# **Review Article**



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# Malignant salivary gland tumors: A short review

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#### Abstract

Both major and minor salivary glands can develop benign or malignant tumors. Malignant Salivary Gland Tumors (MSGT) are very rare and they haves a great pathological diversity.

It is known that their tumorigenesis is a very complex and dynamic process, which is divided into three stages: initiation, progression and metastasis. In addition to grade and tumor stage, both the presence of lymph node and distant metastases are considered primary factors associated with disease prognosis, recurrence and survival in MSGT patients.

The etiopathogenesis and biological behavior of these particular tumors remain unclear, thus, further new investigations involving protein and molecular analysis are needed to have a better understanding of these cancers.

# Introduction

Salivary glands are epithelial tissues specialized in the production and secretion of saliva, which lubricates the mouth and throat. Moreover, it contains enzymes that initiate food digestion process, and also contains antibodies and other substances that help preventing infections.

There are two types of salivary glands: the major and the minor. There is a pair of major salivary glands on each side of the face: the parotid, the submandibular and the sublingual. The minor salivary glands are very small structures, not visible to the human eye, and are dispersed throughout the mucosa.

Both major and minor salivary glands can develop benign or malignant tumors. Malignant Salivary Gland Tumors (MSGT) are very rare and they haves a great pathological diversity. According to World Health Organization (WHO), they comprise around 21-24 histological subtypes [1,2]. It is known that their tumorigenesis is a very complex and dynamic process, which is divided into three stages: initiation, progression and metastasis. In addition to the grade and tumor stage, both the presence of lymph node and distant metastases are considered primary factors associated with disease prognosis, recurrence and survival in MSGT patients [3-5].

The regional neck lymph node and distant metastases are considered as main causes of the treatment failure and/or death in patients with MSGT, thus these metastases still represent a major challenge for both pathologists and clinicians in the diagnosis and treatment [4,6].

### Literature review

#### Epidemiology

Malignant Salivary Gland Tumors (MSGT) are very rare diseases (the incidence is 0.5 - 2 per 100,000), accounting up to 20% of all salivary gland neoplasms, representing about 1 - 7% of head and neck cancers and accounting for 0.3% of all human cancers [1,2,7-11].

The incidence is reported between 40 and 60 years old, and it is slightly higher in men than in women [8,12]. Although the parotid gland

is the most common site for salivary neoplasm, only 25% of parotid tumors are malignant compared to 40%, 50% and 90% of neoplasms reported as malignant among submandibular, minor salivary gland tumors and sublingual glands cancer, respectively [9,13].

#### Classification

According to the New Classification of Head and Neck tumors by World Health Organization in 2017, MSGT can be classified in around 20 subtypes. There are some studies involving the most common among them (Table 1).

#### **Risk factors**

The main causes of MSGT are still not clear. Although the findings in the literature remain controversial, there are some risk factors that are related to the etiology, such as: radiation exposure, tobacco and alcohol consumption; exposure to chemical products or hair dye exposure; diets with low in vegetables and high in animal's fat; history of prior cancer associated to UV radiation, immunosuppression and Epstein-Barr and HPV viruses [12,15,16].

#### Metastasis

The histological type and grade are strongly related to poor prognoses, and also are relevant predictors of regional lymph nodes and distant sites metastasis, and these are very significant prognostic indicators of survival after the final definitive treatment [17].

According to Aro *et al*, 2018, in patients with oral cavity, laryngeal hypopharyngeal cancers, the quantity of pathologically positive lymph

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nodes (LNs) has been shown to strongly correlate with survival, revealing a better metric prognosis than classic LN factors described at American Joint Committee on Cancer (AJCC) eighth edition pathological node staging system. Thus, they proposed a Novel Salivary Gland Cancer Lymph Node Staging System (Table 2).

Later, Elhusseiny *et al.*, 2019 suggested to include examined (dissected) LNs; positive LNs counts; LNs ration into the staging system [13].

In the literature, we can find neck lymph node positivity ranging from 14–50% and occur more frequently in high-grade and advanced T-stage tumors and/or in presence of extracapsular extension and/or facial paralysis irrespective of histology, associating to the decrease in survival. However, among patients with major salivary gland cancer, positive nodal disease confer a greater than 50% [8,12,18].

