

Marine algae *Sargassum horneri* bioactive factor suppresses proliferation and stimulates apoptotic cell death in human breast cancer MDA-MB-231 cells *in vitro*

Masayoshi Yamaguchi^{1*} and Toru Matsumoto²

¹Department of Hematology and Medical Oncology, Emory University School of Medicine, Atlanta, USA

²Biomaterial Department, Maruhachi Muramatsu, Inc., Yaizu, Japan

Abstract

Marine algae *Sargassum horneri* (*S. horneri*) bioactive factor has been shown to possess anabolic bone effects due to stimulating osteoblastic bone formation and suppressing osteoclastogenesis. However, the effects of *S. horneri* on cancer cell bone metastasis have not been investigated. This study was undertaken to determine the effects of *S. horneri* bioactive component on human breast cancer MDA-MB-231 bone metastatic cells *in vitro*. Proliferation of MDA-MB-231 cells was suppressed by culture with *S. horneri* active component (less than 3000 molecular weight; 10-200 µg/ml) for 5 and 10 days. *S. horneri* active component was suggested to inhibit G1 and G2/M phase cell cycle arrest in MDA-MB-231 cells using inhibitors of cell-cycle arrest. Moreover, *S. horneri* active component stimulated apoptotic cell death. This effect was prevented in the presence of caspase-3-inhibitor. Thus, *S. horneri* active component was found to suppress cell proliferation and stimulate apoptotic cell death in human breast cancer MDA-MB-231 bone metastatic cells *in vitro*, demonstrating an anticancer effect.

Introduction

Breast cancer is by far the most common cancer in women worldwide, and it is associated with a variety of lifestyle choice, such as obesity, later onset of first childbirth, and the use of hormone replacement therapy [1]. Breast cancer still remains the second cause of cancer death in the developed world. Breast cancer bone metastasis occurs in 70-80% of patients with advanced breast cancer, leading to severe pathological bone fractures, pain, hypercalcemia, and spinal cord and nerve-compression syndromes, which are a common cause of morbidity and mortality. Chemoprevention is the use of drugs, vitamins, food supplements, vaccines, or other agents to reduce the risk, delay of the development or recurrence of cancer [1,2].

Among marine algae of *Undaria pinnatifida*, *Sargassum horneri*, *Eisenia bicyclis*, *Cryptonemia scmitziana*, *Gelidium amansii*, and *Ulva pertusa* Kjellman, which were gathered seasonally, *Sargassum horneri* (*S. horneri*) has been found to possess a unique anabolic effect on bone metabolism [3]. *S. horneri* extract possessed a stimulatory effect on osteoblastic bone formation and an inhibitory effect on osteoclastic bone resorption *in vitro*, thereby increasing bone mass [4-7]. Intake of *S. horneri* extract was found to prevent bone loss in osteoporosis animal models and in healthy human [8-10]. Functional food factor *S. horneri* extract may be usefulness as an osteogenic factor in preventing osteoporosis in human subjects. Moreover, *S. horneri* active component may possess a suppressive effect on bone loss induced by breast cancer cell bone metastasis that is occurred extremely high in breast cancer patients [11-15]. However, this has not been investigated.

This study was undertaken to determine whether *S. horneri* active component possesses anticancer effects using human breast cancer MDA-MB-231 bone metastatic cells *in vitro* model. We found that *S. horneri* active component suppresses proliferation and stimulates

apoptotic cell death of human breast cancer MDA-MB-231 bone metastatic cells. This finding suggests that the intake of *S. horneri* active component is a useful tool in the prevention and therapy of breast cancer bone metastasis.

Materials and methods

Materials

Dulbecco's Modification of Eagle's Medium (DMEM) with 4.5 g/L glucose, L-glutamine and sodium pyruvate and antibiotics (penicillin and streptomycin; P/S) were purchased from Invitrogen Corp. (Carlsbad, CA). Fetal bovine serum (FBS) was from HyClone (Logan, UT). Sodium butyrate, roscovitine, sulforaphane, caspase-3 inhibitor and other all reagents were purchased from Sigma-Aldrich (St. Louis, MO) unless otherwise specified.

