

Effect of gum arabic and eugenol on the progression and angiogenesis of walker tumors implanted subcutaneously in wistar rats

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Abstract

Many experimental models are applied to expand the arsenal of molecules that can inhibit or stimulate angiogenesis. Walker 256 carcinosarcoma was discovered when analyzing mammary gland adenocarcinomas in female rats and has been maintained in the laboratory since then. It has fast and aggressive growth, enabling experimental evaluation of the response to antiangiogenics. We analyzed the use of gum arabic, a natural substance obtained from the sap of the trunks and branches of *Acacia senegal* trees, and eugenol, one of the main components of clove essential oil, against Walker tumors in rats. Both substances alone have been experimentally found to have antioxidant activity, as well as anticarcinogenic and cytotoxic effects, but no study has yet tested the effect of both substances simultaneously. Specifically, we evaluated the effect of gum arabic and eugenol on the progression and angiogenesis of Walker tumor cells implanted in the subcutaneous tissue of Wistar rats. Sixty female rats, with average weight of 150 grams, were distributed in 10 groups of 6 animals each, with five control groups and five treatment groups. The treatment groups received Walker tumor implants on the first day of the experiment, followed by administration of the test substances by gavage for 5 days. The control groups received the same substances, except the inoculum was distilled water. The substances administered were distilled water, celecoxib, gum arabic and eugenol, the last of which was used in pure form. We evaluated the tumor dimensions and macroscopic and microscopic appearance (hematoxylin-eosin staining). The study of angiogenesis was performed by immunohistochemistry (CD-31), and the quantification was achieved by evaluation of the microvascular density by the SAMM software applied to images of the areas with greatest microvascular density. The animals that received only distilled water suffered from greater invasion of the dorsal subcutaneous tissue and musculature by the tumor in relation to the other groups. The tumor volume was smaller in the groups that received gum arabic or eugenol alone and those receiving gum arabic together with eugenol and celecoxib, but the microvascular density was smaller only in the group that received celecoxib alone. Thus, only celecoxib inhibited angiogenesis. Gum arabic and eugenol, in the doses administered, reduced the tumor growth, but did not inhibit angiogenesis of the Walker tumor cell implants.

Introduction

Angiogenesis is a process consisting of multiple steps leading to the formation of new blood vessels from existing capillaries. In 1971, Judah Folkman reported the importance of vascularization for the growth of tumors, postulating that a tumor might die if it were prevented from obtaining its own blood supply. Therefore, inhibition of tumor vascularization can be a promising way to treat various types of cancer [1]. The appropriate dose of the antiangiogenic agent can lead to normalization of the tumor vasculature, and thus improve the effect of chemotherapy.

Because of the rising incidence of cancer morbimortality in Brazil and the rest of the world, it is necessary to find new alternatives to fill gaps in the current treatment arsenal.

The Walker 256 carcinosarcoma was discovered in 1928 in mammary gland adenocarcinomas of pregnant female albino rats.

Since then, these tumors have been maintained in the laboratory in musculature implants of rats [2]. Their rapid development and aggressiveness enables experimentally evaluating the response to antiangiogenics.

Gum arabic is a product obtained from the sap of the trunks and branches of *Acacia Senegal* trees [3]. Various studies have shown its

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potent antioxidant effects in humans, by diminishing oxidative stress [4]. The relationship between oxidative stress and angiogenesis is well established, as is that between oxidative stress and tumor hypoxia [5].

Eugenol is one of the principal components of clove essential oil. It reportedly has anticarcinogenic, cytotoxic and antitumor activities [6], producing a greater cancer cell apoptosis rate than other commercially available drugs [7].

The angiogenesis inhibitors currently available to treat malignant neoplasms are not effective against all tumors, so it is necessary to investigate new possibilities. The objective of this work was to evaluate the effect of gum arabic and eugenol, alone and combined, on the progression and angiogenesis of Walker tumors implanted in Wistar rats, through immunohistochemistry, as well as the tumor growth and possible metastasis.

Methods

Subjects

This study was approved by the Committee on Ethical Use of Animals (CEUA) of Ceará Federal University (UFC). We used 60 female Wistar rats, supplied by the bioterium of UTC's Department of Surgery. The animals were kept in groups of 6 per cage, in 10 cages, and were clinically assessed throughout the experiment.