In a study of 160 patients with MSGT, 13% of the patients presented clinically apparent cervical lymph node metastasis, and the overall incidence of pathologically confirmed lymph node metastasis was 53% [19]. Later, Elhusseiny *et al.*, 2019 evaluated 5446 patients with MSGT,

which 65.28% were > 50 years old and 37.4% in grade III and IV. Parotid gland was the most frequent site 84.61. According to their results, the mean of the examined (dissected) LNs; negative LNs; positive LNs and LNs ratio was 12.46%; 10.27%; 2.38 and 16.57%, respectively [13].

The mucinous adenocarcinomas (MAC) is a very rare disease, accounting only 0.1% of all salivary gland tumor, however, the majority salivary MAC present cervical nodal metastasis in 63% of cases [20].

On the other hand, Distant Metastasis (DM) depends on: primary tumor site; tumor stage and grade; perineural spread; cervical nodal status and genomic signatures. The most common sites are: lung; bone; liver and brain [21,22].

In a study of 60 patients diagnosed as malignant tumor of salivary gland, distant metastases were shown in 52%, involving lung, followed by liver and vertebrae [23]. Shi *et al.*, (2018) evaluated 255 patients with major salivary gland cancer, which 67.1% had regional lymph node. Distant metastasis was found in lung (52.9%); bone 42.7%; distant lymph nodes (29.4%) and followed by liver and brain [24]. Recently, a study of a cohort of 884 patients treated for salivary gland carcinoma,

Table 1. 2017 WHO New Classification of Head and Neck tumors and International Classification of Diseases for Oncology (JCD-O) [12,14]

Classification	ICD-O
Mucoepidermoid carcinoma	8430/3
Adenoid cystic carcinoma	8200/3
Acinic cell carcinoma	8550/3
Polymorphous adenocarcinoma	8525/3
Clear cell carcinoma	8310/3
Basal cell adenocarcinoma	8147/3
Intraductal carcinoma	8500/2
Adenocarcinoma, NOS	8140/3
Salivary duct carcinoma	8500/3
Myoepithelial carcinoma	8982/3
Epithelial–myoepithelial carcinoma	8562/3
Carcinoma ex pleomorphic adenoma	8941/3
Secretory carcinoma	8502/3
Sebaceous adenocarcinoma	8410/3
Carcinosarcoma	8980/3
Poorly differentiated carcinoma:	
Neuroendocrine and non- neuroendocrine undifferentiated carcinoma	8020/3
Large cell neuroendocrine carcinoma	8012/3
Small cell neuroendocrine carcinoma	8041/3
Lymphoepithelial carcinoma	8082/3
Squamous cell carcinoma	8070/3
Oncocytic carcinoma	8290/3
Sialoblastoma	8974/1

Table 2. Comparing the Novel Proposed Nodal Staging System to American Joint Committee on Cancer (AJCC) 8th Edition Nodal Staging System. (+) indicates positive; (-) indicates negative; ENE indicates extranodal extension; OS overall survival. (adapted from Aro *et al.*, 2018)[5]

AJCC 8th Edition Nodal Staging Sytem			Proposed Nodal Staging System			
N-Category	Criteria	3 years OS	N-Category	Criteria	3 years OS	
N0	0 LN+	89.1%	N0	0 LN+	89.1%	
N1	1 ipsilateral LN+, $\leq$ 3cm and ENE(-)	76.3%	Nl	1-2 LN+	72.1%	
N2a	1 ipsilateral or contralateral LN+, ≤ 3cm and ENE(+) or 1 ipsilateral LN+, 3-6 cm and ENE(-)	69.0%	N2			
N2b	>1 ipsilateral LN+, ≤ 6cm and ENE(-)	59.1%		N2 3-21 LN	3 – 21 LN+ 57.3%	57.3%
N2c	>1 bilateral or contralateral LN+, ≤ 6cm and ENE(-)	62.9%				
N3a	>1LN+, > 6cm and ENE(-)	67.7%	N3		23.5%	
N3b	1 ipsilateral LN+, > 3cm and ENE(- ); or >1 ipsilateral, contralateral or bilateral LN+, any ENE(+)	50.7		≥22 LN+		

12 had DM at the initial presentation, and 137 presented DM during follow-up. The most common site was lung, followed by liver, bone and axillary lymph node [6].