S. horneri active component

Marine algae *S. horneri* [*Sargassum horneri* (Turner) C. Agardh] was seasonally gathered from the coast at Shimoda (Shizuoka Prefecture, Japan) and Miyako (Iwate Prefecture, Japan), and it was freeze-dried and powered [4]. The gathered fresh marine algae were homogenized in distilled water and are centrifuged at 5500 g in a refrigerated

Correspondence to: Masayoshi Yamaguchi, Ph.D, Department of Hematology and Medical Oncology, Emory University School of Medicine, 1365 C Clifton Road, NE, Atlanta, GA 30322, USA; **E-mail:** yamamasa1155@yahoo.co.jp

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centrifuge for 10 minutes. The 5500 g supernatant fraction was pooled for freeze-drying. The powder of the water-solubilized extract was dissolved in ice-cold distilled water for use in the experiments. The water-solubilized extract from *S. horneri* was purified by the method of membrane fractionation to collect the active component less than 3000 MW [4].

Human breast cancer MDA-MB-231-bone metastatic cells

Human breast cancer MDA-MB-231 bone metastatic cells (MDA-MB-231) lack estrogen, progesterone and human epithelial growth factor type 2 (HER2) receptors [16], and are therefore considered as triple negative. They express high levels of the epithelial growth factor receptor (EGFR) and activation of this receptor and its downstream signaling events enhance migration, proliferation, invasion, and progression of the malignant phenotype of these cells [16]. We used the estrogen-independent bone-seeking triple negative human breast cancer MDA-MB-231 cells. This cell line was obtained from the American Type Culture Collection (Rockville, MD, USA).

Cell proliferation

Breast cancer MDA-MB-231 cells (1×10^5 /ml per well) were cultured in a 24-well plate in DMEM containing 10% FBS and 1% P/S in the presence or absence of *S. horneri* active component (less than 3000 MW; 10, 25, 50, 100 or 200 μ g/ml) for 5 and 10 days in a water-saturated atmosphere containing 5% CO₂ and 95% air at 37°C. In separate experiments, MDA-MB-231 cells were cultured for 3 days in the presence or absence of *S. horneri* active component (50 μ g/ml) with or without sodium butyrate (10 and 100 μ M), roscovitine (10 and 100 nM) or sulforaphane (1 and 10 nM) or sulforaphane (1 and 10 nM). After culture, cells were detached from each culture dishes and counted [17].

Apoptotic cell death

Breast cancer MDA-MB-231 cells (1×10^5 /ml per well) were cultured using a 24-well plate in DMEM containing 10% FBS and 1% P/S in the absence of *S. horneri* component for 5 days when reached to confluent, and then the cells were cultured in the presence of *S. horneri* component (less than 3000 MW; 10, 25, 50, 100 or 200 μ g/ml) for 2 days. In separate experiments, cells were culture for 5 days without *S. horneri*, and then cells were cultured for 2 days in the presence of *S. horneri* (50 μ g/ml) with or without caspase-3 inhibitor (5 μ M). After culture, the cells were detached from each culture dishes and counted [18].

Cell counting

Cells were detached from each culture dishes using 0.2% trypsin plus 0.02% EDTA in Ca²⁺/Mg²⁺-free PBS for 2 min at 37°C, cells were collected after centrifugation [17-19]. Cells were resuspended on PBS solution and stained with eosin. Cell numbers were counted under a microscope using a Hemocytometer plate. For each dish, we took the average of two countings. Cell number showed as number per well of plate.

Statistical analysis

Data are expressed as the mean \pm standard deviation (SD). Statistical significance was determined using GraphPad InStat version 3 for Windows XP (GraphPad Software Inc. La Jolla, CA). Multiple comparisons were performed by one-way analysis of variance (ANOVA) with Tukey-Kramer multiple comparisons post-test for parametric data as indicated. Data indicated $P < 0.05$ was considered statistically significant.