Experiment

On the first day of the experiment, groups I, II, III, IV and V (control) received inoculum of distilled water (0.1 mL) on the back,

while groups VI, VII, VIII, IX and X received Walker tumor cell implants on the back. In the five ensuing days, the substances were administered by gavage in both groups, in a case-control experimental design (Figure 1)

The Walker tumor cells are maintained weekly in the bioterium of the Drug Research and Development Center (NPDM). A solution was prepared of Ringer's lactate (10 mL) and gentamicin (100 uL at a concentration of 40 mg/mL) and divided in two Falcon tubes. Then 5 ml of this solution was placed in a Petri dish and kept on ice. Next, three animals with Walker tumors were euthanized by anesthetic overdose (according to the National Council on Animal Control and Experimentation - CONCEA). The tumor was removed from each animal (Figure 2) and placed in a Petri dish and cut into small pieces with surgical scissors and tweezers until forming a macerate with solid and liquid parts (Figure 3). The solid was discarded and the liquid part was collected in a syringe and emptied into a Falcon tube. From this material, 0.7 mL was inoculated intramuscularly in the calf of one of the hind legs, at a concentration of 10⁶ tumor cells/mL, of five animals, which were placed individually in labeled cages.

After seven days, the five animals were euthanized and the tumor was removed to count the cells, to attain a concentration of 2.0 x 10⁶ tumor cells/mL. Then a solution was prepared of 20 uL of tumor liquid with 20 uL of trypan blue in an Eppendorf tube, and placed in a Neubauer chamber for counting in two fields on the diagonal. The value was multiplied by 10⁶ to establish the estimated concentration of tumor cells/mL and diluted to adjust the concentration to the volume of 0.1 mL, for inoculation.

