Multiple electrode aggregometry in thrombocytopenic haemato-oncologic patients – Influence of haematologic variables

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Abstract

Introduction: Clinical experience with Multiplate aggregometry is limited in thrombocytopenic, haemato-oncology patients.

Objectives: The primary objective of this prospective observational pilot study was to characterise changes in Multiplate area under the curve related to variations in platelet count. Secondary objectives were to characterise changes in Multiplate area under the curve related to variations in the haematological variables white blood cell count, haemoglobin concentration, mean platelet volume, and reticulated platelet percent and count.

Materials: Ten thrombocytopenic, haemato-oncology patients were included. Haematological measurements were performed daily, and Multiplate analyses on weekdays.

Results: Multiplate scores with the agonists adenosine diphosphate, collagen, ristocetin and thrombin receptor activating peptide were obtained on 189 study days. The scores range was 0 to 126. When the platelet count was below 33 × 10^9/L many samples had an area under the curve that was zero with at least one agonist. Platelet count, white blood cell count and reticulated platelet count were positively associated with the area under the curve. Interactions analysis for platelet count and reticulated platelet percent showed that the effect of reticulated platelets were dependent on platelet count.

Conclusion: We conclude that platelet count, white blood cells and reticulated platelets affected the results of the Multiplate analysis, and that for platelet counts below 33 × 10^9/L many Multiplate measurements were zero. Our results indicate that this analysis may not be applicable in routine evaluation of thrombocytopenic haemato-oncology patients.

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Materials and methods

This prospective, observational pilot study was approved by the local ethics committee. All subjects gave their written informed consent before participation. Adult patients (age ≥18) with a haematological disease and thrombocytopenia with TPC < 50 × 10⁹/L, or expected to develop this grade of thrombocytopenia were approached. Patients with known congenital clotting disorders, regular use of anticoagulants in the study observation period, and immune thrombocytopenic purpura, were excluded.

Patients were enrolled consecutively from the Section for Haematology, Department of Medicine, at Haukeland University Hospital, Bergen, Norway from June 2013 until February 2014. For each participant, the study observation period lasted until platelet count recovery (unsupported platelet count > 50 × 10⁹/L), hospital discharge, or at most for 30 days of thrombocytopenia with TPC < 50 × 10⁹/L. Patients were eligible for inclusion in more than one chemotherapy cycle.

Laboratory investigations

Blood samples were collected from a central venous access (Hickman line) or an antecubital vein. Blood for Multiplate analysis was collected into 4 ml Vacuette Sodium Heparin tubes (Greiner Bio-One GmbH, Kremsmünster, Austria) every morning, Monday to Friday, in the study observation period. Sampling for haematology measurements was performed daily (including Saturdays and Sundays) into Vacuette 3 ml K₂EDTA tubes (Greiner Bio-One GmbH, Kremsmünster, Austria).

Multiplate analysis

Multiplate analysis is performed in a single-use test cell which incorporates two pairs of sensors, giving two parallel results and serving as a built-in quality assurance. The test cell is connected to the instrument with a sensor cable and the electrical resistance between the two sensor wires in a pair is recorded during the six-minute test period. The signal reaction in the Multiplate analyser is triggered by the adhesion of activated platelets to the surfaces of the sensor electrodes. The increase in electrical impedance caused by the attachment of platelets onto the Multiplate sensors is transformed to arbitrary aggregation units (AU) and plotted against time. Three variables are calculated: area under the curve (AUC), aggregation (AU), and velocity (AU/min). The most important variable is the AUC, which is recorded as Units or U, an arbitrary unit (10 AU per min = 1 U). AUC can have values from zero to well over 100. It is affected by the total height of the aggregation curve as well as by its slope and is best suited to express the overall platelet activity. The aggregation is the maximum height of the curve during the measurement period and the velocity is the maximum slope of the curve.

AUC was determined for four commercially available agonists that activate a range of receptors: adenosine diphosphate (ADP), collagen (COL), ristocetin (RISTO), and thrombin receptor activating peptide (TRAP). ADP activates three different ADP-receptors [10] and COL activates collagen receptors, mainly integrin α₂β₁ and glycoprotein V1 [11]. RISTO causes von Willebrand factor to bind to the glycoprotein Ib receptor [12], and TRAP stimulates the protease-activated-receptor-1 [13].

Multiplate analysis was performed according to the manufacturer’s instructions and within 1 hour after collection. Reference values for Lithium Heparin are reported, as values for Sodium Heparin are not available from the manufacturer. Kaiser, et al. showed that Sodium Heparin and Lithium Heparin anticoagulated samples give equal results for ADP in the first hour after sample collection [14]. During further storage Sodium Heparin conserved the results better than Lithium Heparin.

