive reactions giving rise to many stable compounds that can be excreted by the body [24]. It has been reported that the ability to recruit exogenous melatonin varies from tissue to tissue and tissues which accumulate more melatonin presented higher levels of antioxidant defense [25]. Melatonin is known to prevent the damage caused by OP pesticides such as diazinon and malathion [26,27]. Melatonin is also known to reduce the levels of trace and major elements which increase in response to fenthion intoxication [28].

Monocrotophos (MCP) and quinalphos (QNP) are extensively used OP pesticides throughout the world including India. These pesticides are known to induce oxidative stress and cause alterations in the redox status of the tissues in rats. While several reports are available in literature on the genotoxic effect of MCP using various in vivo and in vitro systems, QNP has not been tested for its genotoxic potential. Moreover, the combined toxicity of these pesticides has also been not studied. The single cell gel electrophoresis (SCGE) or comet assay, is a rapid and sensitive technique to demonstrate the damaging effects of different chemical compounds or physical treatments on DNA at individual cell levels. The assay is a quick, simple, reliable, easy to perform, inexpensive method of analyzing genotoxicity [29,30]. This assay is widely used in testing genotoxicity, human biomonitoring and fundamental research on DNA damage and repair [31]. The advantage of comet assay include a high sensitivity for detecting low levels of DNA damage, the requirement for small number of cells per sample, and its flexibility. On the other hand the micronucleus assay is a biomonitoring test used to analyze the genotoxicity associated with pesticide exposure [32]. The in vivo micronucleus assay is widely used to analyze the clastogenic and aneugenic potential of chemicals [33], and is now recognized as one of the most reliable assays for screening genotoxic carcinogens. The number of reports from micronucleus test has increased in the scientific literature and the value of this test for examining the mutagenicity and carcinogenicity of chemicals, has been emphasized, particularly when it is used in combination with other cytogenetic assays. It is simple, inexpensive, accurate and can be applicable to different cell types [34].

As a range of pesticides is extensively used in pest management, the chances of exposure of multiple pesticides simultaneously are high, especially among agricultural and public health workers. Furthermore, there may be separate but closely timed exposures to such insecticides. Although health hazards of individual OP pesticide have been relatively well characterized, the interactive toxicity on combined exposure of these pesticides is not clearly known. Since MCP and QNP are widely used pesticides, the chances of their overlapping applications are high. Therefore, it was considered worthwhile to evaluate the genotoxic effects of MCP and QNP, singly and in mixture, in various tissues of rats given acute or chronic exposure using comet assay and micronucleus assay. In addition, it was also evaluated if such damage could be repaired by melatonin co-treatment.

Material and methods

Chemicals and reagents

TRIS base, sodium chloride, sodium hydroxide, sodium acetate, dimethyl sulfoxide, triton X-100, Giemsa stain, fetal bovine serum, melatonin, ethylenediaminetetraacetic acid tetrasodium salt, agarose (normal melting and low melting), cyclophosphamide and ethidium bromide were purchased from Sigma Chemical Co., St. Louis, Mo. Sarcosine, DPX mountant for microscopy was obtained from Merck, Germany. The pesticides, monocrotophos and quinalphos, were a kind gift from Gujarat Insecticides Limited, Ankleshwar, Gujarat, India.

Experimental animals

Adult male albino rats of Wistar strain (*Rattus norvegicus*), 8-weeks old, weighing about 120 ± 10 g were used in the present study. Rats were obtained from the animal facilities of Defence Research and Development Establishment, Gwalior, India, and were maintained in a light (light-dark cycle of 12h each) and temperature ($25 \pm 2^{\circ}$ C) controlled animal room of our department on standard pellet diet (obtained from in the Amrut Rat & Mice Feed, New Delhi, India) and tap water *ad libitum*. Rats were acclimatized for one week prior to the start of the experiment. The care and maintenance of animals were as per the approved guidelines of the 'Committee for the Purpose of Control and Supervision of Experiments on Animals' (CPCSEA, India).

Study design

For acute or chronic studies, rats were divided into two groups, one group received only pesticides either singly or in mixture while the other group received co-treatment of melatonin and pesticide for the same period of time. The acute exposure was given for two consecutive days whereas chronic exposure was given for sixty days. Each sub group contained six rats. Blood was withdrawn and lymphocytes were separated 24h after the last treatment, rats were humanly sacrificed and liver and brain tissues were excised off, and processed for comet assay. The bone marrow from both the femurs was aspirated, processed and smears were prepared for micronucleus assay.

Pesticide treatment

Acute exposure: The animals were randomly divided into two groups, which were further divided into four subgroups of six animals each. The rats of first group consisted of twenty four animals which were further divided into four subgroups of six animals each and were given pesticides for two consecutive days. The second group consisted of thirty animals divided into five subgroups of six animals each, received co treatment of pesticide and melatonin for two consecutive days. The rats of first sub group received MCP (0.25 LD₅₀ i.e. 4.5mg/ Kg body weight dissolved in 0.4ml corn oil per day, orally for two consecutive days [35]), the second sub group received QNP (0.25 ${\rm LD}_{50}$ i.e. 5mg/Kg body weight per day [36]), the third sub group received a mixture of both the pesticides (0.125 $\rm LD_{50}$ each, total 0.25 $\rm LD_{50}$ equivalent/Kg body weight for two consecutive days), while rats of the fourth sub group received 0.4ml corn oil orally for two days and served as the control. The rats of the second group were divided into four sub groups, the first, second, third and fourth sub groups received a co treatment of melatonin (5mg/Kg body weight intraperitoneally per day for two consecutive days [37]) and MCP, QNP, mixture or corn oil as in the first group. In case of micronucleus assay a sub group of six animals received cyclophosphamide (40mg/Kg) body weight orally for two consecutive days and served as the positive control.