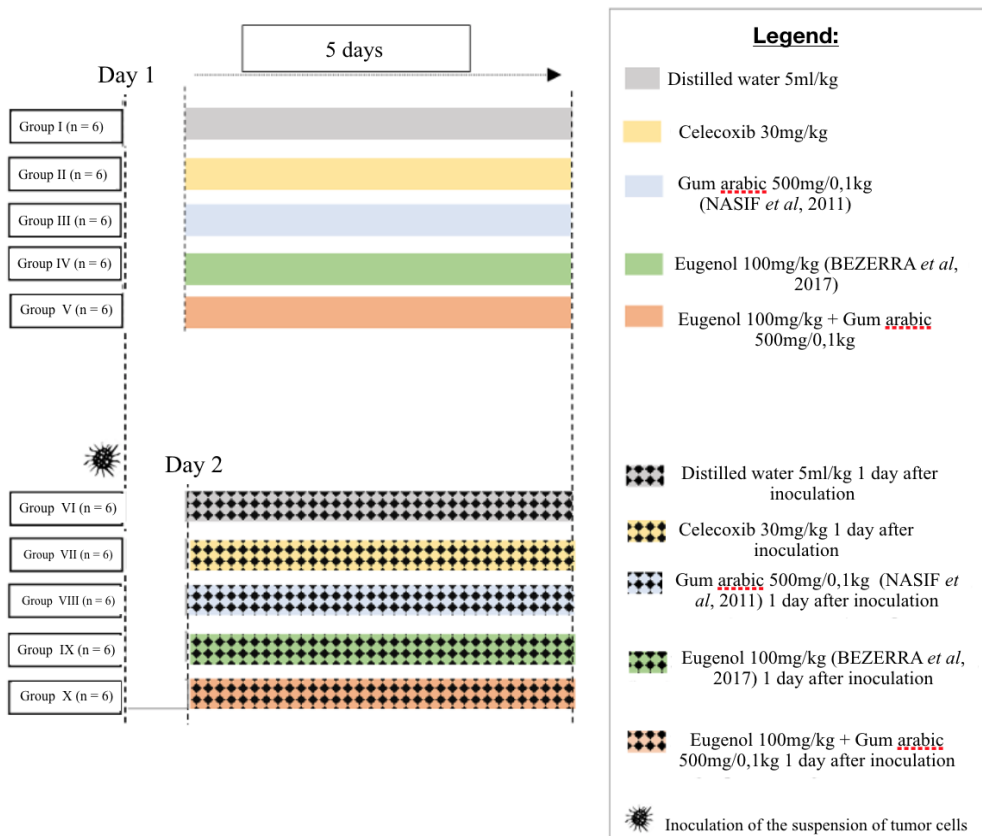


Figure 1. Experimental design

Walker tumor cells and inoculum administration on the animals' backs



Figure 2. Removing the tumor from the hind calf

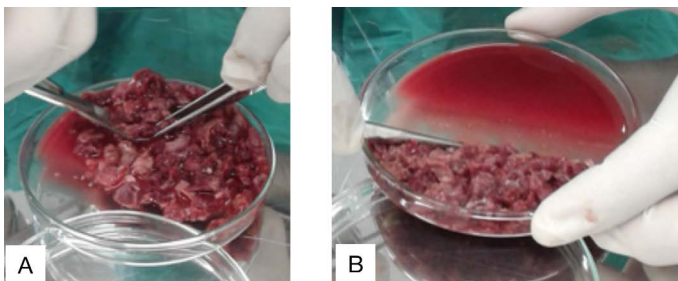


Figure 3. (A) Parts of the tumor being macerated (B) Solid content pending disposal

The next step was to implant the Walker 256 tumor cells in the subcutaneous tissue along the dorsal midline of each animal. The animals were previously anesthetized with ketamine at 100 mg/kg weight and xylazine at 10 mg/kg weight. Soon thereafter, trichotomy was performed on the back of each animal (Figure 4), to avoid any contamination or infection due to the inoculation, and antisepsis was performed (Figure 4). Next, the inoculate was demarcated (Figure 4), followed by inoculation of the suspension of tumor cells (Figure 4) at 4 cm from the animal's tail.

On the seventh day, the animals were anesthetized for surgical resection of the skin and subcutaneous tissue of the back (Figure 5) with an electric scalpel (to avoid leakage from the blood vessels). After removal of the material for examination, the animal was euthanized with anesthetic overdose.

Tumor aspect and growth

After removal of the subcutaneous tissue from the back, the tumor appearance was evaluated regarding invasion, necrosis and adherence, using a pachymeter to measure the main dimensions (Figure 6).

The tumor volume was calculated through the following expression [8]:

$$\text{Tumor volume (cm}^3\text{)} = (D \cdot d^2) \times 0.5, \text{ where:}$$

D: is the major tumor diameter, in cm

d: is the minor tumor diameter, in cm

Macroscopic and microscopic evaluation of metastasis

After euthanasia of the rats, the lungs, liver, spleen and kidneys were removed for macro and microscopic analysis by fixing in 10% formol.

In the case of microscopic examination, tissue sections were stained with hematoxylin and eosin. The animals' carcasses were incinerated.

Evaluation of tumor angiogenesis by immunohistochemistry

The exclusion criteria for the immunohistochemistry analysis were no tumor development and presence of tumors with extensive necrosis. All 30 animals were included. The silanized slides were deparaffinized in an oven for one hour at 65 °C, immersed in xylene, rehydrated in a decreasing alcohol series, washed with tap water and submitted to antigen recovery with a solution of Tris-EDTA at pH 9.0 in a water bath at 85 °C for 30 minutes. After cooling to room temperature, the sections were washed in phosphate buffer solution (PBS - 0.1 M, pH 7.3) in two baths of five minutes each. Then the endogenous peroxidase was blocked with a 3% solution of H₂O₂ (hydrogen peroxide) diluted in PBS for 30 minutes (Hsu et al., 1981).

After two washings of five minutes in PBS, the slides were incubated overnight with the antibody Abcam CD-31 (1:100). Then they were allowed to cool to room temperature, and the sections were washed twice in PBS baths for five minutes each, followed by incubation with anti-rabbit/anti-rat polymer (Dako® EnVision Dual Link System HRP) for 30 minutes. After two further washings for five minutes in PBS, the slides were incubated with 3,3'-diaminobenzidine (DAB) for five minutes. The reaction was stopped with distilled water and the slides were counter-stained with 7% Harris modified hematoxylin for 10 seconds, washed in tap water, dehydrated, diaphanized and mounted

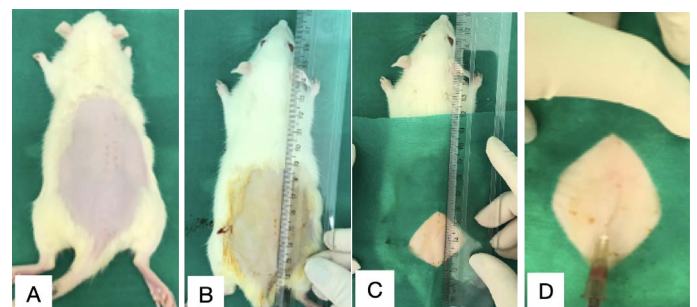


Figure 4. Procedure for inoculation of tumor cells

(A) Trichotomy (B) (C) Antisepsis and marking of the inoculation area. (D) Inoculation



