

# Global teledermatology

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## Introduction

Telemedicine is the delivery of health care services between two remote locations through information and communication technologies to improve a patient's health condition. It is a tool to increase access to quality care services for patients in both developing and developed countries in any situation in which there is a barrier to receiving treatment [1]. There are generally two methods of telemedicine delivery: store-and-forward and live-interactive. The store-and-forward modality involves the transfer of digital images with relevant patient information through email or a web-based platform to a specialist in a remote location for consultation. In live-interactive telemedicine, the patient and/or their healthcare provider meet with the consulting specialist and interact in real time through videoconferencing. Since its inception about 40 years ago in US hospitals, telemedicine services have expanded across the world and now include many different specialties [2,3].

Dermatology is particularly well suited for telemedicine because it is a visual specialty. Teledermatology, defined as the remote delivery of dermatological services and clinical information using telecommunications technology, is the second most developed telemedicine service area globally, behind teleradiology [1,4]. Teledermatology is a rapidly growing field due to technological advancements and its potential to address the shortage of dermatologists in rural and underserved communities. The most recent data published on physician needs assessment estimates that the ideal ratio of dermatologist to population ratio is 1:30,000 [5]. This need is largely unmet across the globe, as the International Foundation for dermatology estimates that 3 billion people in 345 developing countries lack basic care for skin diseases [6]. Table 1 demonstrates the disparity in dermatologists around the world [7].

Much of the current literature on teledermatology solely addresses its validity in healthcare delivery, evaluating diagnostic accuracy, reliability, and patient satisfaction in multiple short-term studies. However, there are few published works on established programs, pilot projects, or feasibility studies in teledermatology, which would indicate that a country has an existing infrastructure and technology that can develop into a permanent program. To the best of our knowledge, the prevalence and locations of teledermatology programs have not been assessed globally. The objective of this paper is to identify established and pilot teledermatology programs across the world.

## Methods

This study looked at the 194 member states recognized by the World Health Organization. We searched the PubMed MEDLINE [in All Fields] and Scopus databases [in Article title, Abstract, and Keywords] for teledermatology programs in each country from 1995 to present. In our search, we used the terms “teledermatology AND [country]”

and “telemedicine OR telehealth AND dermatology AND [country]”. Only articles in English with titles and abstracts that were published online and in print were considered for inclusion. Search results were then screened and studies were excluded based on title and/or abstract if the study solely measured outcomes of diagnostic reliability and accuracy of teledermatology vs. face-to-face consultation, patient satisfaction with the program, or cost-benefit analysis. All articles with descriptive studies of established programs, pilot studies, and feasibility studies were reviewed. The reference lists of identified studies were also searched for further relevant studies.

## Results

Of the 194 countries searched in the literature, 81 were found to have an established teledermatology program, a telemedicine program that includes dermatology, a pilot project in teledermatology, or a feasibility study in teledermatology. The study found 153 total programs globally. Among both active and non-active teledermatology programs, a majority (86%) of programs used store-and-forward as the method of delivery. The remainder of programs used live-interactive, a combination, or an unknown method of delivery.

There was a total of 133 sustained teledermatology programs or active pilot projects around the globe (Figure 1). These programs



**Figure 1.** Map of sustained teledermatology programs and active pilot programs \*4 pilot programs are no longer active [8-40].

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include store-and-forward and live-interactive modalities delivered through government national health systems and other government initiatives, commercial organizations for consumers, and non-profit/charitable organizations. In addition, military use of ongoing teledermatology programs was also found in the literature review and included in this paper.

17 countries performed feasibility or pilot studies, indicating the presence of technology and teledermatology infrastructure which is presented below (Table 2).

Of 131 countries searched in the study that did not have mention of a teledermatology program, a majority (80%) were in the bottom third in terms of population rank [60]

Teledermatology programs in developing countries were mainly delivered through non-profit/charitable humanitarian health networks with volunteer physicians and a simple, web based platform or email for communication between the consultee and specialist (Table 3).