Chronic exposure: For chronic studies the animals were divided into two groups of twenty four animals each which were further sub divided into four subgroups of six animals each. The rats of first, second and third sub group received MCP, QNP and mixture of MCP + QNP dissolved in 0.4ml corn oil, orally for 60 days (the doses were $\rm LD_{50}/60$ per day, receiving total $\rm LD_{50}$ equivalent in 60 days), the fourth sub group received equivalent volume of corn oil for the same period of time and served as the control. Likewise the rats of second group were divided into four subgroup and were given 5mg/Kg body weight melatonin intraperitoneally daily for sixty days along with MCP, QNP, MCP + QNP and corn oil orally per day as in the first group. In another group, same numbers of rats were taken and were given either $\rm LD_{50}/30$ equivalent of MCP, QNP and their mixture per day receiving total 2 $\rm LD_{50}$ equivalent in 60 days, or co-treatment of pesticide and melatonin as the rats of the first group.

In case of micronucleus assay, a sub group of four animals received cyclophosphamide (10mg/Kg body weight) orally for sixty days which served as the positive control.

Collection of blood, isolation of lymphocytes and tissues collection

The blood was collected 24h after the last treatment via ocular bleeding in tubes containing EDTA from the animals for lymphocyte separation. Blood samples were layered on the top of a Ficoll solution (1.077g/ml) and the supernatant containing the leukocytes was removed after sedimentation of erythrocytes at 1000g for 10min at room temperature. Lymphocytes sedimented at the interface of the Ficoll layers were collected and washed twice with phosphate buffer saline (PBS), pH 7.4. The cell viability was checked by trypan blue dye exclusion test [38]. The lymphocytes samples with viability >95% were used for comet assay.

After the blood collection, the rats were humanly killed by cervical dislocation; liver and brain tissues were excised off, washed with 0.9% NaCl and used for different estimations. Animals were handled, ethically treated and humanly killed as per the rules and instructions of Ethical Committee of Animal Care of Jiwaji University, Gwalior, India,

in accordance with the Indian National law on animal care and use.

Comet assay

Alkaline single cell gel electrophoresis was performed by the method of Sasaki et al. [39] for estimation of DNA single strand breaks whereas neutral version of comet assay was performed by the method of Wojewodzka et al. [40] for measuring double strand breaks. A homogenate (25% w/v) of fresh tissues was prepared in chilled homogenizing buffer (0.075M NaCl containing 0.024 M EDTA, pH 7.2) in a Potter Elvehjem homogenizer with a single stroke. The nuclei were obtained by centrifugation at 700g for 10min at 4°C and the pellet was gently resuspended in 3.0ml of chilled homogenizing buffer. Seventy five µl of normal melting agarose (1% prepared in 0.1M sodium phosphate buffer, pH 7.2, containing 0.9% NaCl) was quickly layered on end-frosted slide, covered gently with another slide, and allowed to solidify. The upper slide was carefully removed and the precoated slide was coated with 100µl of a mixture containing equal volumes of sample (nuclei preparation) and low melting agarose (2% in phosphate buffer saline). Slides were then immersed in the lysis buffer (containing 2.5M NaCl, 100mM EDTA, 10mM Tris base, 1% sarcosine, pH 10.0 adjusted with 10N NaOH and 5% DMSO and 1% Triton X-100 were added just before use) for 1 h at 4°C in dark. After lysis, the slides were rinsed with chilled distilled water, transferred on a horizontal electrophoresis platform and immersed in electrophoresis buffer [300mM sodium hydroxide and 1mM EDTA, pH>13.0 for single strand breaks; 300mM sodium acetate and 100mM Tris (pH 9.0) for DNA double strand breaks]. After electrophoresis, the slides were washed thrice with neutralizing buffer (0.4M Tis-HCl, pH 7.4) for 5min each. Slides were dehydrated in absolute methanol for 10min and left at room temperature to dry. The whole procedure was performed in dim light to minimize artefactual DNA damage. Just before visualization, each slide was stained with 50µl of ethidium bromide (20µg/ml), rinsed with water and covered with a coverslip. The slides were observed at 10X magnification with a Leica Optiphase microscope equipped with an excitation filter of 515-560 nm and barrier filter of 590nm. A total of 100 cells were scored per tissue per animal (50 from each replicate slide). The nuclei were divided into five different categories on the basis of percentage of DNA in the tail using TriTek CometScore $^{\text{\tiny TM}}$ Freeware v1.5 software. The nuclei having 0-10% of tail DNA were categorized under 0 stage, 10-25% tail DNA under stage I, 25-50% tail DNA under stage II, 50-75% tail DNA under stage III and the nuclei having tail DNA >75% were categorized under stage IV. The results are expressed as DNA damage index, calculated as #0 + #1 + #2 + #3 + #4/ # of cell scored where # is the total number of nuclei counted.

Micronucleus assay

The *in vivo* micronucleus bone marrow test developed by Schmid [41] has been extensively used as a simple and sensitive short-term screening method for identification of genotoxic effects (chromosomal damage and aneuploidy) of natural and manmade chemicals.

Preparation and processing of bone marrow slides was performed as follows. Animals were anaesthetized by ether inhalation and sacrificed by cervical dislocation 24h after last treatment; femur was dissected by cutting through pelvis and tibia, freed from adherent muscles. By gentle traction, the distal epiphyseal portion (knee cap) was removed and small hole was made with the help of 24 gauze needle. Bone marrow from the femur was aspirated into a 5ml glass centrifuge tube containing 5ml fetal calf serum (FCS) with the help of 0.5ml tuberculin syringe mounted with 26 gauze needle. The process of several aspirations and flushing were repeated to get maximum bone

marrow cells into FCS. Bone marrow samples were centrifuged at 120g for 5min, supernatant was removed and pellet was resuspended in a small volume of FCS. Bone marrow smears were prepared on clean microscopic glass slides. Four slides were prepared from each animal. Bone marrow slides were allowed to dry at room temperature overnight and stained with Giemsa according to the method of Gollapudi and Kamra [42]. Briefly the bone marrow slides were fixed in methanol for 5min, and were given two rinses by single distilled water. Slides were stained with Giemsa (1:6) solution for 10min and rinsed twice with distilled water to remove excess stain. Slides were air dried and cleared in xylene for 3min. On the next day slides were mounted with cover glass using Eukitt (BDH, UK) as mounting medium (Figure 1 and 2).