Figure 5. Resection of the skin and dorsal subcutaneous tissue

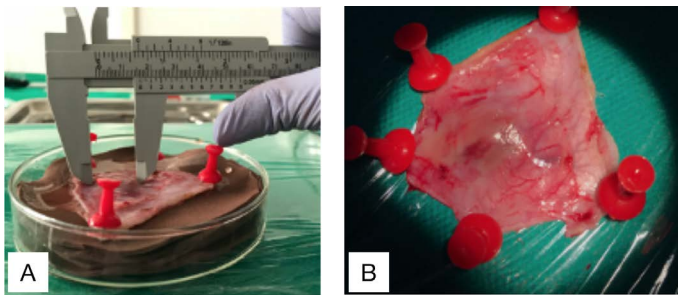


Figure 6. Measuring the tumor dimensions

(A) Measuring the tumor dimensions with a pachymeter (B) Microscopic aspects of the tumor

with Enthellam[®] (Andrade et al., 2007). The positive control was rat kidney tissue and the negative control was performed by suppression of the primary antibody response with incubation of the antibody diluent.

Quantification of tumor angiogenesis

Digital images of the histological slides were captured in standardized form using a light microscope (BX4, Olympus Optical Co Ltd – Japan) coupled to a digital camera (C7070 Wide Zoom, Olympus Imaging America Inc. – USA). Initially we scanned the tumor using low magnification (40 x), for the purpose of identifying the zones of greatest vascular density, or hot spots (Weidner, 1995). For each tumor, we selected three hot spots. Then we captured color images at 200x of the fields related to the three hot spots. The images were stored in Windows Bitmap format (BMP), with dimensions of 600 x 444 pixels, according to the RGB: (Red, Green, Blue) color model.

The images were analyzed by a system for analysis of morphometry denoted by SAMM (Figure 7), part of a program developed for that purpose [9]. The software was previously calibrated to recognize the spectrum of colors related to the structures of interest (microvasculature), according to the staining technique used. This procedure enables the software to automatically identify and segment the blood vessels (separating them from the other components of the preparation), both in the entire image and in the region of interest defined by the user. After the segmentation, the program determines the microvascular density of the field studied. For that purpose, it calculates the density of the area, defined by the quotient between the area occupied by the microvasculature and the total area of the field under analysis.

Statistical analysis

For the purpose of identifying and removing discrepant values and to avoid inconsistent results due to such discrepancies, the main variables, namely the variation of body weight, tumor volume and microvascular density, were initially analyzed by the Tukey method, which defines as outliers those measures that are less than $Q1 - 1.5 \times IQR$ and higher than $Q3 + 1.5 \times IQR$, where $Q1$ and $Q3$ correspond, respectively, to the first and third quartiles, while IQR denotes the interquartile range ($IQR = Q3 - Q1$). Then these variables were analyzed by the Shapiro-Wilk test to verify the normality of the distribution. For descriptive statistics, the mean and standard deviation (SD) were calculated and parametric tests were applied for analytical statistics. Thus, comparisons between the groups distilled water (DW), celecoxib (CEL), gum arabic (GA), eugenol (EUG) and the association of gum arabic with eugenol (GA+EUG), concerning the variables mentioned above, were carried out using one-way analysis of variance (ANOVA) followed by Tukey's multiple comparison test to check for differences between paired groups. In all analyzes, two-tailed tests were applied

and the significance level was set at 0.05 (5%), thus considering $P < 0.05$ as statistically significant. GraphPad Prism version 8.0 (GraphPad Software, San Diego, California, USA) was used to perform statistical procedures and plot the graphs.

Results

Exclusion of animals

No animals were excluded from the study – there was no mortality (Table 1).

Evaluation of the appearance and growth of the Walker tumors

After removing the dorsal subcutaneous tissue from each animal, we evaluated the macroscopic tumor appearance and measured the dimensions with a pachymeter. The animals that received distilled water (group VI) had the greatest invasion of dorsal subcutaneous tissue and musculature.

