What is general medicine?

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What is “general medicine?” The definition is difficult, but some defines as “general and internal medicine, of which pathogenesis, epidemiology, diagnosis, monitoring and treatment protocols”.

However, in Japan, “general medicine” has a special meaning. There is a TV program of “Doctor G” in Japan. It is like a TV drama “Dr. House” in the United States. At first, a patient enters with complicated complaints. “Doctor General” examines the patient, beginning with the history taking, physical examination, and tells the findings. Yes, “general medicine” is “detective mystery” played by a physician and the patient. In the program, three residents appear and answers the differential diagnosis.

After neurology residency, I entered clinical neurophysiology research, where I learned various kinds of pathophysiology of the disease by teaching “physiology” to the students. This experience provided me a logical thinking in the diagnosis of the disease, not only the field of neurology but also general medicine.

I believe this kind of training is necessary for the residents before determining the subspecialty of internal medicine. This journal will help the residents who always fight with diseases of wide ranges. I hope every medical student as well as residents will read this journal through with a confident mind of the diagnosis and treatment of the wide-ranged malaises.