The slides were examined at 40X magnification for the selection of suitable region, where good spread, undamaged and better stained bone marrow cells were present. Selected slides were examined at 100X magnification under oil immersion for the frequencies of micronucleated polychromatic erythrocytes (MN-PCEs) in 1000 total PCEs from each slide/animal. Micronuclei in polychromatic erythrocytes were only accepted when round or crescent shaped and of dark bluish to violet in color. Ratio of polychromatic to normochromatic erythrocytes (P/N ratio) and percentage of polychromatic erythrocytes (%PCE) was calculated by examining number of PCE which appeared violet to purple colored and normochromatic erythrocytes (NCE) which appeared pinkish in color in a total 200 erythrocytes from each animal and the P/N ratio and %PCE is calculated. Results are mean \pm SE of four set of observation.

Statistical analyses

For DNA damage, results are expressed as mean \pm S.E. of six sets of observations and for micronucleus assay results are mean \pm S.E. of four sets of observations taken on different days. Statistical analyses were performed using Sigma Stat Statistical software version 2.0. All the statistical analyses were performed using one-way analysis of variance with post hoc Bonferroni's multiple comparison test applied across the treatment groups. Significance was based on P value <0.05.

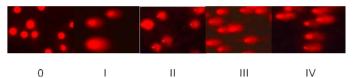


Figure 1. Stages of DNA damage: The nuclei were divided into four different categories on the basis of percentage of DNA in tail. The nuclei having 0-10% of tail DNA werecategorized under 0 stage, the nuclei having tail DNA from 10-25% were categorized under stage I, 25-50% tail DNA containing nuclei were classified under stage II, 50-75% tail DNA containing nuclei were marked under stage III and the nuclei having tail DNA >75% were categorized under stage IV.

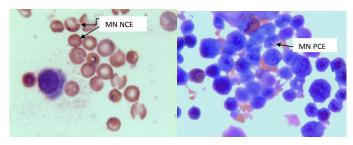


Figure 2. Micronuclei formation: Pesticide exposure leads to induction of micronuclei as shown in figure. MN NCE; micronucleated normochromatic erythrocytes, MN PCE; micronucleated polychromatic erythrocytes.

Results

Effect of acute exposure of MCP and QNP on DNA strand breaks and protective effects melatonin

To assess the potential of MCP and QNP either singly or in mixture to cause DNA damage in terms of strand breaks, single cell gel electrophoresis or comet assay was used. The rats were given acute as well as were chronic exposure of pesticides, liver, brain and lymphocytes isolated and alkaline and neutral single cell gel electrophoreses were performed to quantitate the DNA single and double strand breaks. The results of the present study showed that both MCP and QNP singly and in mixture caused significantly high levels of DNA damage in all the rat tissues examined namely, liver, brain and lymphocytes. The rats given 0.25 LD₅₀ equivalents of MCP and QNP dissolved in 0.4ml corn oil orally for two consecutive days, showed markedly high increase in the single strand breaks expressed as damage index (Table 1). The percent change was calculated by division of increase or decrease in the damage index by the control value so that the change could be calculated with respect to control and the extent of damage in the pesticide treated groups could be analysed. The increase observed in single strand damage index (SSDI) was 330%, 350% and 361% in the liver, brain and lymphocytes, respectively, in the rats given MCP while QNP treated rats showed 312%, 334% and 315% increase in the liver, brain and lymphocytes, respectively, when compared with control. The mixture of both the pesticides also caused significantly high level of SSDI which was 310%, 303% and 308%, in the liver, brain and lymphocytes, respectively (Table 1). These pesticides caused statistically significant increase in the DNA double strand breaks in the rat tissues. MCP exposure caused 283%, 283% and 292% increase while QNP exposure caused 254%, 236% and 273% increase in the double strand damage index (DSDI) in the liver, brain and lymphocytes, respectively. When these pesticides are given together 214%, 142% and 241% increase was observed in the DSDI in the liver, brain and lymphocytes, respectively (Table 1).

Melatonin treatment showed protective effect against pesticides induced DNA single and double strand breaks in the liver, brain and lymphocytes of rats and the observed damage index showed statistically significative reduction. Intraperitoneal melatonin treatment (5mg/ kg body weight for two days) caused 2%, 5% and 5% reduction in the SSDI while 11%, 11% and 9% decrease in DSDI in the liver, brain and lymphocytes, respectively of control rats. Co-treatment of melatonin along with MCP, QNP and their mixture also caused significantly marled decrease in SSDI and DSDI in all the tissues of rats examined. Melatonin co-treatment with MCP caused 78%, 131% and 113% recovery in SSDI and 122%, 78% and 119% recovery in DSDI in the liver, brain and lymphocytes respectively, when compared with only pesticide treated group. Similarly 80%, 106% and 123% recovery in SSDI and 104%, 61% and 103% recovery in the DSDI in the liver, brain and lymphocytes, respectively, was observed in the group given co-treatment of melatonin and QNP when compared with only QNP treated group. The recovery observed in the SSDI ranged from 81%-157% and DSDI ranged from 66%- 151% in tissues of rats given combined treatment of MCP and QNP along with co treatment of melatonin when compared with corresponding melatonin untreated group (Table 1).

Effect of chronic exposure of MCP and QNP on DNA single strand breaks and protective effects melatonin

The chronic exposure of different doses of MCP and QNP either

Table 1. DNA single strand breaks and double strand breaks induced by 0.25LD₅₀ exposure of monocrotophos and quinalphos individually and in mixture, for two days, in rat tissues and lymphocytes.