All the animals were weighed on the first and last day of the experiment to calculate the weight variation in percent (Figure 8). The relative body weight variation ($\Delta P\%$), also expressed in percent, was determined in the animals of the distilled water (DW), celecoxib (CEL), gum arabic (GA), eugenol (EUG) and gum arabic plus eugenol (GA+EUG) groups, calculated according to the expression: $\Delta W\% = [(WD1 - WD6) / WD1] \cdot 100$, where $WD1$ and $WD7$ denote the body weight measured on the first and seventh days, respectively. Data are expressed as mean and standard deviation of the measurements. Comparisons among the five groups were carried out by one-way analysis of variance (ANOVA) complemented by the Tukey multiple comparison test between the paired groups. There were no statistically significant differences of the DW, CEL, GA, EUG and DW+EUG groups regarding relative variation of body weight (ANOVA: $F = 0.8531$; $P = 0.5071$).

The tumor volume in the CEL group was significantly smaller ($*P = 0.0193$) than in the DW group. The tumor volume was also smaller in the groups that received gum arabic, eugenol and gum arabic with eugenol (groups VIII, IX and X, respectively) ($P < 0.05$) (Figure 9).

Evaluation of tumor angiogenesis

After analysis by the SAMM software of the three zones identified as having greatest vascular density, the program identified, segmented the blood vessels and determined the microvascular density of the sites studied, corresponding to the quotient between the area occupied by the microvasculature and the total area of the field analyzed.

The microvascular density, expressed as a percentage, was the ratio between the area of the microvasculature and total area of the field analyzed, multiplied by 100 (Figure 10).

Evaluation of metastases

To detect metastases, we macroscopically and microscopically evaluated lung, liver, spleen and kidney tissue sections, stained with hematoxylin and eosin. Only the animals in the groups that received celecoxib, gum arabic and eugenol (groups VII, VIII and IX, respectively) presented metastases. In group VII, one animal presented metastasis in the liver; in group VIII, one animal had signs of metastasis in the liver and another in a kidney and in group IX, one animal also presented metastasis in the liver and one in a kidney.

Table 1. Relative variation of body weight, tumor volume and microvascular density measured in the animals of the distilled water (DW), celecoxib (CEL), gum arabic (GA), eugenol (EUG) and gum arabic plus eugenol (GA+EUG) groups. Comparisons of the five groups were performed by one-way analysis of variance (ANOVA) complemented with the Tukey multiple comparison test, to verify pairwise difference between the groups

Parameter	DW MMean ± SD (n = 6)	CEL MMean ± SD (n = 6)	GA MMean ± SD (n = 5)	EUG MMean ± SD (n = 5)	GA+EUG MMean ± SD (n = 5)	Significance (ANOVA)
Relative variation of body weight (%)	2.74 ± 2.42 (n = 6)	2.01 ± 2.01 (n = 6)	3.98 ± 2.54 (n = 5)	3.25 ± 3.59 (n = 5)	1.48 ± 0.73 (n = 5)	P = 0.5071
Tumor volume (mm ³)	2.02 ± 1.10 (n = 6)	0.69 ± 0.26 ^a (n = 5)	1.07 ± 0.48 (n = 5)	0.98 ± 0.41 (n = 6)	1.10 ± 0.55 (n = 6)	P = 0.0242
Microvascular density (%)	14.11 ± 2.57 (n = 6)	8.18 ± 3.93 ^b (n = 6)	11.52 ± 2.85 (n = 6)	15.18 ± 2.83 ^c (n = 5)	14.56 ± 1.84 ^d (n = 5)	P = 0.0028

Source: Authors. SD: standard deviation. The letters a(P=0.0193) and b(P=0.0145) denote statistically significant differences in relation to the DW group, while the letters c(P=0.0052) and d(P=0.0117) indicate statistically significant differences in relation to the CEL group (Tukey test)

