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# Arg304Gln (FVII Padua) coagulation disorder in a patient with Down Syndrome (trisomy 21): a remarkable observation from Argentina

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### Abstract

Objectives: to investigate the peculiar association between Down Syndrome (Trisomy 21) and a FVII defect (FVII Padua) in a family from Argentina.

Patients and Methods: The propositus is a 45 year old man who manifested the typical features of Down Syndrome and an asymptomatic FVII defect.

Results: FVII level was low using rabbit brain thromboplastin but it was near normal using recombinant reagents and perfectly normal with OX brain thromboplastin.

Molecular analysis revealed that the patient was homozygote for the Arg304Gln mutation in exon 8 (FVII Padua), whereas his parents were heterozygotes for the same mutation. A younger brother of the propositus was normal.

No bleeding or thrombosis was present in the propositus and in his family members.

Conclusions: The patient is the first patient with Down Syndrome found to be associated with a rare clotting defect such as FVII deficiency. So far only three associations with Hemophilia A or B had been investigated. The significance of the peculiar association is discussed.

# Introduction

FVII deficiency is the most frequent defect encountered among the rare coagulation disorders. A prevalence of about 1:500.000 thousand people has been estimated and the defect has been described in several parts of the world [1].

FVII Padua (Arg304Gln was first described in 1978 in Italy and subsequently reported in other countries [2,3]. It is a FVII variant characterized by the presence of a variable FVII activity according with the tissue thromboplastin used in the assay system. The FVII activity level is low if a rabbit brain thromboplastin is used whereas it is near normal if human recombinant thromboplastins are used and it is perfectly normal if the OX brain thromboplastin is employed in the assay system [2]. FVII antigen is perfectly normal [2].

Bleeding manifestations are limited or even absent. On the contrary, venous thrombosis has been reported in these patients [4].

The defect has been described in association with other morbid conditions but never with Down Syndrome. Trisomy 21 or Down Syndrome is the most frequent genetic defect with a prevalence of about 1:1000 live births and it has been encountered all over the world [5,6].

The opportunity we have to study a patient with Down Syndrome and a prolonged PT that was not corrected by the administration of Vit. K prompted further studies. These led to the identification in the propositus of a congenital FVII defect (FVII Padua).

The association between Down Syndrome and a congenital coagulation disorders is an extremely rare event. So far only three

patients with Down syndrome and hemophilia A or Hemophilia B have been reported [7-9]. The association with other coagulation factor has never been reported.

The purpose of the present paper is the one to report the study of the unique extraordinary association between Down Syndrome and FVII Padua.

## Family study and methods

The propositus is a 46 year old male who lives in northewestern Argentina (Figure 1).

Parents were not consanguineous and had, apparently, a spanish-portuguese background. The mother was 30 year old when the propositus was born. The diagnosis of Down Syndrome due to a Trisomy 21 was established during the first year of life in Argentina. Despite the diagnosis, the child had no major problem during childhood. The typical physical features of Down syndrome were: a moderate mental impairment together with the usual facial expression, speech impairment, and a limited growth. However, he was always affectionally and socially involved with family members and friends.

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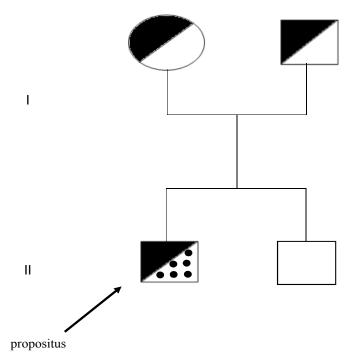
Key words: Down Syndrome, Trisomy 21, FVII, FVII Padua, Arg304Gln

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**Figure 1.** Family pedigree. The propositus, affected by Down Syndrome and homozygosity for the Arg304Gln mutation (FVII Padua) is indicated by an arrow. The parents are both heterozygotes for the Arg304Gln mutation. The younger brother is normal.

The patient never presented undue bleeding. Tooth extractions were carried out without any complication. At the age of 19 he presented hematuria without any apparent cause. At that time a PT 20% of normal was found. The defect did not respond to Vit K administration. Since the hematuria subsided spontaneously, no further studies were carried out and a tentative diagnosis of liver damage was formulated.

The patient felt well for several years despite the limitation due to the basic abnormality. He was involved in several manual activities that he accomplished with success and satisfaction. At the age of 41, a laboratory control revealed a PT of 15% of normal and a FVII level of 2%, whereas FII, FV, FVIII, FIX and FX were normal. Another FVII assay, in another laboratory, was 13%. A diagnosis of FVII deficiency was then formulated.

At the age of 45 the patient presented with episodes of dyspepsia and vomit. Multiple gall bladder stones were discovered and surgery was indicated. A preparatory evaluation of the clotting system revealed a PT of 18% and a FVII of 1% of normal.

Tests were then repeated in another hospital using a human recombinant thromboplastin and a PT of 89% of normal together with a FVII level of 49% were obtained.