	Control	Control+MT	MCP	MCP+MT	QNP	QNP +MT	Mixture	Mixture + MT					
		Single Strand Breaks											
Liver	0.63 ± 0.01	$0.62 \pm 0.01^*$	2.71 ± 0.02***	2.22 ± 0.05***/cd***	2.60 ± 0.03***	2.09 ± 0.03***/ef***	2.58 ± 0.03***	1.98 ± 0.04***/gh***					
Brain	0.64 ± 0.01	$0.61 \pm 0.01^*$	2.88 ± 0.01***	2.04 ± 0.42***/cd***	2.78 ± 0.02***	$2.10 \pm 0.06^{***/ef***}$	2.58 ± 0.02***	$2.06 \pm 0.04^{***/gh***}$					
Lymph.	0.59 ± 0.01	$0.56 \pm 0.01^{**}$	2.72 ± 0.05***	1.94 ± 0.09***/cd***	2.45 ± 0.01***	1.72 ± 0.01***/ef**	2.41 ± 0.05***	1.48 ± 0.10***/gh***					
	Double Strand Breaks												
Liver	0.63 ± 0.01	$0.56 \pm 0.01^{**}$	2.41 ± 0.05***	1.64 ± 0.04***/cd***	2.23 ± 0.02***	1.57 ± 0.01***/ef***	1.98 ± 0.03***	$1.56 \pm 0.01^{***/gh***}$					
Brain	0.64 ± 0.01	0.57 ± 0.01**	2.45 ± 0.04***	1.95 ± 0.03***/cd**	2.15 ± 0.07***	1.76 ± 0.04***/ef**	1.55 ± 0.04***	$1.50 \pm 0.05^{***/gh}$					
Lymph.	0.59 ± 0.01	0.54 ± 0.01**	2.31 ± 0.02***	1.61 ± 0.05***/cd**	2.20 ± 0.03***	1.59 ± 0.02***/ef***	2.01 ± 0.01***	1.48 ± 0.02***/gh***					

Results of mean \pm S.E. of six set of observations taken on different days.

The pesticide treated group was fed orally with $0.25 LD_{s0}$ dose of pesticide dissolved in 0.4 ml of corn oil for two consecutive days. The

pesticide+melatonin treated group received a co- treatment of 5mg/kg of melatonin intraperitoneally for two consecutive days. The control group received just 0.4ml of corn oil for two consecutive days. The control+melatonin group received just 5mg/kg of melatonin for two consecutive days.

*P<0.05, **P<0.01, ***P<0.001 and #P>0.5 when compared with respective control.

Abbreviations: MT, Melatonin; MCP, Monocrotophos; QNP, Quinalphos; Lymp., Lymphocytes.

Table 2. DNA single strand breaks and double strand breaks induced by exposure of LD_{s0} monocrotophos and quinalphos individually and in mixture, for sixty days, in rat tissues and lymphocytes.

	Control	Control+MT	MCP	MCP+MT	QNP	QNP+MT	Mixture	Mixture+MT					
		Single Strand Breaks											
Liver	0.62 ± 0.01	$0.59 \pm 0.01^*$	2.83 ± 0.02***	2.28 ± 0.05***/cd***	2.54 ± 0.04***	2.19 ± 0.13***/ef***	2.56 ± 0.04***	1.82 ± 0.03***/gh***					
Brain	0.66 ± 0.01	0.57 ± 0.01**	2.86 ± 0.02***	1.92 ± 0.52*/cd#	2.57 ± 0.05***	2.25 ± 0.04***/ef**	2.51 ± 0.01***	2.10 ± 0.01***/gh***					
Lymph.	0.62 ± 0.01	0.57 ± 0.01**	2.18 ± 0.07***	1.58 ± 0.02***/cd***	1.62 ± 0.05***	1.11 ± 0.03***/ef***	1.26 ± 0.01***	$0.97 \pm 0.02^{***/gh***}$					
	Double Strand Breaks												
Liver	0.63 ± 0.01	$0.60 \pm 0.01^*$	2.62 ± 0.02***	2.04 ± 0.03***/cd***	2.15 ± 0.02***	2.06 ± 0.13***/ef*	2.33 ± 0.01***	1.84 ± 0.03***/gh***					
Brain	0.66 ± 0.01	0.61 ± 0.01**	2.74 ± 0.04***	2.26 ± 0.06***/cd***	2.22 ± 0.06***	1.96 ± 0.04***/ef**	2.30 ± 0.02***	1.94 ± 0.02***/gh***					
Lymph.	0.56 ± 0.01	$0.55 \pm 0.01^{\pm}$	1.23 ± 0.04***	$0.84 \pm 0.07^{**/cd**}$	$0.98 \pm 0.02^{***}$	0.82 ± 0.02***/ef**	0.81 ± 0.03***	$0.58 \pm 0.02^{\neq/gh^{***}}$					

Results of mean \pm S.E. of six set of observations taken on different days.

The pesticide treated group was fed orally with LD_{so} dose of pesticide dissolved in 0.4ml of corn oil for sixty days. The pesticide+melatonin treated group received a co- treatment of 5mg/kg of melatonin intraperitonieally for sixty days. The control group received just 0.4ml of corn oil for sixty days.

The control+melatonin group received just 5mg/Kg of melatonin for sixty days

*P<0.05, **P< 0.01, ***P<0.001 and *P>0.5 when compared with respective control.

Abbreviations: MT, Melatonin; MCP, Monocrotophos; QNP, Quinalphos; Lymp., Lymphocytes.

singly or in mixture to rats caused extensive dose-dependent DNA damage in rat tissues and lymphocytes measured by comet assay. Different groups of rats were given LD₅₀ and 2LD₅₀ equivalent of MCP, QNP and their mixture in equal doses for 60 days and single and double strand DNA breaks were measured in the liver, brain and lymphocytes along with respective controls. The results showed that LD_{so} equivalent of MCP exposure caused 356%, 333% and 252% increase in SSDI while doubling the dose caused 415%, 406% and 268% increase in the SSDI in the liver, brain and lymphocytes, respectively, when compared with respective controls. The magnitude of DSDI observed was 316%, 315% and 120% in the LD₅₀ treated group while 380%, 353% and 247% increase in DSDI was observed in the liver, brain and lymphocytes, respectively, of 2LD₅₀ equivalents of MCP treated rats when compared with control (Table 2 and 3). The increase in SSDI observed in LD₅₀ equivalents of QNP treated rats ranged from 161% to 285% while doubling the dose of QNP caused statistically significant increase in SSDI in the range of 209% to 361% in the liver, brain and lymphocytes of rats when compared with respective controls. The DSDI was increased by 241%, 236% and 75% in the group receiving LD $_{\rm 50}$ equivalents of QNP and 316%, 352% and 187% in the liver, brain and lymphocytes, respectively, of rats receiving 2LD $_{\rm 50}$ equivalents of QNP in 60 days divided in 60 equal doses when comprised with respective controls (Table 2 and 3). The rats receiving combined exposure of MCP+QNP showed statistically significant increase of 313%, 280% 167% in the SSDI when given LD $_{\rm 50}$ equivalent of pesticide mixture while doubling the dose caused 316%, 296% and 194% increase in the SSDI in the liver, brain and lymphocytes, respectively, when compared with tissues of control rats. The highly significant increase (P=0.001) in DSDI ranged from 45% to 270% and 147% to 316% in the tissues of rats receiving LD $_{\rm 50}$ equivalents of pesticide mixture, respectively, when compared with respective controls.