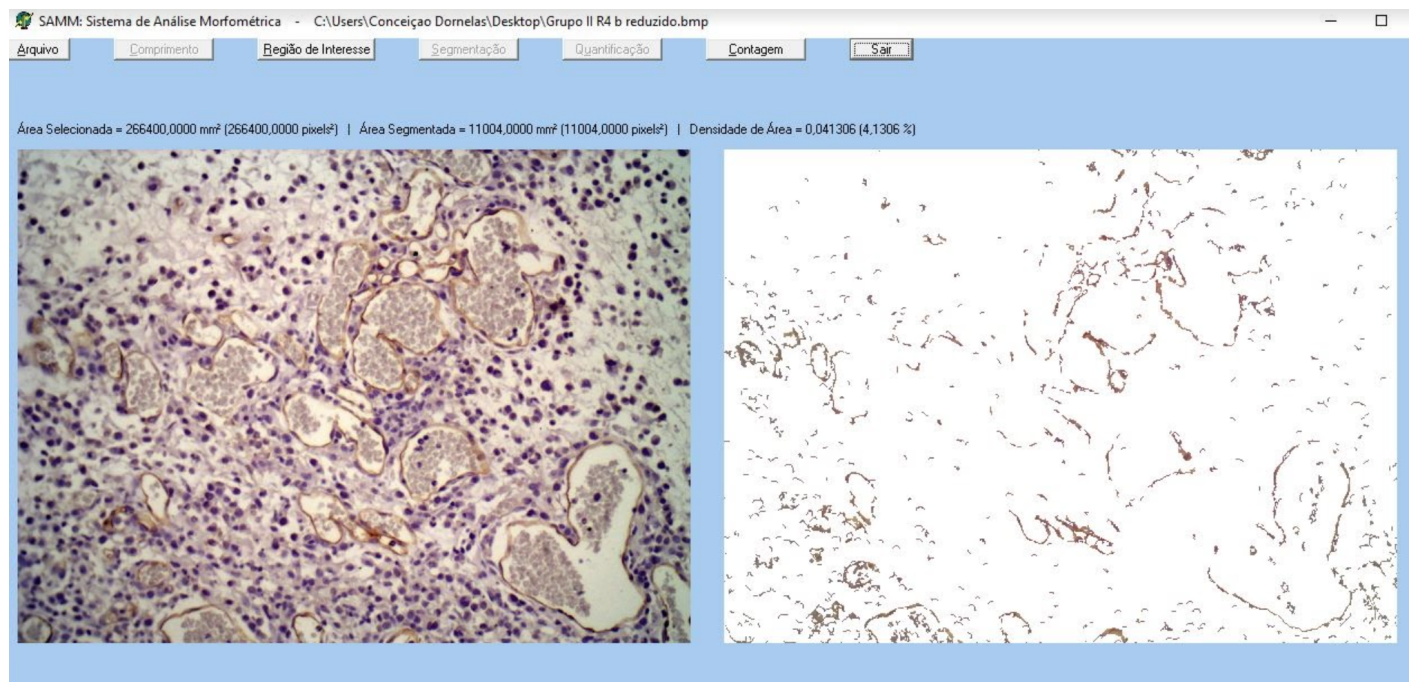


Figure 7. SAMM environment

Identification and segmentation of immunostained vessels and cells, to calculate the density of the area (microvascular density): total area occupied by the microvasculature divided by the total area of the field under analysis