Surgery was then carried out without the protection of Prothrombin Complex concentrates which had been prepared in case of excessive bleeding. No complication occurred. The patient has never had a venous or arterial thrombotic event. On the suspicion of a FVII abnormality samples were sent to Padua for further studies.

Coagulation tests were carried out in Tucuman and in Padua as previously reported [2]. aPTT and PT were carried out using standard procedures. The reagents used for the aPTT was supplied by Instrumentation Laboratory, Milan, Italy. Five reagents were used for the PT and the FVII assays, namely: two rabbit brain thromboplastins (Thromboplastin HS, Instrument Lab, Milan and Neoplastin plus, Stago

Laboratories, Asniers, France); a reagent obtained from human placenta (Thromborel S, Dade-Behring, Marburg, Germany); one human recombinant thromboplastin (Recombiplastin 2G, Instrumentation Laboratory, Milan, Italy) and an ox brain thromboplastin (Thrombotest, Nygard Laboratories, Norway).

Factor VII clotting assays were carried out on 1:10 diluited plasma using known FVII deficient plasma as substrate and the different thromboplastins. FVII antigen level was studied by an Elisa method (Asserachrom FVII, Stago Laboratories, Asniers, France). Molecular studies were carried out as previously reported [10], DNA was extracted from dried thick drops of whole blood blotted on Whatman paper. For this purpose we used the kit (QiAmp DNA minikit) supplied by QIAGEN Laboratories (Qiagen s.r.l., Milan, Italy). Amplification of exons 1 to 8 and respective spice junctions of the FVII gene were performed using oligonucleotide primers kindly supplied by Dr. James H. (Tyler, Tx, U.S.A.) or acquired from Invitrogen (Carlsbad, Ca, U.S.A.).

Mutational analysis was performed by polymerase chain reaction (PCR) amplification using oligo 8AF (5'-GAGGTGGCAGGTGGTGGAAA- 3'), 8AR (5'CGGCACAGAACATGTACTCC-3') 8BF (5'-TGATGACCCAGGACTGCCT-3'), 8BR (5'-GGGATTTGGTGCCAGGACA- 3'). PCR was carried out in a total volume of 15  $\mu L$  with 50 ng of genomic DNA, 10 mM of each primer, and 9  $\mu$ l of PCR Master Mix, 2X (Promega, Madison, Wisconsin, U.S.A.). After an initial denaturation step at 95°C for 5 minutes, amplification was performed for 35 cycles (denaturation at 95°C for 1 minute, annealing at 57°C for 1 minute, and extension at 72°C for 2 minutes). PCR products were bidirectionally sequenced using the ABI PRISM BigDye Terminator Cycle Sequencing Ready Reaction Kit and ABI3130 Genetic Analyzer (Applied Biosystems, Foster City, Ca, U.S.A.).

### Results

Main results of the coagulation study are summarized in Table 1. Platelets and bleeding time are normal. PTT wass also normal., on the contrary, PT was variably prolonged using rabbit brain thromboplastins but was near normal or normal using a recombinant thromboplastin, or an ox-brain preparation. The prolonged PT obtained with the rabbit brain thromboplastin was corrected by the addition of normal plasma. Similarly, FVII assay was also low with the rabbit brain thromboplastin but it was near normal (49%) with the recombinant preparation and completely normal (100% of normal) using the ox-brain thromboplastin.

All other coagulation factors were within the normal limits. The parents had a slightly prolonged or a borderline PT and FVII levels around 50-60% of normal using rabbit brain thromboplastins. They had near normal or normal FVII levels using the recombinant preparations.

Molecular biology studies revealed that the propositus resulted to be homozygote for Arg304Gln mutation in exon 8. The parents were heterozygotes for the same mutation and had no bleeding tendency. The brother was normal (Figure 2). Furthermore, no family member had thrombotic events.

### Discussion

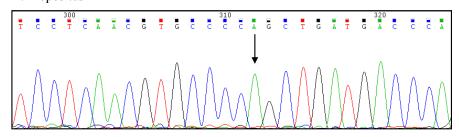
Trisomy of chromosome 21 (Down Syndrome) is supposed to have a prevalence of about 1 in 1000 live births [5]. The abnormality is frequent in Argentina [6]. This family had the peculiarity that the mother of the propositus was 29 years old at the time of conception and that a younger brother of the propositus was normal.