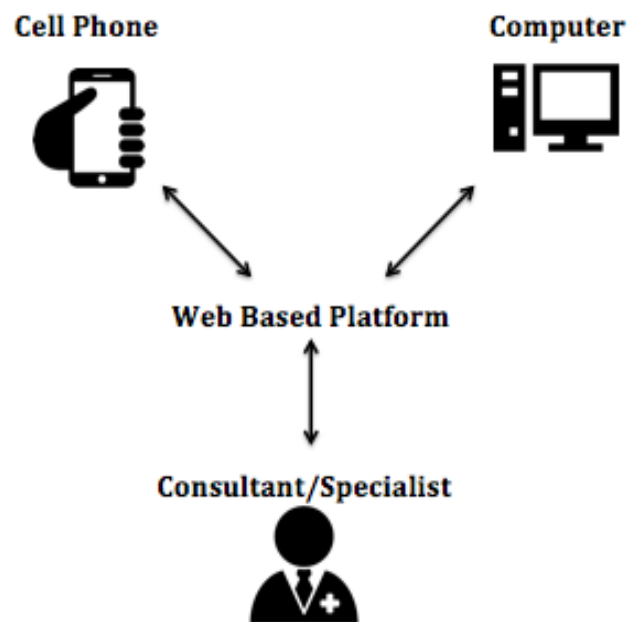
### Discussion

According to a 2011 WHO survey on global telemedicine, teledermatology is more established in high-income group countries, where the main challenges include legal issues with patient privacy and confidentiality, limited reimbursement for practitioners, and competing health system priorities. Developing countries are more likely to face larger barriers to implementation such as resource issues, high costs, underdeveloped infrastructure, and lack of technical expertise [1]. Therefore, teledermatology has been adopted more for use in the developed world where it is seen as a cost-effective way to increase access to care for patients who cannot travel or have inadequate insurance [63]. However, it has great potential to address challenges faced to those in the developing world that are deprived of even basic health care access.

Although developing countries with a high burden of disease and limited resources or access to specialists can arguably benefit the most from teledermatology, many of these countries lack a reliable power supply and cannot afford any sophisticated software needed for a telemedicine exchange. Physicians and government health policy makers in these regions that have very little to spend on healthcare per person may doubt the need for expensive teledermatology equipment when that money could go to much needed drugs for skin diseases. Additionally, with the exception of leprosy and other infectious diseases that affect the skin, dermatologic conditions are given little importance in developing regions that suffer from major lethal health conditions such as malaria, tuberculosis, and HIV/AIDS [30].

**Table 1.** Dermatologist-population ratio in different regions of the world.

USA	1: 30,000
UK	1: 200,000
Other European Countries	1: 50,000
Asia	1: 2000,000 (Urban)
	1: 780,000 (rural)
Sub-Sahara countries	1: 1,000,000 (urban)
	1: 5-50 million (rural)
Central/South America	1: 76,000 (urban)
	1: 1-66 million (rural)



**Figure 2.** Flow of Information for Swinfen Charitable Trust, Telederm, and iPath Telehealth Networks.

Recognizing this dilemma faced by developing countries, humanitarian health networks have developed easy-to-use, open access platforms for underserved regions around the world. The only requirements for participation in the teledermatology programs are access to the internet and a device to send and upload pictures (digital camera or phone). Figure 2 shows a simple schematic of the information exchange in these health network teledermatology programs.

These telehealth networks have been proven to be an efficient method of consultation. A prospective review of email consultations between referring doctors and consulting specialists of Swinfen Charitable Trust operations showed a median time of 1.5 days from a referral to a definitive reply. A similar study conducted on Telederm showed that 60% of requests were answered within one day, 35% within one week, and 4% in two weeks during the first two years of operation. Because the only requirements for participation in the teledermatology programs are access to the internet and a device to send and upload pictures (digital camera or phone), these teledermatology programs have been able to penetrate many developing countries. From 2000 to 2015, internet usage in underdeveloped regions such as Africa, Latin America, and the Middle East have exceptionally grown (Table 4) [64]. Additionally, access to mobile services in the developing world has outpaced the rate at which much of the population is gaining access to basic services such as banking, sanitation, and electricity [65]. With internet and mobile phone usage becoming increasingly available in all areas of the world, these telehealth networks have the potential to expand to more developing countries.