Adenoid Cystic Carcinoma (ACCa) is one of the two most frequent salivary gland malignancy, accounting for 7.5% of all salivary gland epithelial cancers and 4% of all salivary gland tumors. It is characterized by relentless growth and variable recurrence and metastasis rates. Histological feature is composed of epithelial and myoepithelial cells arranged in tubular, cribriform and/or solid patterns, correlating with tumor grade. Classically, the predominance of solid areas and presence of perineural invasion in the tumor, clinical factors (older age), increased tumor size and metastasis, have been used as prognostic factors [25,26]. Lee et al., 2012 observed cervical lymph node in 13% among 48 ACCa cases [27]. Brazão-Silva et al., 2013 studies 35 ACCa cases, among them, 14 (28.6%) showed metastases: localized/regional spread in 4.1%; exclusively distant organs (lung, vertebra and kidney) in 16.3%; regional lymph node and distant metastases (lung, liver, vertebra and iliac bone) in 8.2%.(26) A retrospective cohort from a large population cancer database identified 720 patients with ACCa, among them 17.3 showed nodal metastasis and 17.4 showed distant metastasis [28].

The Malignant Mixed Tumor is a very rare entity originated from salivary glands, which has two different types: carcinoma ex pleomorphic adenoma and carcinosarcoma. It accounts for between 3 – 12% of all MSGT. The most common sites of metastases are regional LNs, lungs, bones and abdominal organs [29,30].

Salivary duct carcinoma (SDC) is a very rare disease, usually affects middle-age men and is often located in parotid gland. It is characterized by a high rate of nodal and distant metastases, resulting in bad prognosis and limited overall survival. Boon et al., 2018 evaluated 177 patients with SDC, and they observed the most frequent metastasis sites were: pulmonary (54%); bone (46%); lymph nodes (42%) and brain (18%) [31].

The Clear-cell carcinoma is very uncommon tumor involving salivary glands. The incidence is 0.011 per 100,000 and accounting for <5% of all salivary gland cancers. Lymph node positivity rates of up to 14%, while distant metastases rate up to 3.3% of cases. And it was reported a rare cutaneous metastasis case in 2020 [32].

#### Molecular markers

The diagnosis for MSGT should be based primarily on the morphologic features and with support of immunohistochemistry. Additionally, molecular analysis of MSGT should reveal genetic alteration, which could find predictive biomarkers and new therapeutic therapies for salivary gland tumors.

A study comparing the immunohistochemical characteristics between benign and malignant major salivary gland tumors, they evaluated some myoepithelial and epithelial immunohistochemical markers (SMA, smooth muscle actin, calponin, S100, CD10, GFAP, p63, GCDFP15, GLUT1, 34ßE12, CK14, CK19, CD117, and galectin-3) in 83 patients. Their results showed that GFAP, S100, CK14, p63, and CK5/6 expressions were significantly lower among malignant neoplasm, while SMA and calponin did not showed significant difference between benign and malignant tumors. But, CK19 expression was significantly higher in malignant diseases. Interestingly, CD117 expression favored Adenoid Cystic Carcinoma; 34ßE12 expression favored mucoepidermoid carcinoma and GCDFP15 favored Salivary Duct Carcinoma and Acinic Cell Carcinoma, while GFAP expression favored in pleomorphic adenoma [33]. Kiyoshima *et al.*, (2001) analyzed P53 protein expression in 17 Adenoid Cystic Carcinoma (ACC) and 27 Mucoepidermoid Carcinoma (MEC) in salivary glands by IHC and p53 tumor suppressor gene alteration by PCR/SSCP. The genetic alterations were detected in 17.6% of ACC and 14.8% of MEC. The p53 immunostaining ratio ranged from 0 to 78% in ACC (mean =  $8.2\pm20.4\%$ ) and from 0 to 81.7% in MEC (mean =  $19.2\pm26.1\%$ ), generally the expression was lower in ACC than in MEC. The p53 positive expression in MEC correlated to the histological grade. No correlation exists between p53 gene alterations and p53 protein expression among these tumors [34].

The IHC positive findings for Salivary Duct Carcinoma (SDC) comprise: AR, androgen receptor (73-100%); HER2 (16-83%); GATA3 (73-100%); GCDFP-15 (76-100%); CEA, carcinoembryonic antigen (71-72%); CK 5/6 (14-76%); EGFR (12-33%); p53 (42%) and average KI-67 labeling index (35-46%). And there are some genetic alteration reported in SDC, mainly including: *TP32*; *HRAS*; *BRAF*; *HER2*; *PIK3CA*; *PTEN*; *AKT1* and *ALK*. The differential diagnosis between SDC and metastatic carcinoma of breast origin should be the lack of estrogen receptor or progesterone receptor expression [35].