Haematology analyses

TPC, Hb, MPV and WBC were tested daily using a Cell-Dyn 4000 automated haematology analyser (Abbott Laboratories, Abbott Park, IL, US). Reticulated platelet percent (RPP) were analysed daily using a Cell-Dyn Sapphire automated haematology analyser (Abbott Laboratories, Abbott Park, IL, US). RPP and TPC were used to calculate reticulated platelet count (RPC).

Statistical analyses

This is a pilot study assessing previously unexplored associations between Multiplate analysis and haematological variables in thrombocytopenic haematological patients. Power calculations were not performed due to lack of data. Statistical analysis was performed with IBM SPSS statistics for Windows, version 23 (IBM Corp., Armonk, NY). Descriptive statistics are reported as quartiles (Q₁, Q₂ and Q₃). Mixed model analysis was used to account for repeated measures and for patients being included twice. The AUC variables are strongly skewed to the right for all four agonists, with many measurements under the detection limit of the test (AUC = 0) and a few values in the high end of the scale. To find the models that best fitted the criteria for linear mixed model analysis, the AUC variables (the outcome variables) were analysed without transformation, with ln transformation and with square root transformation against all relevant predictor variables. The analyses were repeated after ln transforming the predictor variables. From these analyses it was found that most models would benefit from an ln transformation of the AUC variables. As ln of zero is undefined, a constant, 1, was added to all AUC values to allow for statistical use of the results. The AUC variables are therefore ln of 1+AUC, but are referred to as AUC in the text.

WBC was the only predictor variable that was transformed in the final analyses, also by ln transformation, as this gave a better fitting model in most analyses. In the cases where WBC was beneath the detection limit of the analysis (< 0.2 × 10⁹/L), the value was set to 0.1 to include it in the analysis. For the same reason TPC was set to 2 in the few cases where it was below the detection limit (< 5 × 10⁹/L).

Analyses of interactions between RPP and TPC and between MPV and TPC were performed. To find the range of TPC for positive and negative effect of RPP and MPV on the outcome, the regression equation was derived with respect to RPP or MPV, respectively, and equated to zero. The solution of the equation gave the cut-point for TPC where the association between RPP or MPV and the outcome changed from negative to positive or the opposite.

Results

Ten patients (9 male, 1 female) were recruited. Four patients were included and gave written, informed consent in two subsequent chemotherapy cycles, giving 14 study observation periods (SOPs). Three patients (1 male, 2 female) declined to participate in the study.

The 10 individuals enrolled had a median age of 45.5 years (range 28-64). The diagnosis was acute myelogenous leukaemia (AML) in 4 individuals, myelodysplastic syndrome (MDS) in 2, MDS-AML in 2, multiple myeloma in 1 and histiocytic sarcoma in 1. Of the patients who were included twice, two had AML and two had MDS.
The treatment regimens for the 14 SOPs were remission induction chemotherapy in 11, consolidation chemotherapy in 1, allogeneic stem cell transplantation in 1 and autologous stem cell transplantation in 1.

In 10 of 14 inclusions the platelet count was \( < 50 \times 10^9/\text{L} \) at the time of inclusion. The patients were followed throughout their 14 SOPs for a total of 298 days. The median observation period was 21 days, ranging from 7 to 39 days. There was a total of 261 study days with TPC \( < 50 \times 10^9/\text{L} \). In 3 SOPs there were no days with TPC \( > 50 \times 10^9/\text{L} \). Thrombocytopenia with TPC \( < 20 \times 10^9/\text{L} \) was found on 119 study days and in all SOPs (median duration 8 days). TPC \( < 10 \times 10^9/\text{L} \) was found on 25 study days, occurring in 10 SOPs (median duration 1 day).

Platelet count was available for 294 (98.7\%) study days. 189 samples for Multiplate analyses were obtained from the participants during the study. The Multiplate laboratory results are summarised in table 1.

Associations between haematology variables and Multiplate analysis

Summaries of the haematological laboratory results are shown in table 2.

When the TPC fell below \( 33 \times 10^9/\text{L} \), many samples had an AUC = 0 with at least one agonist, while the 42 samples with TPC of 33 or above had detectable aggregation (AUC > 0) with all four agonists. Table 3 presents the proportions of samples with AUC = 0 when TPC < 33 for each agonist. We found that all four ln transformed AUC variables were significantly correlated to TPC at the 0.01 level (2-tailed). Pearson’s r was around 0.7 and Spearman’s ρ around 0.8 for all four correlations (data not shown). The association between TPC and Multiplate AUC was positive for all agonists. The associations persisted after adjustment for ln of WBC, as presented in Table 4.