Results

S. horneri active component suppresses cell proliferation

Number of human breast cancer MDA-MB-231 bone metastatic cells was increased with periods of culture in the presence of FBS. Presence of *S. horneri* active component (less than 3000 MW; 10-200 μ g/ml) was found to suppress proliferation in human breast cancer MDA-MB-231 cells cultured for 5 (Figure 1A) and 10 (Figure 1B) days *in vitro*. Thus, *S. horneri* active component was found to possess suppressive effects on cell proliferation.

Suppressive effects of *S. horneri* active component on proliferation in MDA-MB-231 cells were determined in the presence of various inhibitors that induce cell-cycle arrest *in vitro* (Figure 2). Cells were cultured for 3 days in the absence (Figure 2A) or presence (Figure 2B) of *S. horneri* active component (50 μ g/ml) with or without butyrate (10 and 100 μ M), roscovitine (10 and 100 nM) or sulforaphane (1 and 10 nM) [17]. Proliferation of MDA-MB-231 cells was suppressed in the presence of these inhibitors (Figure 2A). Suppressing effects of *S. horneri* active component on cell proliferation were not potentiated in the presence of these inhibitors (Figure 2B).

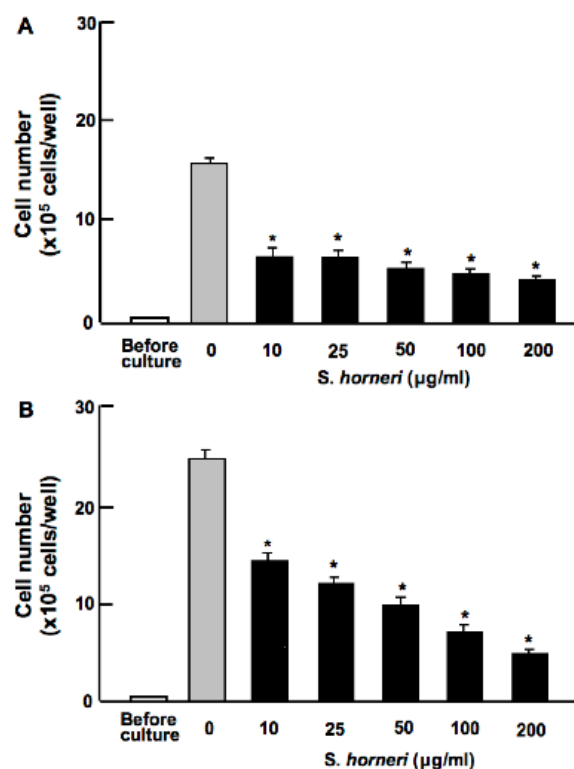


Figure 1. *S. horneri* active component suppresses proliferation in human breast cancer MDA-MB-231 cells *in vitro*. Cells were cultured in DMEM in the presence or absence of *S. horneri* active component (less than 3000 MW; 10-200 μ g/ml) for 5 (A) or 10 (B) days. After culture, the number of attached cells on dish was counted. Data are presented as mean \pm SD of 2 replicate wells per data set. After culture, the number of attached cells on dish was counted. Data are presented as mean \pm SD of 2 replicate wells per data set using different dishes and cell preparation. * $p < 0.001$ versus control (grey bar). 1 way ANOVA, Tukey-Kramer post test.