Melatonin co-treatment showed protective effects against pesticides induced DNA damage and the magnitude of DNA single strand breaks and double strand breaks were significantly reduced

^{cd} when MCP+MT is compared with Control+MT.

ef when QNP+MT is compared with Control+MT.

gh when MIX+MT is compared with Control+ MT.

^{cd} when MCP+MT is compared with Control+ MT.

ef when QNP+MT is compared with Control+MT.

gh when MIX+MT is compared with Control+MT.

Table 3. DNA single strand breaks and double strand breaks induced by exposure of 2LD₅₀ monocrotophos and quinalphos individually and in mixture, for sixty days, in rat tissues and lymphocytes.

	Control	Control +MT	MCP	MCP+MT	QNP	QNP+MT	Mixture	Mixture+ MT					
		Single Strand Breaks											
Liver	0.68 ± 0.01	$0.62 \pm 0.01^{**}$	2.50 ± 0.04***	$1.74 \pm 0.04^{***/cd***}$	2.10 ± 0.06***	1.48 ± 0.04***/ef***	1.53 ± 0.02***	1.17 ± 0.06***/gh***					
Brain	0.66 ± 0.01	$0.60 \pm 0.01^*$	3.34 ± 0.05***	2.74 ± 0.03***/cd***	3.04 ± 0.03***	2.68 ± 0.01***/ef***	2.61 ± 0.02***	1.69± 0.08s***/gh***					
Lymph.	0.68 ± 0.01	$0.60 \pm 0.01^{***}$	2.50 ± 0.04***	1.74 ± 0.02***/cd***	2.10 ± 0.06***	1.48 ± 0.04***/ef***	1.50 ± 0.02***	1.17 ± 0.06***/gh***					
		Double Strand Breaks											
Liver	0.64 ± 0.01	$0.61 \pm 0.01^{\pm}$	3.07 ± 0.04***	1.72 ± 0.08***/cd***	2.66 ± 0.06***	1.59 ± 0.01***/ef***	2.61 ± 0.05***	1.32 ± 0.03***/gh***					
Brain	0.64 ± 0.01	$0.63 \pm 0.01^{\pm}$	2.90 ± 0.05***	1.63 ± 0.04***/cd***	2.89 ± 0.11***	1.47 ± 0.03***/ef***	2.66 ± 0.05***	1.92 ± 0.05***/gh***					
Lymph.	0.60 ± 0.01	$0.58 \pm 0.01^{\pm}$	2.08 ± 0.04***	1.64 ± 0.07***/cd***	1.72 ± 0.04***	1.47 ± 0.02***/ef***	1.48 ± 0.04***	1.25 ± 0.03***/gh**					

Results of mean \pm S.E. of six set of observations taken on different days.

The pesticide treated group was fed orally with 2 LD_{50} dose of pesticide dissolved in 0.4 ml of corn oil for sixty days. The pesticide+melatonin treated group received a co-treatment of 5mg/kg of melatonin intraperitonically for sixty days. The control group received just 0.4ml of corn oil for sixty days. The control+melatonin group received just 5mg/Kg of melatonin for sixty days.

*P<0.05, **P<0.01, ***P<0.001 and #P>0.5 when compared with respective control.

Abbreviations: MT, Melatonin; MCP, Monocrotophos; QNP, Quinalphos; Lymp., Lymphocytes.

Table 4. Micronuclei induced by 0.25LD_{s0} exposure of monocrotophos and quinalphos individually and in mixture, for two days, in rat bone marrow.

	Control	Control+MT	СРМ	MCP	MCP+MT	QNP	QNP +MT	Mixture	Mixture +MT
MN PCE	0.32 ± 0.05	0.22 ± 0.05 #	3.00 ± 0.09***	2.02 ± 0.24***	1.70 ± 0.24***	1.55 ± 0.27***	$0.95 \pm 0.17^{***}$	$1.05 \pm 0.06^{***}$	$0.65 \pm 0.06^{***}$
P/N ratio	1.31 ± 0.02	1.33 ± 0.02#	$0.70 \pm 0.01^{***}$	$0.75 \pm 0.01^{***}$	0.83 ± 0.01***	$0.79 \pm 0.01^{***}$	$0.88 \pm 0.01^{***}$	$0.95 \pm 0.01^{***}$	0.91 ± 0.02***
%PCE	56.75 ± 0.32	57.12 ± 0.31#	41.12 ± 0.43***	44.12 ± 0.59***	45.38 ± 0.43***	44.25 ± 0.43***	46.75 ± 0.32***	47.75 ± 0.52***	48.75 ± 0.32***

Results of mean \pm S.E. of four set of observations taken on different days.

The pesticide treated group was fed orally with $0.25LD_{s0}$ dose of pesticide dissolved in 0.4ml of corn oil for two consecutive days.

The pesticide+melatonin treated group received a co- treatment of 5mg/kg of melatonin intraperitoneally for two consecutive days.

The cyclophosphamide was used a positive control and the group received 40mg/Kg of cyclophosphamide orally for two consecutive days. The control group received just 0.4ml of corn oil for two consecutive days. The control+melatonin group received just 5mg/Kg of melatonin for two consecutive days.