This review was done to provide a comprehensive overview of the prevalence and locations of teledermatology programs globally and has some limitations. New teledermatology programs and pilot projects without published data could exist and were not included in this paper. Articles published in different languages were not reviewed which could possibly explain the lack of teledermatology programs found in

**Table 2.** Summary of studies on teledermatology programs.

Study	Country	Name and Location of Consulting Institution	Geographical Location(s) and/or Institution of Patient Recruitment	Modality and Relevant Technology	Comments
[41]	Argentina	Universidad Nacional de Tucuman	Ranchillos, Tucumán (province)	SAF using the Telemedicine in the Provincial System of Health (SIPROSA)	
[42]	Belgium	Partnership between Department of Dermatology, Hôpital Universitaire Erasme, Université Libre de Bruxelles, Belgium and Dermatology Department of Kaolack Hospital in Senegal, West Africa;	Available to all internet users	Open source free website for telediagnosis, education, and information	Website titled "Black Skin Dermatology Online", intended for use of consult for patients with dark pigmented skin. Currently no telediagnosis on website
[43]	Chile	Consultation to a specialist in Santiago, Chile	Rural communities in Melipilla, Talagante, Isla de Maipo, Curacaví, and María Pinto, Chile	SAF using Ministry of Health (MINSAL) TD electronic platform	
[44]	Denmark	Department of Dermatology, Roskilde Hospital, Roskilde, Denmark	4 home-care organizations in eastern Denmark	SAF using Plejenet, a web-based program created by Dansk Telemedicin	Specifically looked at wound care
[45]	Egypt	Department of Dermatology, Al Hussein University Hospital of Al-Azhar University in Cairo, Egypt	Cairo, Egypt; Al Hussein University Hospital of Al-Azhar University	SAF on a mobile phone with ClickDoc (Click Diagnostics, Boston, MA) software and the telederm.org web-based platform	
[46]	Finland	Department of Dermatology, Tampere University Hospital in Tampere, Finland	Ikaalinen, Finland; Primary Health Care Centre in Ikaalinen	Live-interactive videoconferencing	
[47]	Germany	Clinic for Skin Diseases of the University of Greifswald, Greifswald, Germany		SAF on a smart phone and an online web-based portal	Information was transmitted directly via patients
[48]	Greece	Department of Dermatology and Plastic Surgery in the Athens General Hospital		SAF	
[49]	Guatemala	Division of Dermatology, Albert Einstein College of Medicine, Bronx, NY, USA	Lake Atitlán, Guatemala; Rural clinics	SAF on a smart phone with an application developed by ClickMedix (mobile application/ encrypted website)	medical students served as in-country proxies acting as liaisons between the in-country provider team and remote teledermatologist
[50]	Jordan	Prince Hamzah Hospital in Amman, Jordan	Mafraq Government Hospital and Queen Rania Hospital in Jordan	Live-interactive videoconferencing	
[51]	Mexico	Department of Dermatology General Hospital of Mexico in Mexico City	Rural clinic in a small island	SAF with social media Facebook used as the web-based platform	
[52]	Mongolia	Mongolian National University of Medical Sciences in Ulaanbaatar, Mongolia.	Districts Dhovd, Khuvgul, and Bulgan	SAF with mobile phone based, open source software platform data uploaded to Open MRS (electronic record system)	
[53]	New Zealand	Department of Dermatology of Health Waikato in Hamilton	Taumarunui Hospital, Taupo Health Centre and the Ranolf Medical Centre	Live-interactive videoconferencing	in association with the UK Multicentre Teledermatology trials
[54]	Pakistan	Department of Pakistan Institute of Medical Sciences in Islamabad, Pakistan	Islamabad, Pakistan; Department of Pakistan Institute of Medical Sciences Institute of Dermatology King Edward Medical College Lahore	SAF using TelmedPak web-based platform	
1-[39] 2-[55]	South Africa	1- Telemedicine Unit of the University of Transkei (UNITRA) in Umtata 2- Port Shepstone Hospital	1- Port St. John's, South Africa 2- Durban, South Africa; Nelson R Mandela School of Medicine in	1- SAF using the iPath application network 2- Live-interactive videoconferencing	
1-[56] 2-[57]	Spain		1- Aragón, Spain	1-SAF web-based	2- ongoing
1-[58] 2-[59]	Sweden	1&2-Department of Dermatology at Sahlgrenska University Hospital	1-Referred by general practitioners in Gothenberg, Sweden 2-unknown	SAF 1- mms messaging on a mobile phone 2- Tele-Dermis and iDoc24 mobile application	