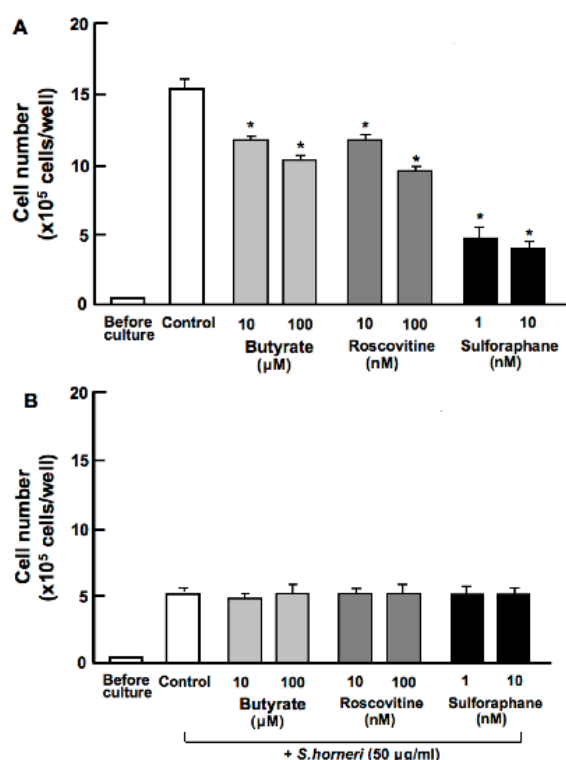


Figure 2. Effect of *S. horneri* active component on proliferation in human breast cancer MDA-MB-231 cells in the presence of various inhibitors that induce cell-cycle arrests *in vitro*. Cells were cultured for 3 days in the absence (A) or presence (B) of *S. horneri* active component (less than 3000 MW; 50 μg/ml) with or without butyrate (10 and 100 μM), roscovitine (10 and 100 nM) or sulforaphane (1 and 10nM). After culture, the number of attached cells on dish was counted. Data are presented as mean ± SD of 2 replicate wells per data set using different dishes and cell preparation. **p*<0.001 versus control (white bar). 1 way ANOVA, Tukey-Kramer post test.

S. horneri active component stimulates apoptotic cell death

Human breast cancer MDA-MB-231 cells were cultured for 5 days when reached to confluent, and then the cells were cultured for an additional 2 days in the presence of *S. horneri* active component (less than 3000 MW; 10-250 μg/ml). Cell number was decreased by addition of *S. horneri* active component (Figure 3A). Stimulatory effects of *S. horneri* active component (25 or 50 μg/ml) on cell death in MDA-MB-231 cells were blocked in the presence of caspase-3 inhibitor (5 μM) *in vitro* (Figure 3B). Thus, culture with *S. horneri* active component stimulated apoptotic cell death in breast cancer MDA-MB-231 cells *in vitro*.

Discussion

Marine algae *S. horneri* active component was found to suppress proliferation and stimulate apoptotic cell death in human breast cancer MDA-MB-231 bone metastatic cells *in vitro*. This finding demonstrates that *S. horneri* possesses an anticancer effect in MDA-MB-231 cells *in vitro*. This was the first time finding.

Suppressive effects of *S. horneri* active component on cell proliferation in MDA-MB-231 cells may be related to regulation of intracellular signaling pathways *in vitro*, although anticancer effects of

S. horneri active component are unknown. *S. horneri* active component has been shown to stimulate osteoblastogenesis and suppress osteoclastogenesis through antagonizing signaling pathway of nuclear factor (NF)-κB *in vitro* [4]. Signaling of NF-κB, which is enhanced in breast cancer cells, has been shown to promote osteolytic bone metastasis by inducing osteoclastogenesis via granulocyte-macrophage colony-stimulating factor (GM-CSF) [20].

Suppressive effects of *S. horneri* active component on proliferation of MDA-MB-231 cells were not seen in the presence of butyrate, roscovitine or sulforaphane that induce cell-cycle arrest. Roscovitine is a potent and selective inhibitor of the cyclin-dependent kinase *cdc2*, *cdk2m* and *cdk5* [21]. Sulforaphane induces G2/M phase cell cycle arrest [22]. Butyrate induces an inhibition of G1 progression [17]. HCA was suggested to inhibit G1 and G2/M phase cell cycle arrest in MDA-MB-231 cells.