*P < 0.05, **P < 0.01, ***P < 0.001 and #P > 0.5 when compared with respective control.

Abbreviations: MT, Melatonin; MCP, Monocrotophos; QNP, Quinalphos; CPM, Cyclophosphamide; MN PCE, Micronucleated polychromatic erythrocytes; P/N, Polychromatic erythrocytes/Normochromatic erythrocytes; %PCE, Percentage of polychromatic erythrocytes.

in tissues of rats of these groups when compared with only pesticide treated rats. Melatonin treatment to control rats caused decrease in the SSDI in range of 5% to 14% and in the DSDI in the range of 2% to 8% in the tissues of rats when compared with vehicle treated group (Table 2 and 3). When the melatonin was given with ${\rm LD}_{\rm 50}$ equivalents of MCP for 60 days 88%, 142% and 97% decrease in the SSDI and 92%, 73% and 70% decrease in the DSDI was observed in the liver, brain and lymphocytes of rats, respectively, when compared with control (Table 2). Co-treatment of QNP and melatonin resulted in 32%, 48% and 82% decrease in the SSDI and 14%, 39% and 29% decrease in the DSDI, in the liver, brain and lymphocytes of rats, respectively, when compared with melatonin untreated group receiving LD₅₀ equivalents of QNP. The group of rats receiving co-treatment of melatonin with mixture of MCP and QNP, showed 119%, 62% and 111% decrease in the SSDI and 78%, 55% and 41% decrease in the DSDI in the liver, brain and lymphocytes, respectively, when compared with tissues of melatonin untreated rats (Table 2). The rats receiving melatonin co-treatment along with 2LD₅₀ equivalents of MCP showed 112%, 61% and 112% decrease in SSDI and 102%, 151% and 74% decrease in DSDI in the liver, brain and lymphocytes of rats, respectively, when compared with melatonin untreated-MCP treated group (Table 3). Melatonin cotreatment with QNP resulted in the 94%, 55% and 47% decrease in the SSDI and 105%, 144% and 42% decrease in the DSDI in the liver, brain and lymphocytes of rats, respectively when compared with respective tissues of melatonin untreated group (Table 3). Combined exposure of $\rm 2LD_{50}$ equivalents of MCP+QNP along with melatonin co-treatment decreased the SSDI by 97%, 64% and 92% and DSDI by 124%, 116% and 39% in the liver, brain and lymphocytes of rats compared with respective tissues of melatonin untreated group.

Effect of acute exposure of MCP and QNP on micronuclei induction in polychromatic erythrocytes and protective effects of melatonin

To further confirm the genotoxic potential of the selected pesticides, in vivo bone marrow micronucleus test was performed as simple and sensitive short-term screening method for identification of genotoxic effects (chromosomal damage and aneuploidy). The acute exposure of 0.25 LD₅₀ equivalent of MCP and QNP singly and in combination for two consecutive days caused a significant increase in the micronucleated polychromatic erythrocytes (MN PCE) and concomitant decrease in the percentage of PCE (%PCE) and ratio of polychromatic/normochromatic erythrocytes (P/N ratio) (Table 4). Cyclophosphamide (CPM) was taken as the positive control and was given to the rats at a dose of 40mg/kg body weight orally for two consecutive days. Results showed that acute exposure of MCP, QNP singly and in mixture caused 6.3 folds, 4.8 folds and 3.3 folds increase in the MN PCE while P/N ratio was decreased by 1.74 folds, 1.7 folds and 1.4 folds, respectively, and %PCE were decreased by 12.63%, 12.5% and 9% respectively, when compared with control (Table 4). The increase observed in MN PCE in CPM treated group was 9.4

^{cd} when MCP+MT is compared with Control+MT.

^{ef} when QNP+MT is compared with Control+MT.

gh when MIX+MT is compared with Control+MT.

folds while 1.9 folds decrease in the P/N ratio and 15.63% decrease in the %PCE was observed in this group when compared with control. Melatonin co-treatment offered protection against MCP, QNP and mixture induced changes in the MN PCE, P/N ratio and %PCE. The increase in MN PCE was 5.32 folds in MCP+MT treated group, 2.9 folds in QNP+MT treated group and 2.03 folds in mixture+MT treated group. The decrease in P/N ration was 1.6 folds, 1.5 folds and 1.44 folds while decrease in %PCE was 11.37%, 10% and 8% in the group receiving MCP+MT, QNP+MT and mixture +MT, respectively, when compared with the control group (Table 4).

Effect of chronic exposure of MCP and QNP on micronuclei induction in polychromatic erythrocytes and protective effects of melatonin

Chronic exposure of LD₅₀ and 2LD₅₀ equivalents of MCP and QNP singly and in mixture caused dose-dependent changes in the MN PCE, P/N ratio and %PCE. The increase in MN PCE was 6.8-, 5.65- and 3.28 folds in the group receiving LD₅₀ equivalents of MCP, QNP and their mixture, respectively, while 7.57-, 6.28- and 3.94- folds increase was observed in the group receiving double the dose of MCP, QNP and their mixture, respectively (Table 5 and 6). The decrease in P/N ratio was 1.6-, 1.76- and 1.58- folds on treatment of LD₅₀ equivalents and 1.79-, 1.76- and 1.6- folds on treatment of 2LD₅₀ equivalents of MCP, QNP and their mixture, respectively, when compared with control. The decrease in %PCE was 11.75%, 12.37% and 11.37% on treatment of LD_{50} equivalents and 14%, 13.5 % and 11.5% on treatment of 2LD₅₀ equivalents of MCP, QNP and their mixture, respectively, when compared with control. LD_{50} and $2LD_{50}$ equivalents of CPM treatment caused 8.71- and 8.8- increase in MN PCE, 1.91- and 1.98folds decrease in P/N ration and 16.25% and 17.37% increase in PCE, respectively, when compared with the control group (Table 5 and 6). Melatonin co-treatment caused protection against pesticide induced changes in the levels of MN PCE, P/N ration and %PCE. Only 3.66, 2.85- and 2.14- folds increase was observed in the group receiving $\rm LD_{50}$ equivalents of MCP, QNP and their mixture along with melatonin while 4.77-, 5- and 2.22- folds increase was observed in the group receiving $\rm 2LD_{50}$ equivalents of MCP, QNP and their mixture along with melatonin, respectively. The decrease in P/N ratio observed was 1.5-, 1.15- and 1.12- folds in the group receiving $\rm LD_{50}$ equivalent of MCP+MT, QNP+MT and mixture+MT, respectively, while 1.64-, 1.6- and 1.5- folds in the group receiving 2LD $_{50}$ equivalent of MCP+MT, QNP+MT and mixture+MT, respectively, when compared with respective control (Table 5 and 6). The decrease in %PCE was 10.5%, 4.5% and 3.13% in the group receiving LD $_{50}$ equivalent of MCP+MT, QNP+MT and mixture+MT, respectively, while doubling the dose of pesticides caused 12.87%, 11.25% and 10% decrease in PCE.