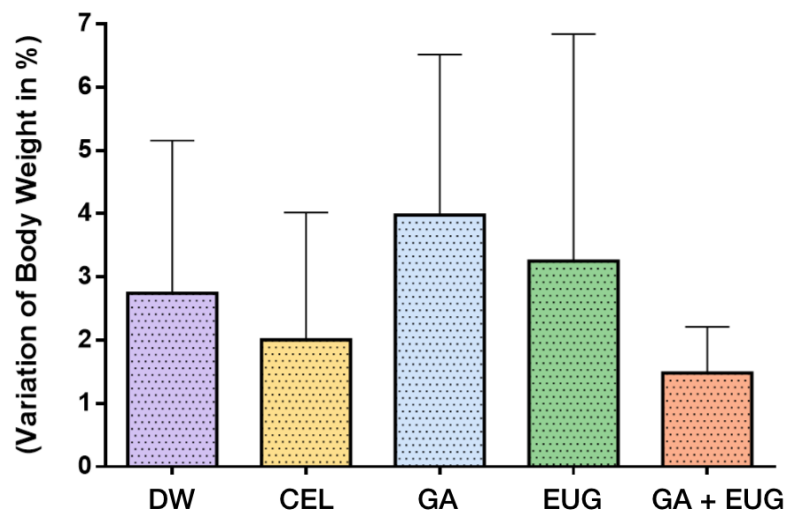


Figure 8. Variation of body weight in %

Source: Authors

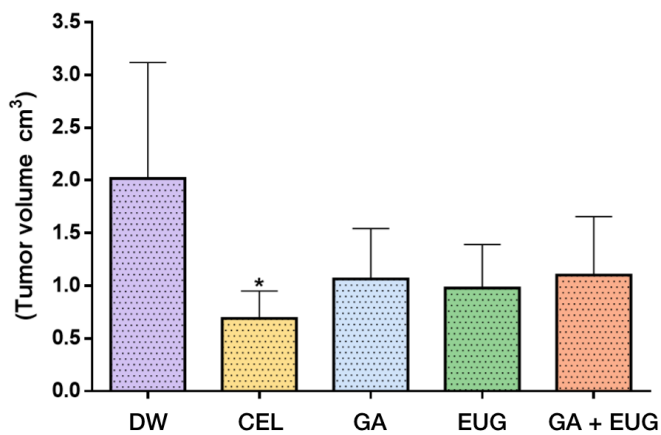


Figure 9. Tumor volume in cm³

Source: Authors *P < 0.05 versus group treated with distilled water

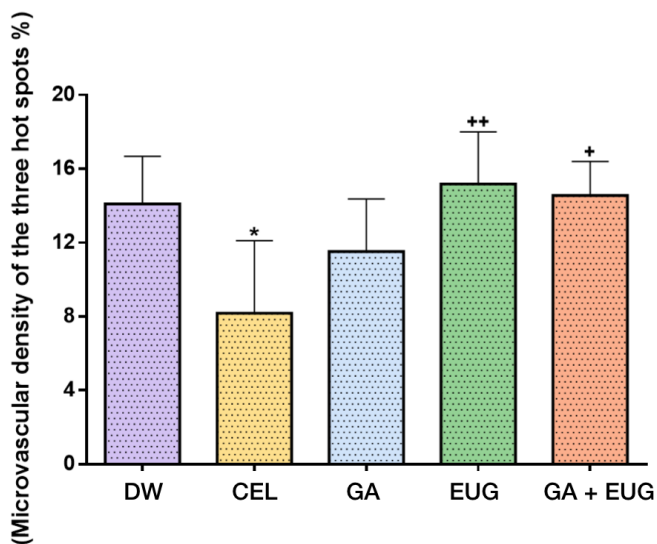


Figure 10. Microvascular density of the three hot spots

Source: Authors *P = 0.0145 versus the group treated with DW. ++(P=0.0052) and +(P=0.0117) indicate statistically significant differences in relation to the CEL group

Discussion

Since 1971, when Judah Folkman called attention to the importance of tumor vascularization for the growth of tumors, many studies of antiangiogenics have been conducted, seeking promising targets for treatment of various types of cancer [1]. It is known that the inhibitors of angiogenesis available in the market for treatment of malignant neoplasms are not effective for all tumor types, so the search for new possibilities is necessary.

This study was designed to evaluate the effect of eugenol and gum arabic on the progression and angiogenesis of Walker tumors in Wistar rats, which were chosen for their ease of obtainment, maintenance, feeding and hygiene in cages, resistance to infections, and low cost [10]. They also have a short biological cycle, a high degree of genetic similarity with humans (sharing around 80% of DNA) [11], docile behavior and size sufficient for use in surgical procedures [12] to accompany the growth of Walker tumors.

Our experimental model followed that described by [13], utilizing dorsal tumor implantation. There are many experimental models that can be used to investigate angiogenesis. We chose the Walker tumor model because it is available at UFC, making it economically possible. Besides this, the model is well known in studies of tumor behavior [14] and angiogenesis [15], besides having high virulence, with a tumor take rate of almost 100%, and rapid growth, enabling evaluation in a short time span [16].

The tumors, which are maintained weekly in the laboratory, were removed from the donor animals and used to extract viable cells for inoculation on the backs of the animals at a concentration of 2 x 10⁶ cells/mL.

On the day after inoculation, the substances of each group were administered for five days. Groups VI, VII, VIII, IX and X received, respectively, distilled water, celecoxib, gum arabic, eugenol, and gum arabic plus eugenol. On the seventh day, the animals were anesthetized and submitted to surgical resection of the dorsal skin and subcutaneous tissue with an electric scalpel, for macroscopic analysis of the tumor dimensions with a pachymeter and microscopic observation regarding necrosis, invasion and adherence. The tumor microvascular density was analyzed by digital images from the histological slides of tumor tissue, stained for immunohistochemistry (CD-31).