Hematol Med Oncol, 2020 doi: 10.15761/HMO.1000204 Volume 5: 2-5

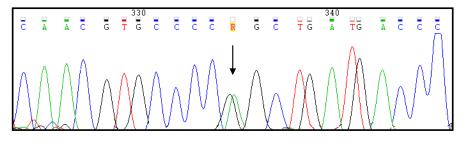
Table 1. Coagulation studies carried out in the propositus

Test	Result	Normal values	Type of reagent
Platelet count	190 x 1000	150-300 x 1000	
Bleeding time	< 5 min	<5 minutes	
PTT	37 sec	32-40 sec	
PT	54 sec (14%)	14-15 sec	Rabbit brain
TT	16 sec	15-20 sec	Thrombin
FVII activity	1%	85-115%	Rabbit brain (Instrument Laboratories)
FVII activity	1%	85-115%	Rabbit brain (Neoplastin plus Stago)
FVII activity	41%	85-115%	Human placenta
FVII activity	49%	85-115%	Recombinant thrombopastin
FVII activity	100%	85-115%	OX brain
FVII antigen	102%	85-125%	
FII, FV,FVIII, FIX, FX, FXI, FXII	normal	85-115%	

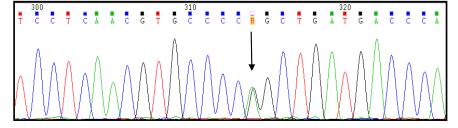
# 1. Propositus



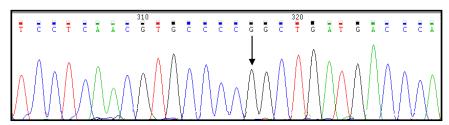
# 2. Mother



# 3. Father



# 4. Brother



**Figure 2.** DNA sequencing pattern in the propositus who is homozygote for the Arg304Gln mutation (top); his mother and his father, who are heterozygotes, (middle tracings) and his normal brother (bottom). Arrows indicate site of mutation in exon 8.

Hematol Med Oncol, 2020 doi: 10.15761/HMO.1000204 Volume 5: 3-5

Due to this relatively high incidence, Down Syndrome has been associated with several conditions.

However, the association with congenital bleeding disorders seems extremely rare. Only two patients with severe Hemophilia A [7,8], and one patient with Hemophilia B have been described [9]. In a general paper on the hematological conditions found in patients with Down Syndrome bleeding disorders are not even mentioned [10].

Down Syndrome has been found to be occasionally associated also with prothrombotic conditions. A 1 year old girl was found to be heterozygote for FV Leiden and homozygote for methylentetrahydrofolato reductase (MTHFR) deficiency and a 19 year old woman, heterozygote for FV Leiden [11,12]. In this regard it has to be underlined that for the majority of patients no information is available [13-15].

The present association with a rare coagulation disorder such a FVII defect is unique. Despite the two abnormalities the patient is still in fair condition. This is the third proven case of FVII Padua found in Argentina [16,17]. Similar cases may exist but there is no proof.

FVII Padua has been reported to be associated with venous thrombosis but the patient never complained of such condition [4]. This is of relevance since Down syndrome has been also frequently associated with thrombotic events, mainly venous [18-20].

The rarity of the association between Down Syndrome and clotting disorders is surprising. If one takes into account that Down syndrome (chromosome 21) is present in about 1 in 1000 live births and that the two hemophilias (chromosome X) in about 1:5000 people, one would expect a more frequent clinical association.

The only 3 cases presented in the literature are probably less than what could be expected. Since patients with hemophilia A or B do bleed, it is unlikely that such a combination of defects could go undetected. The association with other clotting defects, particularly if at the heterozygote level, may go undetected for the frequent lack of bleeding symptoms. The PT prolongation may be wrongly attributed to liver damage and/or to poor Vit K intake when it could have been due to the association with a mild deficiency of FII, FV, FVII or FX. Since FVII deficiency has a prevalence of 1:500.000 whereas that of the other rare coagulation disorders, namely FII, FV, FX,FXIII is about 1:1.500.000, it is not surprising that the first association of DS occurred with the former. Association with the latter defects may never occur.

No observation has been demonstrated that chromosome 21 is involved with the chromosomes responsible for clotting factors defects.

Interestingly, Zergollern, *et al.* [7], reported that the patient with hemophilia A and Down syndrome had lower levels of FVIII (less than 1%) as compared with a brother who had only hemophilia A but with a FVIII level of 2.8% of normal. The significance of this observation remained unexplained and in contrast with the observation that hemophilia severity is uniform in the families affected. If confirmed it could indicate that the presence of Down syndrome could aggravate the clotting defect.

The presence of Trisomy 21 does not seem to influence the FVII clotting defect. In fact, the typical clinical and laboratory picture of FVII Padua defect was present in the propositus.

The present study indicates that Down Syndrome may be associated also with chromosome 13 that controls FVII.

Finally, it is worth noting that the patient never presented with a thrombotic event, despite the presence of two conditions, namely FVII

Padua and Down Syndrome which are variably, but surely associated with thrombosis, especially venous thrombosis [4,21-23].

# Compliance with ethical standards

- 1) The study was carried out according to the Helsinki convention. The propositus and his parents were duly informed about the investigation and gave their consent.
  - 2) The authors declare that there are no conflict of interest.

# Acknowledgement

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Hematol Med Oncol, 2020 doi: 10.15761/HMO.1000204 Volume 5: 4-5

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Hematol Med Oncol, 2020 doi: 10.15761/HMO.1000204 Volume 5: 5-5