Discussion

Pesticides are the chemical substances extensively used in agriculture and public health programs to control and eliminate unwanted pests and associated diseases. However the increased use of these compounds has caused adverse health effects and thus necessitates precise toxicological tests and risk assessments. DNA alterations are known to be indicators of early damage in the affected organisms; consequently identifying the genotoxic potential of these xenobiotics has been an effective and beneficial strategy for risk assessment. Although pesticides have been widely analyzed for their ability to cause DNA damage and subsequent mutagenicity, carcinogenicity and other adverse health effects, the researches on few pesticides are still lacking [43-45]. Quinalphos (QNP) and monocrotophos (MCP) are the commonly used OP pesticides, known to cause toxicity to humans and various other non-target organisms [46,47]. There are

Table 5. Micronuclei induced by LD50 exposure of monocrotophos and quinalphos individually and in mixture, for sixty days, in rat bone marrow.

	Control	Control+MT	CPM	MCP	MCP+MT	QNP	QNP +MT	Mixture	Mixture +MT
MN PCE	0.35 ± 0.03	$0.27 \pm 0.05 \#$	$3.05 \pm 0.06***$	$2.38 \pm 0.19***$	$1.28 \pm 0.11**$	$1.98 \pm 0.17***$	$1.00 \pm 0.04***$	$1.15 \pm 0.21**$	$0.75 \pm 0.03***$
P/N ratio	1.30 ± 0.02	$1.33 \pm 0.02 \#$	$0.68 \pm 0.01***$	$0.82 \pm 0.04***$	$0.86 \pm 0.04***$	$0.80 \pm 0.03***$	1.16 ± 0.16***	$0.83 \pm 0.03***$	1.16 ± 0.04***
%PCE	56.75 ± 0.32	57.12 ± 0.43#	40.50 ± 0.20***	45.00 ± 1.10***	46.25 ± 1.20***	44.38 ± 0.90***	52.25 ± 3.26***	45.38 ± 0.77***	53.62 ± 0.72***

Results of mean \pm S.E. of four set of observations taken on different days.

The pesticide treated group was fed orally with LD50 dose of pesticide dissolved in 0.4 ml of corn oil for sixty days. The pesticide+melatonin treated group received a co- treatment of 5mg/kg of melatonin intraperitonieally for sixty days.

The cyclophosphamide was used as a positive control and the group received 10mg/Kg of cyclophosphamide orally for sixty days. The control group received just 0.4ml of corn oil for sixty days. The control+melatonin group received just 5mg/Kg of melatonin for sixty days.

*P<0.05, **P<0.01, ***P<0.001 and #P>0.5 when compared with respective control.

Abbreviations: MT,Melatonin; MCP,Monocrotophos; QNP,Quinalphos; CPM, Cyclophosphamide; MN PCE, Micronucleated polychromatic erythrocytes; P/N ,Polychromatic erythrocytes; Normochromatic erythrocytes; P/R ,Polychromatic erythrocytes.

Table 6. Micronuclei induced by 2LD50 exposure of monocrotophos and quinalphos individually and in mixture, for sixty days, in rat bone marrow.

	Control	Control+MT	CPM	MCP	MCP+MT	QNP	QNP +MT	Mixture	Mixture +MT
MN PCE	0.35 ± 0.03	$0.12 \pm 0.03 \#$	$3.08 \pm 0.07***$	2.30 ± 0.15***	1.67 ± 0.11***	2.20 ± 0.09***	1.75 ± 0.06***	$1.38 \pm 0.09***$	$0.78 \pm 0.14*$
P/N ratio	1.31 ± 0.02	1.33 ± 0.02#	$0.66 \pm 0.01***$	0.73 ± 0.01***	$0.80 \pm 0.03***$	$0.74 \pm 0.01***$	$0.82 \pm 0.01***$	$0.81 \pm 0.01***$	$0.86 \pm 0.01***$
%PCE	56.25 ± 0.32	$56.50 \pm 0.35 \#$	38.88 ± 0.43***	42.25 ± 0.32***	43.38 ± 1.46***	42.75 ± 0.32***	45.00 ± 0.35***	44.75 ± 0.32***	46.25 ± 0.32***

Results of mean \pm S.E. of four set of observations taken on different days.

The pesticide treated group was fed orally with LD50 dose of pesticide dissolved in 0.4ml of corn oil for sixty days. The pesticide+melatonin treated group received a co- treatment of 5mg/kg of melatonin intraperitonieally for sixty days.

The cyclophosphamide was used as a positive control and the group received 10mg/Kg of cyclophosphamide orally for sixty days. The control group received just 0.4ml of corn oil for sixty days. The control+melatonin group received just 5mg/Kg of melatonin for sixty days.

*P < 0.05, **P < 0.01, ***P < 0.001 and #P > 0.5 when compared with respective control.