As described in the literature, medicines such as aspirin and non-steroidal anti-inflammatories are used to diminish the inflammation and tumor growth, avoiding the development of solid tumors. The immunological responses act in two ways in the tumor cells, namely reaction against specific tumor antigens and against antigens associated with the tumor, so the therapies developed are based on recognition of antigens and should guarantee that these responses will only induce destruction of tumor cells [17]. Besides the anti-inflammatory effect, some recent studies have revealed that inhibition of the formation of inflammatory mediators can influence the development of tumors, and especially can reduce tumor-mediated body weight loss [18]. Celecoxib was approved by the U.S. Food and Drug Administration (FDA) in 1999 as a chemopreventive agent at a dosage of 400 mg, twice a day. It is the only non-steroidal anti-inflammatory (NSAID) approved for adjuvant treatment of patients with familial adenomatous polyposis (FAP) [19,20]. The antitumor effect of celecoxib seems to occur by dependent and independent mechanisms that inhibit cyclooxygenase 2, a key enzyme for synthesis of prostaglandins [17]. The tumor can release metabolites and produce catabolic factors along with pro-inflammatory cytokines. It is likely that the drug's effect on metabolic alterations is in part due to the reduction of metabolites and tumor products. The possible anticarcinogenic mechanism involves blocking of cell proliferation and angiogenesis, induction of apoptosis and modulation of the immune response, and those mechanisms can depend or not depend on inhibition of COX-2 [19]. Our results corroborate those studies, demonstrating reduction of the tumor volume mainly in the group that received celecoxib, which also reduced the microvascular density and inhibited tumor angiogenesis.

The anti-inflammatory and anti-oxidant properties of gum Arabic [21], known to be present in the tumor angiogenesis process, require better comprehension. Knowledge of its influence on the angiogenesis process can help expand the therapeutic arsenal and promote development of future therapies for complex pathologies, using readily available natural substances. In this study, administration of gum arabic was a determining factor for reduction of tumor volume. In 2010 [22] Nasir and colleagues published a study reporting that gum

arabic is a potent inhibitor of tumor growth and inflammation. Our research group recently published a paper reporting the anti-oxidant and antigenotoxic of gum arabic at 2.5% and 5% in mice submitted to colorectal carcinogenesis, with inhibition of aberrant crypts (pre-neoplastic lesions) in mice [21]. [23] observed a reduction of aberrant crypts associated with colorectal carcinoma in Wistar rats treated with 1% gum arabic. Although gum arabic can diminish oxidative stress, leading to possible reduction of angiogenesis, we did not observe this effect in the present study. The animals of group VIII, which received gum arabic, had reduced tumor volume compared to the other groups, but did not present reduction of the mean density or percentage of incidence. There was no inhibition of angiogenesis by the doses administered.

Many of the chemotherapeutic agents used nowadays have negative long-term side effects. A new generation of drugs with greater efficacy and specificity is urgently needed. Eugenol, also a natural compound, has been indicated in various studies as having chemoprotective potential against diverse types of cancer [6], causing greater rates of apoptosis than other drugs available in the market [7]. According to [24,25], eugenol at low doses has specific toxicity against different breast cancer cells, with anticancerogenic properties demonstrated by *in vitro* and *in vivo* experiments, indicating it can be used to consolidate adjuvant treatment. Other studies have described its dual effect on oxidative stress, acting either as an anti-oxidant or pro-oxidant agent. Despite the large number of articles about the properties of eugenol, the discrepant results prevent a definitive conclusion about its efficacy and safety. This duality appears to be related to the dose and concentration. For example, at low doses and concentrations, it has been shown to have an anti-oxidant effect, while at high doses and concentrations it has been found to have a pro-oxidant effect. Problems related to the purity of the compound and its volatility during experiments may help explain these contrary results [6]. Therefore, in this study we used it in pure form. The animals in the groups that received eugenol presented smaller tumor volume than the animals that only received distilled water. The histopathological analyses of stained tissue sections of the three hot spots did not find inhibition of microvascular density related to eugenol.

There was reduction of the tumor volume in the groups that received celecoxib, gum arabic, eugenol, and gum arabic plus eugenol (groups VII, VIII, IX and X, respectively), but the tumor density was only reduced in the group that received celecoxib (group VII), suggesting that the reduction of the tumor volume was not influenced by the microvascular density of the tumor (angiogenesis). The appearance of the tumors was evaluated regarding invasion, necrosis and adherence, and the macroscopic aspects were recorded. The animals in group VI, which received distilled water, had greater invasion of the dorsal subcutaneous tissue and musculature by the tumor in relation to the other groups.

The variation of the animals' body weight was not statistically significant in any of the groups evaluated.

Conclusions

Gum arabic, celecoxib and eugenol reduced the tumor volume. Gum arabic and eugenol did not influence the tumor progression. Celecoxib was effective in reducing the microvascular density, thus presenting inhibition of tumor angiogenesis.

Acknowledgments

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Conflicts of interest

None. This study is part of a master's degree thesis research of Carolina Carneiro in the Graduate Program in Medical-Surgical Sciences, UFC. Faculty adviser: Prof. Conceição Aparecida Dornelas.

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