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# Isolated gastric band tube erosion – Unusual complication of gastric band

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#### **Abstract**

We report a patient who underwent removal of an infected port post LAGB in another institution and subsequently presented to our unit for revision bariatric surgery. Upper GI endoscopy done as part of the work up revealed the eroded tubing in the stomach without band erosion. This was confirmed at laparoscopy and the patient underwent removal of the gastric band and subsequently revision to bypass a few months after band removal.

**Abbreviations:** BMI: Body mass index; LAGB: Laparoscopic Adjustable Gastric Band; GI: Gastrointestinal

### Introduction

Laparoscopic adjustable gastric band (LAGB) first introduced in 1993 was a popular bariatric procedure at the time of its introduction. However, high reported complication rates of 10-26% and the availability of other effective alternatives such as sleeve gastrectomy and gastric bypass has resulted in its marked decline as a bariatric procedure. LAGB currently accounts only for 6% of all bariatric procedures [1,2]. Reported complications include band erosion (28%), band slippage (4-13%), port tubing disconnection (20%), port site infection (2%), erosion with intra gastric migration (2-4%) and gastric perforation (0.1-0.8%), migration into small bowel or colon causing obstruction, perforation and peritonitis [3-6]. An atypical presentation of gastric band erosion where the tube which was disconnected due to port site infection had eroded into the antrum of the stomach is hereby presented.

## Case report

A 56-year-old gentleman presented to the bariatric clinic requesting revision bariatric surgery after having a LAGB in another centre 11 years back. His port was removed 12 months prior due to localised port site infection. He had an upper GI endoscopy at the time of the removal of the infected port which ruled out gastric band erosion and was advised by the surgeon to have the band removed at a later date. His BMI was 40 and his comorbidities included hypertension and dyslipidaemia.

He underwent repeat Upper GI endoscopy (12 months after the initial endoscopy at the time of removal of the infected port) in our institution as part of the workup for revisional bariatric surgery. Interestingly, this revealed eroded gastric band tubing which appeared to come from the antrum (Figure 1). There was no evidence of erosion of the gastric band into the stomach.

He underwent diagnostic laparoscopy to assess and remove the gastric band. At laparoscopy, the band was carefully dissected from the

proximal stomach. The band itself was visibly infected and bile stained as evidenced by the colour (Figure 2), but there was no evidence of erosion of the band into the stomach as indicated in the upper GI endoscopy. However, when the tubing was followed distally, it was found to erode into the stomach at the region of the antrum along the lesser curvature (Figures 3-5). A methylene blue leak test on table did not reveal any obvious perforation. In view of absence of perforation, a 12 Fr robinson drain was placed at the site of gastric erosion and he was closely monitored post operatively. He was able to tolerate oral intake the next day and was discharged from the hospital after removal of the drain. Subsequently, he underwent revision to gastric bypass after 9 months and is doing well at follow up

# Discussion

Gastric band erosion is a major complication of LAGB with reported incidence varying between 0.3% - 28% depending on the duration of follow up [7]. This can occur both in early and late settings, the latter usually at 2 years follow up. The proposed mechanisms include pressure induced gastric wall ischemia and necrosis as a result of overfilling of the band, inclusion of excess gastric wall during initial surgery and ingestion of large food boluses or foreign body rejection reaction to the band material causing weak fibrous tissue formation and eventual mural erosion [8].

To the best of our knowledge, this is the first reported case where the tubing of the band in isolation has eroded into the stomach with intact gastric band ten years after the insertion of the LAGB. Isolated port removal (leaving the band and tubing in place) is an accepted technique for managing port-site infections [9]. In our experience, this approach is not without its risks as the unattached tubing can be the

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cause of further complications. After initial management of infected port sites in other centres where the port was removed due to port site infection and the tubing was reduced back into the peritoneal cavity, patients have presented to our unit with intra-abdominal sepsis secondary to the port tubing causing localised peritonitis and sepsis, and small bowel obstruction due to the bowel getting entangled with the port tubing requiring emergency surgery. Similar cases have been

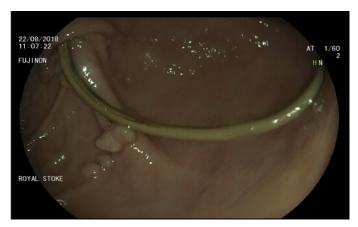


Figure 1. Erosion of the tubing at the antrum



Figure 2. Gastric band being dissected off from the proximal stomach

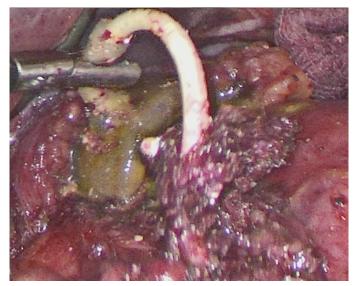
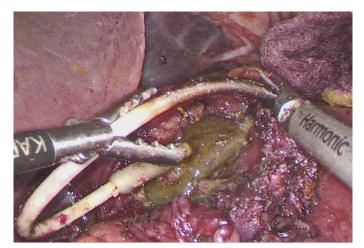


Figure 3. The tubing seen fistulating into the distal stomach in the region of the antrum



**Figure 4.** The tubing being gently pulled out from the gastric lumen. Note the change in colour of the tube as it emerges from the lumen indicating the site where it had eroded into the gastric lumen

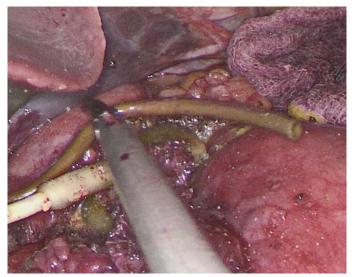


Figure 5. The tube completely withdrawn from the gastric lumen

described elsewhere in literature [10]. Additionally, a further case of tubing eroding into the small bowel has been previously described [11]. This case illustrates the importance of dealing with the entire band when patients present with port site infection. This may involve either removal of the entire band or resiting of the port rather than leaving the port tube intra abdominally which can lead to intra-abdominal sepsis or rarely erosion as illustrated in this patient.

# Conclusion

Among all the complications of LAGB, erosion is a rare but the most worrisome complication which require careful management to prevent further intra-abdominal problems. In case of port site infection, it is not enough to deal with the port alone and leave the tubing inside the abdomen. A holistic approach is required and the whole band complex should be dealt with in its entirety to prevent unforeseen complications such as erosion as highlighted in this case.

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