Abbreviations: MT, Melatonin; MCP, Monocrotophos; QNP, Quinalphos; CPM, Cyclophosphamide; MN PCE, Micronucleated polychromatic erythrocytes; P/N, Polychromatic erythrocytes/Normochromatic erythrocytes; %PCE, Percentage of polychromatic erythrocytes.

very few reports on the genotoxicity of QNP and no report is available in literature on the level of DNA damage when the combined exposure of these pesticides is given. This study was undertaken to evaluate the in vivo genotoxicity of these pesticides when given singly or in mixture by using two commonly used tests, the single cell gel electrophoresis/ comet assay and the micronucleus [MN] assay. Comet assay is one of the most sensitive and rapid techniques, having wide range of applications in the assessment of different types of DNA damage and repair and has been widely used in the field of genetic toxicology and environmental biomonitoring, dietary intervention studies and cancer [31,48]. It provides considerable advantages over other conventional cytogenetic methods used to detect DNA damage, because for comet assay, the cells need not to be mitotically active. The other test i.e. in vivo MN assay, due to its simplicity, sensitivity and ease of detection, is the most prevalent biomonitoring test of measuring chromosomal defects induced by genotoxic agents. A variety of clastogenic and aneugenic genotoxins have been tested in different cells and tissues, using the MN test as one of the end points [49]. In the present study, MN test is used to confirm the chromosomal damage induced by the selected pesticides. The MN test is also used to assess the mutagenicity of toxins.

Results of the present study showed that the acute as well as chronic exposure of both MCP and QNP, singly and in combination, induced single and double strand breaks in DNA, as evident from the increased DNA damage index. The significantly high increase in the damage index on exposure with MCP, QNP and their mixture was observed in the liver, brain and lymphocytes of rats given acute or chronic exposures. The number of damaged nuclei of Type 1, 2, 3 and 4 were significantly increased in both the tissues and lymphocytes resulting in many fold increase in damage index. Different levels of DNA damage was observed in the liver, brain and lymphocytes of rats receiving MCP, QNP and their mixture measured by alkaline and neutral comet assay with brain showing highest levels of damage followed by liver and lymphocytes. Oxidative stress is involved in pathophysiology of several toxic compounds. Oxidative damage to DNA is the most common type of DNA damage observed in exposure with number of toxicants and diseases. Organophosphate pesticide exposure leads to oxidative stress and the role of reactive oxygen species (ROS) in production of DNA single and double strand breaks is well known [50]. The OP pesticides have been widely studied for their ability to cause DNA damage in different organisms. Cypermethrin, a pyrethroid pesticide is known to induce dose- dependent increase in DNA damage in the rat liver cells [51]. Dimethoate, causes DNA damage in mouse bone marrow cells [52], the oral exposure of chlorpyrifos, has been tested for its ability to induce in vivo genotoxicity in blood lymphocytes and different tissues of male and female Wistar rats in a dose dependent manner [7,9,10,53]. Similarly, other OP pesticides such as methyl parathion, malathion, phorate, fenthion and terbufos have been found to be genotoxic [9,10,13,54]. The genotoxicity of malathion in the sperms was confirmed using chromosome aberration, sister chromatid exchange (SCE) and abnormality assays. The combination of different pesticides is also very deleterious to the integrity of the DNA. Three equimolar pesticides viz., endosulfan, carbofuran and monocrotophos were investigated for their capacity to damage cultured human peripheral blood lymphocytes [55]. Not only in model organisms, the OPs have also been found to be genotoxic in human beings. The genotoxicity tests conducted in the pesticide applicators were found to be positive in majority of subjects belonging to different groups [56].

The OP pesticides are known to produce oxidative stress by

inhibiting enzymatic and non-enzymatic antioxidants [2]. Depletion of cellular glutathione (GSH), an extremely important non-enzymatic antioxidant, below a critical level prevents the conjugation of xenobiotics to GSH and enables them to freely combine covalently with various cellular macromolecules including DNA, RNA and cellular proteins, resulting in cellular damage. Brain is particularly susceptible to oxidative injuries due to its high content of polyunsaturated fatty acids, low levels of antioxidant defense and consumption of relatively large amounts of oxygen [57]. Because of these structural and physiological features, highest level of DNA damage was observed in the brain in the present study. While MCP being more genotoxic than QNP, the chronic exposure caused higher damage than the acute exposure. Both MCP and QNP are known to produce oxidative stress due to alterations in the levels of enzymatic as well as non-enzymatic antioxidants leading to disturbance in the redox status in rat tissues [58]. As enhanced ROS level is the main cause of DNA strand scission, the oxidative stress generated by MCP and QNP may be responsible for the DNA damage observed in the present study.

The natural dietary antioxidants, vitamin C and E, show protective effects against the toxicity induced by pesticides [2]. Vitamins C and E showed protective effects at different doses of carbofuran in *in vitro* toxicity studies [59]; against the toxicity of dichlorvos in human erythrocytes [53] and against chlorpyrifos in rats [60]. Melatonin, a hormone secreted from the pineal gland, has been extensively studied for its antioxidant properties. It has the ability to upregulate and downregulate the activity of various antioxidant enzymes and it also enhances the action of antioxidants such as Trolox and ascorbate [24]. Melatonin showed protective effects against the toxicity caused due to malathion in Wistar rats [27]. It is also known to possess protective effects against the genotoxicity of OP pesticides such as diazinon [61].

The study clearly demonstrates that both acute and chronic exposure of MCP and QNP are highly damaging to DNA with low level, long-term exposure shows more damaging effects. MCP is more toxic than QNP. The highest damage index and frequency of MN PCE in all the exposed groups was found in the brain, followed by liver and lymphocytes, showing the highest susceptibility of this tissue towards the pesticide toxicity. The study also shows that when these pesticides are given together, they do not potentiate the action of each other. The protective effects of melatonin are clearly observed at all the doses. Since, melatonin is known for its antioxidant properties it exhibited the possibility of being used as a therapeutic/prophylactic agent against the genotoxicity of OPs, which is confirmed in this study. The selected pesticides showed genotoxic potential and see to be clastogenic as evident from results of MN test. Since these pesticides are widely used in agriculture and health care programs, caution should be exercised in their handling as prolonged exposure may lead to adverse health effects including cancer, organ damage or other degenerative disorders.

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