**Table 3.** Humanitarian Telehealth Networks.

Name of Network	Countries Served	Interface Used	Program Information
Swinfen Charitable Trust	Timor-Leste, Papua New Guinea, Cambodia, Sri Lanka, Nepal, Iraq, Afghanistan	Email	Second opinions delivered to doctors in developing nations via volunteer specialists around the world. Consults are offered in 30 different specialties, with dermatology being one of the most common [61].
Telederm	<i>Africa Telederm Project:</i> Swaziland, Lesotho, Botswana, Liberia, Eritrea, Malawi, Burkina Faso, Mozambique, Uganda, Kenya, Tanzania, Nigeria	Web based platform: <a href="http://www.telederm.org">http://www.telederm.org</a>	Request is sent with relevant clinical information, and up to 3 images are uploaded and sent to an expert. Correspondence is private. Images can also be sent to an online discussion forum[62].
iPath	Solomon islands, Lithuania, Switzerland  <i>RAFT (Réseau en Afrique Francophone pour la Télé-médecine):</i> Mauritania, Congo (Brazzaville), Benin, Burundi, Tunisia, Chad, Senegal, Rwanda, Mali, Niger, Burkina Faso, Madagascar, Cameroon, Cote D'Ivoire, Morocco, Algeria, Congo (Kinshasa)  <i>Medecins Sans Frontiers:</i> South Sudan, Congo (Kinshasa), Ethiopia	Web based platform: <a href="http://www.openclinical.org/os_iPath.html">http://www.openclinical.org/os_iPath.html</a>	Open access telemedicine platform hybrid web and email application for exchange of medical knowledge, distance consultations, group discussions and distance teaching in medicine[39]

**Table 4.** World Internet Usage and Population Statistics.

World Region	Internet Users 2000	Internet Users 2015	Growth 2000-2015
Africa	4,514,400	318,633,889	6,958.2 %
Latin America/Caribbean	18,068,919	322,422,164	1,684.4 %
Middle East	3,284,800	113,609,510	3,358.6 %

non-English speaking regions. Also, because a majority of the countries without a known teledermatology program were the least populous, it is possible that there is not a significant need for dermatologists in these areas.

## Conclusion

In areas that do not have access to dermatologic care due to distance or simple manpower, teledermatology seems like an ideal solution to reach the underserved. However, many factors such as cost, lack of access to modern communication, and underdeveloped infrastructure serve as major obstacles to its widespread use. Teledermatology has been demonstrated to be feasible and diagnostically accurate in many different settings. Although teledermatology programs are more prevalent in developed countries, non-profit/charitable humanitarian health networks have been able to serve many developing regions with a free and an easy-to-use interface. Future efforts need to focus on expanding the outreach of these existing humanitarian telehealth networks and/or simple, inexpensive technology and strategies to sustain programs in developed countries and developing countries that suffer from a high burden of disease with limited resources.

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