

# Human group 1 carcinogen with chromosomal aberration: A mini review

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## Abstract

Chewing of betel quid (BQ) and areca nut is an ancient custom in South East Asia. The International Agency for Research on Cancer has listed betel quid as group 1 carcinogenic agents to humans, which have role in multistage progression in oral squamous cell carcinoma. Oral squamous cell carcinoma are characterized by complex karyotype that involve many chromosomal aberration (CA) with higher mitotic index in cancer and pre cancer (both betel quid and non betel quid chewers) cases than normal. The present review focuses on carcinogenic effects of betel quid on human chromosome associated with betel quid chewers.

## Introduction

Around 6 million people die from tobacco use and second-hand smoke. The prevalence of smoking among men is higher in lower-middle income countries whereas for the total population; it is higher in upper-middle income countries [1]. In India, tobacco problem is more complex than probably any other country in the world because of the various patterns of tobacco consumption like chewing, smoking, applying, sucking, gargling and a large consequential burden of tobacco-related diseases and death [2]. Incidence of tobacco related cancers like lips tongue, mouth, lungs, oropharynx etc. may also increase during 2015–2025 [3].

Populations with high chewing rates often have a higher incidence rate of oral and pharyngeal cancers than other countries. In BQ endemic areas, a close association is observed between a higher prevalence of BQ chewing and the age standardized rate adjusted by the world population (ASRW) for the incidence / mortality rate of oral and pharynx cancers. In some countries (e.g., Malaysia [4] and Thailand [5]), the intermediate proportion of BQ use may result in an intermediate incidence of oral and pharyngeal cancers. No BQ chewing habits in some countries, such as Singapore, Japan, and Korean.

Rate of BQ use was higher (57.7%) in Papua New Guinea, 62.8% for men and 52.8% for women [6]. In a large-scale survey, the proportion of BQ chewers was 45.2%, 54.0% for men and 42.0% for women, respectively [7]. In Sri Lanka, a large-scale survey, the proportion of BQ chewers was 45.2%, 54.0% for men and 42.0% for women, respectively [7]. In Myanmar a recent report indicated that 24.5% were BQ chewers (combine 16.2% regular chewers with 8.3% occasional chewers) [8]. In Pakistan, the incidence (2012 ASRW) of oral and pharyngeal cancers was 13.5 per 100,000 men and 13.2 per 100,000 women. There was a high proportion of BQ use and an elevated incidence rate of cancers of oral and pharynx in Pakistan. In Nepal. Recently, the national population-based survey reported that the prevalence of BQ chewers was 40.7% (43.6% for men and 34.9% for women) [9]. Recently, in a population-based study conducted among Cambodia adults, 19.7% of women indulged in the BQ habits [10].

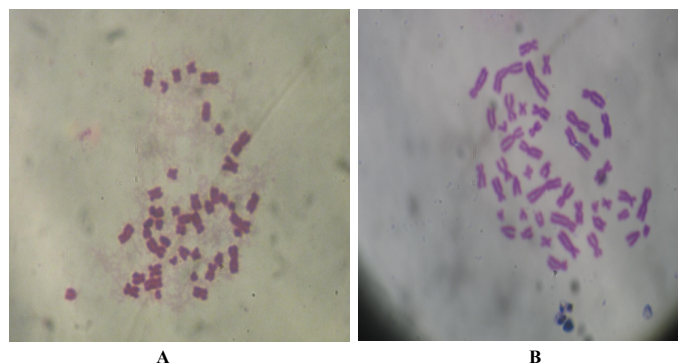


Figure 1. (A) Human chromosomal aberration (Aneuploidy) (B) No chromosomal aberration

Areca alkaloids (arecoline and arecaine) are the major causes of toxicity from AN. The IARC points out that arecoline has limited evidence for carcinogenicity in animal experiments and arecaine has inadequate evidence in animal experiments [9]. In mammalian cells, arecoline and arecaine can cause bacterial mutagenicity, and *in vitro* and *in vivo* tests can result in the exchange of sister chromatid, aberrations of chromosome [4].

Chromosomal instability (CI) or chromosomal aberration (CA) is a crucial genetic event in OSCC and also in its precursors as an initial neoplastic substrate found as abnormal numerical alterations, such as polysomy / aneuploidy (usually 3-5 chromosome copies per nucleus) and monosomy (loss of one chromosome). Chromosomes 1, 3, 4, 5, 7, 8, 9, 11, 14, 18, 19, 20 are predominantly implicated in the carcinogenic process and also in an aggressive malignant phenotype [11].

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In this study total 311 subjects screened from different parts of India mainly betel quid chewers(> 73%),) with leukoplakia(> 9%), erythrplakia(> 7%),) and OSCC(> 15.7%). Mitotic index are higher in cancer and pre cancer cases with betel quid chewing habit than normal. Percentage of chromosomal aberration (CA) is also higher with chromatid break with aneuploidy.

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