

Long-term survivors of metastatic gastric cancer for >5 years after chemotherapy initiation

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Abstract

Metastatic gastric cancer has a poor prognosis, and chemotherapy is recommended to patients with this disorder for palliative purposes. Overall survival in these patients is less than 2 years, despite the development of chemotherapeutic and biological agents. However, it is critical to review the survival benefits related to chemotherapy, owing to the possibility of recent progress in immunotherapy improving the prognosis of patients with gastric cancer. We have experienced 8 cases of long-term survivors of metastatic gastric cancer beyond 5 years after the initiation of chemotherapy. The characteristics of long-term survivors along with 18 cases reported in the literatures were analyzed to determine the specific factors that regulate chemosensitivity. We found that performance status should be associated with the prognosis of affected patients. Good response to systemic chemotherapy may be essential for prolonged survival of patients with distant metastases.

Core tip

We experienced eight long-term survivors of metastatic gastric cancer beyond 5 years after the initiation of chemotherapy. Literature search was conducted to determine the characteristics of chemosensitive subgroups. Good performance status was found to be associated with the prognosis of 26 long-term survivors. In patients with distant metastases, good response to systemic chemotherapy may be essential for prolonged survival. The specific factors other than performance status were still unknown.

Introduction

Immunotherapy has recently emerged as one of the most promising strategies for cancer treatment [1]. Globally, gastric cancer is the fifth most common malignancy worldwide and third leading cause of cancer-related death [2]. Chemotherapy is recommended to patients with metastatic gastric cancer for palliative purposes, considering the possibility of improving overall survival (OS) using chemotherapy compared with supportive care [3]. Despite the development of chemotherapeutic and biological agents, OS of patients with unresectable or recurrent gastric cancer remains less than 2 years [4,5]. Regarding immunotherapy, clinical trials are ongoing to investigate the role of immune checkpoint inhibitors in gastric cancer [6-8]. Therapeutic use of anti-PD-1 antibodies may prolong survival in patients with metastatic gastric cancer similar to those with melanoma and lung cancer [9,10]. Therefore, it is important to review the survival benefit in metastatic gastric cancer patients focused on chemotherapy alone.

In advanced gastric cancer, several chemotherapeutic agents including fluorouracil, platinum, and taxanes have been found to be active. The oral fluoropyrimidine anticancer agent S-1, first developed in Japan, was designed to enhance the anticancer activity of fluorouracil in combination with two modulating substances, namely, gimeracil,

which inhibits dihydropyrimidine dehydrogenase, and potassium oxonate, which reduces gastrointestinal toxicity [11]. The antitumor effect of fluoropyrimidine is enhanced by the biochemical modulation of folate metabolism modified by cisplatin, and combination therapy using S-1 and cisplatin has been shown to achieve high response rates [12,13]. In Japan, S-1 plus cisplatin is the standard therapy for advanced gastric cancer. In patients with advanced gastric cancer, a recent phase 3 clinical study reported S-1 plus oxaliplatin to be as effective as S-1 plus cisplatin [14], whereas oxaliplatin combined with S-1 plus leucovorin has been demonstrated to be more active than S-1 plus cisplatin [15]. In addition, taxane derivatives such as docetaxel and paclitaxel have a unique mechanism of action that differs from those of fluoropyrimidines and platinum compounds [16,17].

Stage 4 gastric cancer patients with para-aortic or Virchow's node involvement alone showed a good prognosis compared with those with metastases at other sites [18,19]. In general, patients with liver metastasis have a very poor prognosis; however, curative resection of primary and metastatic hepatic lesions has resulted in a 5-year survival rate of 11%-42% [20-25]. Exclusion of patients with para-aortic or Virchow's node involvement leaves very few long-term survivors of metastatic gastric cancer beyond 5 years after the initiation of chemotherapy [26]. We at first examined such long-term survivors in our hospital and then performed the literature search to determine the chemosensitive subgroups of patients with metastatic gastric cancer.