S. horneri active component was found to stimulate apoptotic

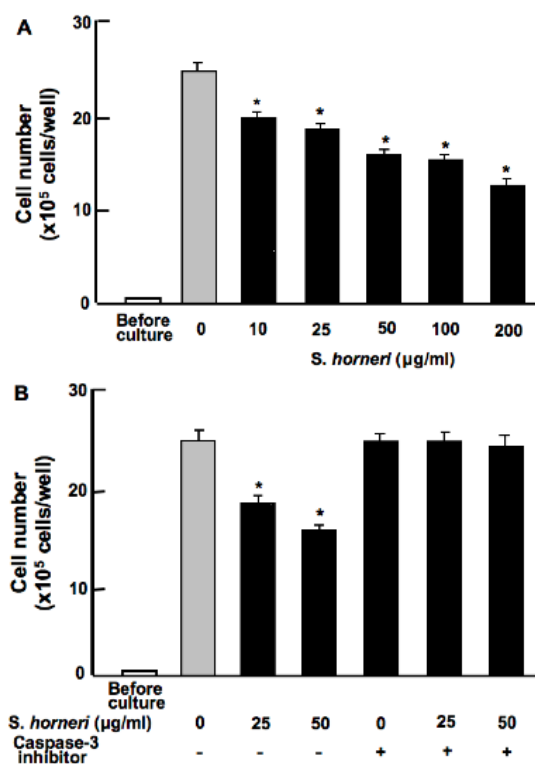


Figure 3. *S. horneri* active component stimulates apoptotic cell death in human breast cancer MDA-MB-231 cells *in vitro*. A: Cells were cultured for 5 days when reached to confluent, and then the cells were cultured for an additional 2 days in the presence of *S. horneri* active component (less than 3000 MW; 10-250 μg/ml). B: Cells were cultured for 5 days when reached to confluent, and then the cells were cultured for an additional 2 days in the presence of *S. horneri* active component (less than 3000 MW; 25 or 50 μg/ml) with or without caspase-3 inhibitor (5 μM). After culture, the number of attached cells on dish was counted. Data are presented as mean ± SD of 2 replicate wells per data set using different dishes and cell preparation. **p*<0.001 versus control (grey bar). 1 way ANOVA, Tukey-Kramer post test.

cell death in MDA-MB-231 cells *in vitro*. This effect was not seen in the presence of caspase-3 inhibitor. *S. horneri* active component may stimulate apoptotic cell death through the mechanism by which increases caspase-3 activity. It is possible that *S. horneri* active component directly activates caspase-3 in breast cancer MDA-MB-231-cells.

Effective compounds in *S. horneri* active components, which suppress proliferation and stimulate apoptotic cell death in MDA-MB-231 cells, have not identified. However, we found the existence of 4 chemicals in *S. horneri* active components (less than MW 3000) using the analysis with liquid chromatography mass spectrophotometry system (LCMS-IT-TOF; Shimadzu, Kyoto, Japan). These chemicals were identified as 1,3,5-tris(oxolan-2-ylmethyl)-1,3,5-triazinane (MW 339), 5-phenyl-2-[2-(5-phenyltetrazol-2-yl)ethyl]tetrazole (MW 318), 3-(hexadecylamino)propane-1,2-diol (MW 316), and 2-(2-hydroxyethyl-tridecyl-amino)ethanol (MW 288) [23]. These chemicals may possess anticancer effects with either each one or their combination.

S. horneri active component has been shown to possess a stimulatory effect on osteoblastic bone formation and an inhibitory effect on osteoclastic bone resorption *in vitro*, thereby increasing bone mass [4-7]. Intake of *S. horneri* extract caused preventive effects on bone loss in osteoporosis animal models and healthy human [8-10]. Functional food factor *S. horneri* extract may be usefulness as an osteogenic factor in preventing osteoporosis in human subjects. Moreover, *S. horneri* active component is speculated to possess suppressive effects on bone loss induced by breast cancer cell bone metastasis. Intake of *S. horneri* active component may be a useful tool in the prevention and therapy in breast cancer bone metastasis. This remains to be elucidated.

In conclusion, marine algae *S. horneri* active component was found to suppress proliferation and stimulate apoptotic cell death in human breast cancer MDA-MB-231 bone metastatic cells *in vitro*. Thus, *S. horneri* active component was demonstrated to possess anticancer effects in human breast cancer cells *in vitro*.

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Author contribution

The author (M.Y.) contributed to the design and conduct of the study, collection, analysis, and interpretation of data, and manuscript writing. Other authors (T.M.) partly contributed to conduct of the study. All authors have no conflicts of interest.

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