Ln of WBC shows a significant positive association with AUC for all agonists, also after adjusting for TPC (Table 4). The correlation coefficients between ln of WBC and ln of AUC for the four agonists were around 0.7-0.8 for Pearson’s r and around 0.5-0.6 for Spearman’s ρ (data not shown).

The results of the linear mixed model analyses for MPV, RPP, RPC and Hb non-adjusted, and adjusted for TPC and ln of WBC are shown in Table 5.

A significant negative association was found between MPV and AUC for all four agonists, and the association remained significant for ADP, COL and TRAP after adjusting for TPC and ln of WBC. Tests of interaction between TPC and MPV (Table 6) showed that the effect of MPV is different for different platelet counts. Taking this interaction into account, the association between MPV and AUC is positive when the TPC is above \( 20 \times 10^9/\text{L} \) for ADP, 19 for COL, 17 for RISTO and 16 for TRAP, and negative when TPC is below these values. The association between TPC and AUC is positive for all measured values of MPV.

For Hb there was no significant association with AUC for any of the agonists, whether in unadjusted analysis or when adjusted for TPC and ln of WBC.

RPP had a significant negative association with AUC for RISTO, but not for the other agonists, persisting after adjusting for TPC and ln of WBC. Tests of interaction between TPC and RPP (Table 7) indicated that there is an interaction between the two variables for all four outcome variables. When we take this interaction into account, RPP was positively associated with AUC when TPC was above \( 12 \times 10^9/\text{L} \) for ADP, 14 for COL, 21 for RISTO and 11 for TRAP and negatively associated with AUC when TPC was below these values. TPC was positively associated with AUC for all values of RPP. When adjusting the interaction analysis for ln of WBC, TPC was no longer significant (P=0.085) for TRAP, but RPP and RPC remained significant for all agonists. The results for RPC could not be adjusted for TPC, since RPC is the product of TPC and RPP, but unadjusted and adjusted for ln of WBC there was a significant positive association for RPC with AUC for all four agonists. RPC was also positively associated with AUC for all agonists in the tests of interactions between TPC and RPP.

Discussion

The primary objective of the study was to characterise the effect of change in TPC on Multiplate AUC in thrombocytopenic haematological patients.

Previous studies of healthy volunteers and patients with stable CAD have found that TPC affects Multiplate results, especially when platelet counts are low, but no studies have been identified that tested the blood of patients with actual thrombocytopenia [1-4,15-17]. We found a significant association between TPC and AUC for all four agonists in patients with severe thrombocytopenia, which is in concordance with previous studies in healthy volunteers and CAD patients.

We found that many samples did not have detectable aggregation (AUC = 0) when the TPC was below \( 33 \times 10^9/\text{L} \). Kander, et al. also found AUC = 0 in some samples activated by ADP (AUC 0-9), but not by COL (AUC 1-16) or TRAP (AUC 1-18), in patients with bone marrow failure and platelet counts between 18 and 32 [5]. Stissing, et al. tested blood from healthy volunteers diluted with autologous plasma to platelet counts down to \( 25 \times 10^9/\text{L} \) [1]. Exact AUC values are not reported, but a graph shows that for the samples with platelet count 25, AUC approaches 0 [1]. This seems to be in concordance with
Table 4. Linear mixed model analysis of impact of total platelet count (TPC) and the natural logarithm (ln) of white blood cell count (WBC) on ln of 1+Multiplate area under the curve (AUC). Outcome variables are ln of 1+ Multiplate area under the curve (AUC) for the agonists adenosine diphosphate (ADP), collagen (COL), ristocetin (RISTO) and thrombin receptor activating peptide (TRAP). Outcome is listed as AUC, but is really ln(1+AUC). The results shown is the predicted change in outcome (B) when the predictor variable changes with 1 unit and the other predictor variable is kept constant in adjusted analysis, the 95% confidence intervals of B, and the probability (P) of finding B if the null hypothesis is true. Predictor variables are mean platelet volume (MPV), reticulated platelet percent (RPP), reticulated platelet count (RPC) and haemoglobin concentration (Hb) and in the adjusted analysis also total platelet count (TPC) and the natural logarithm (ln) of white blood cell count (WBC).