The Osteopontin (OPN) is also expressed in numerous carcinomas, playing a role in the tumorigenesis, invasion and metastasis. The interaction of OPN with alpha V beta 3 integrin has been associated with increased tumor aggressiveness and metastatic potential. Darling *et al.*, 2005 observed that Pleomorphic Adenoma and polymorphous low grade adenocarcinoma showed higher levels of OPN than normal salivary gland tissue, while Adenoid Cystic Carcinoma displayed only marginally higher OPN expression than normal salivary tissue [36]. In a Japanese study, they evaluated the expression of OPN in 175 patients with primary MSGT. Although all tumors shown OPN positive immunostaining, Adenoid Cystic Carcinoma showed the highest mean sum score (7.3) and higher proportion of carcinoma with high OPN sum score, comparing to mucoepidermoid carcinoma and acinic cell carcinoma. However, the OPN expression did not correlate with known prognostic factors [37].

In an immunohistochemical analysis of c-kit; HER2; IGFR; ER, estrogen receptor; PgR, progesterone receptor; VEGF; c-MET and survivin in 40 MSGT (including 13 ACC, adenoid cystic carcinoma; 12 CXPA, carcinomas ex pleomorphic adenomas; 15 MEC, mucoepidermoid carcinoma). Their results showed that ACC demonstrated significantly higher c-kit (85%); IGFR (77%); ER (38%) expression, on the other hand, CXPA demonstrated significant HER2 (75%) staining, while MEC showed significant IGFR (77%) staining. Thus, they suggest that these findings could be target therapy for these subtype of MSGT [38].

In a Chinese study, they analyzed the expression of NOTCH-1 in clinical Salivary Adenoid Cystic Carcinoma (SACC), and their results showed upregulation of NOTCH-1 in SACC tissues compared to normal tissues. Interestingly, this upregulation was further enhanced in SACC tissues with metastasis and recurrence than SACC cases without metastasis. Thus, they suggested that NOTCH-1 plays a key role in SACC cell growth, anti-apoptosis and metastasis, and it should be a potential therapeutic target [39].

The cyclin-dependent kinase subtype 1(Cks1) expression were evaluated in 64 patients with MSGT (including: 13 mucoepidermoid cell carcinoma, 13 adenocarcinoma, 8 squamous cell carcinoma, 9 acinic cell carcinoma, 7 adenoid cystic carcinoma, 5 low-grade polymorphous adenocarcinoma, and 5 undifferentiated/anaplastic cell carcinoma), and the results were compared to p27, S-phase kinase protein 2 (Skp2), Ki-67, p53 and TUNEL expressions. Cks1 expression was increased in 47% of cases and strongly correlated to increased S-phase kinase protein 2 (Skp2), Ki-67, p53 and TUNEL expression, and it was strongly associated with lymph node metastases, poor prognosis and survival [40].

Programmed death-1 ligand-1 (PD-L1) can suppress the immune system and its higher expression has been related with tumor aggressiveness in some cancers. Harada et al., 2018 examined PD-L1 expression in 47 patients with MSGT, and it was detected in 51.1% of cases. Moreover the PD-L1 immunodetection of tumor cell membranes was significantly associated to stage, recurrence or metastasis after surgery, and patient outcome [41].

Schneider *et al.* (2016) investigated EGFR protein expression in 43 MSGT, including adenoidcystic carcinoma (n = 23), mucoepidermoid carcinoma (n = 17), and adenocarcinoma NOS (not otherwise specified) (n = 3) by IHC. The results showed positive EGFR positive immunostaining in 79% of cases, which were significantly correlated with patient age and lymph node metastasis [42].

Tang *et al.* (2001) analyzed CKIT and Slug protein expression in 121 ACC patients by IHC. According to their results, CKIT had positive expression in 89.26% and Slug in 71.90% of cases. And these expressions were significantly associated with the tumor size, TNM stage, histological pattern, perineural invasion, local reginal recurrence and distant metastasis among all patients [43].

#### Conclusion

Further investigations involving protein and molecular analysis are required to understand the etiopathogenesis, progression and metastasis of malignant salivary gland tumors to develop new therapeutic strategies and offer better prognosis and quality of life for all patients.

#### Statement

The author declares there is no conflicts of interest.

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