Table 5. Linear mixed model analysis of impact of haematologic variables on ln of 1+ Multiplate area under the curve (AUC). Outcome variables are ln of 1+ Multiplate area under the curve (AUC) for the agonists adenosine diphosphate (ADP), collagen (COL), ristocetin (RISTO) and thrombin receptor activating peptide (TRAP). Outcome is ln(1+AUC). The results shown is the predicted change in outcome (B) when the predictor variable changes with 1 unit and the other predictor variables are kept constant in adjusted analysis, the 95% confidence intervals of B, and the probability (P) of finding B if the null hypothesis is true. Predictor variables are total platelet count (TPC) and the natural logarithm (ln) of white blood cell count (WBC).
with ADP, COL and TRAP after adjusting for TPC and ln of WBC. This is the opposite of what Grove, et al. [17] found for ADP and COL in patients with stable CAD. The patients in the study by Grove, et al. had normal platelet counts, while the patients in this study have a severe thrombocytopenia on the majority of study days. This may be the reason for the contradicting results. When taking into account the interaction between MPV and TPC, the association between MPV and TPC is not taken into account.

To account for interactions between TPC and RPP, we analysed an interaction model with these two variables and their product, RPC. The three variables were all significantly associated with AUC for all four agonists, indicating that there is an interaction between TPC and RPP, and that the effect of TPC is different for different values of RPP. When taking the interaction into account, there is a significant association between RPP and AUC for all four agonists, and the association is positive when TPC is above a certain value (11-21 × 10^9/L for the different agonists). We are not aware of any other studies where interaction models have been analysed. When the interaction analysis was adjusted for ln of WBC, TPC no longer had a significant association with AUC whether unadjusted or adjusted, and also in the interaction analysis. This suggests that for strong agonists, reticulated platelet count can be of greater importance than total platelet count in predicting aggregation response.

RPC was significantly positively associated with AUC whether unadjusted or adjusted, and also in the interaction analysis. This corresponds with the results reported from Grove, et al. [17] in a study

### Table 6. Linear mixed model analysis to test for interactions between total platelet count (TPC) and mean platelet volume (MPV) with and without adjustment for the natural logarithm (ln) of white blood cells (WBC). Outcome variables are ln of 1+ Multiplate area under the curve (AUC) for the agonists adenosine diphosphate (ADP), collagen (COL), ristocetin (RISTO) and thrombin receptor activating peptide (TRAP). The results shown is the predicted change in outcome (B) when the predictor variable changes with 1 unit (and the other predictor variables are kept constant), the 95% confidence interval of B, and the probability (P) of finding B if the null hypothesis is true.

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<th>B</th>
<th>95% CI</th>
<th>P</th>
<th>N</th>
<th>B</th>
<th>95% CI</th>
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<td>-</td>
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<tr>
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<td>164</td>
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<td>-</td>
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### Table 7. Linear mixed model analysis to test for interactions between total platelet count (TPC) and reticulated platelet percent (RPP) with and without adjustment for the natural logarithm (ln) of white blood cells (WBC). Outcome variables are ln of 1+ Multiplate area under the curve (AUC) for the agonists adenosine diphosphate (ADP), collagen (COL), ristocetin (RISTO) and thrombin receptor activating peptide (TRAP). The results shown is the predicted change in outcome (B) when the predictor variable changes with 1 unit (and the other predictor variables are kept constant), the 95% confidence interval of B, and the probability (P) of finding B if the null hypothesis is true.

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on patients with stable CAD. Grove, et al. did not adjust for other variables. Estcourt, et al. found that haemat-o-ncology patients with higher counts of absolute immature platelets had less bleeding than patients with lower counts [9], which support our finding.

Hb did not have a significant association with AUC for any of the four agonists, which is in concordance with the findings of Seyfert, et al. [15], who tested healthy volunteers with arachidonic acid, ADP and collagen as agonists.

The main limitation of our study, but also our main finding, is that a high proportion of the Multiplate analyses had an aggregation of 0. However, a high total number of study days with Multiplate analysis were undertaken. In our pilot study, only 10 patients were included, all being treated for haematological malignancies. However, we acknowledge heterogeneity in diagnosis and treatment regimens in our patients.

This study shows that Multiplate aggregometry in thrombocytopenic haemato-oncologic patients is dependent not only on platelet count, but also on WBC. Reticulated platelets also affect the results of Multiplate analysis, and we showed that there was an interaction between TPC and RPF. Many Multiplate measures were zero, which indicate that this method might not be applicable in this patient group unless the sensitivity can be enhanced. Our results provide a baseline for further evaluation. Larger clinical studies will be needed to address the role of point-of-care analysis in assessment of bleeding risk in thrombocytopenic patients with haematological malignancies.

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