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Methods

Medical records were retrospectively reviewed to examine the clinicopathological features of metastatic gastric cancer patients receiving chemotherapy in Nagoya Memorial Hospital. The chart review was approved by ethics committee of our hospital. We defined long-term survivors as those with survival beyond 5 years after the initiation of systemic chemotherapy. Objective response to chemotherapy was evaluated using the criteria proposed by the Japanese Research Society for Gastric Cancer [27] for primary lesions using gastroscopy or barium gastrography or Response Evaluation Criteria in Solid Tumors [28] for metastatic lesions. Complete response (CR) was defined as the disappearance of all evidence related to cancer for at least 4 weeks. Response Evaluation Criteria in Solid Tumors has defined partial response (PR) as > 50% reduction in tumor volume. Progressive disease was defined as a new lesion or enlargement exceeding the original tumor size by 25%. Patients not belonging to these categories were considered to have a stable disease (SD). OS was calculated from the initiation of chemotherapy to death or the most recent follow-up day.

A systematic literature search using PubMed was conducted using the terms of “gastric cancer,” “long-term survival,” and “chemotherapy.” Data were collected from the manuscripts for age at the time of the initiation of chemotherapy, sex, performance status (PS), macroscopic findings, histological type, TNM classification, ascites, history of gastrectomy including curative or palliative surgery, metastatic sites, serum alkaline phosphatase (ALP) levels at baseline, serum carcinoembryonic antigen levels at baseline, chemotherapy regimens, tumor response, history of conversion surgery, and OS. Patients treated with immune checkpoint inhibitors were excluded from the present analysis to determine the chemosensitive subgroups of stage 4 gastric cancer patients. Because the data for PS, macroscopic findings, TNM classification, ascites, ALP levels, and serum carcinoembryonic antigen levels were missing for some cases, the following factors were analyzed by converting these variables into dichotomous variables; (1) age, < 65 vs > 65 years; (2) male vs female; (3) histological type, intestinal type (I) vs diffuse type (D); (4) number of metastatic sites, 1 vs 2 or more; (5) history of gastrectomy prior to chemotherapy; and (6) curative vs palliative surgery. OS curves of long-term survivors were estimated using the Kaplan-Meier analysis and compared using the log-rank test for statistical analysis. Differences with P-values < 0.05 were considered statistically significant. All statistical analyses were performed using EZR (Saitama Medical Center, Jichi Medical University; <http://www.jichi.ac.jp/saitama-sct/SaitamaHP.files/statmedEN.html>), which is a graphical user interface for R (The R Foundation for Statistical Computing, Vienna, Austria) [29].

Results

After excluding patients with isolated either para-aortic or left cervical lymph node involvement, those who underwent curative resection of primary gastric cancer and liver metastasis, and those treated with immune checkpoint inhibitors, there were eight long-term survivors of metastatic gastric cancer for more than 5 years after the initiation of chemotherapy in Nagoya Memorial Hospital. The chemotherapeutic responses of eight survivors were CR (n=4), PR (n=1), and SD (n=3); objective response rates (ORRs) was 62.5 % (5/8). Next, there were no long term-survivors with poor PS, i.e., > 3. Figure 1 showed the chronological images of case 1 with recurrent lung metastasis after curative gastrectomy; a single metastatic lesion completely disappeared in response to chemotherapy. Case 2 displayed extensive lymph node involvement and single hepatic metastasis and underwent conversion

surgery after chemotherapy, achieving confirmed pathological CR [30]. Case 3 showed severe peritoneal metastasis; therefore, an exploratory laparotomy was performed and palliative chemotherapy was initiated; this patient showed an excellent response to S-1-based chemotherapy and eventually underwent curative surgery 2 years later, yielding pathological CR [30]. Complete disappearance of the primary gastric lesion and multiple liver metastases was revealed in case 4 (Figure 2) [31]. The outcome of our long-term survivors showed that seven cases were free from disease after the cessation of chemotherapy, indicating that palliative chemotherapy can cure metastatic gastric cancer.

And then the literature search from 2000 was conducted, in which 18 cases of long term survivors have been found [32-41]. The characteristics of 26 long-term survivors, including our 8 cases, are summarized in Table 1. The patients comprised 18 males and 8 females aged 48-81 years. PS grade was well maintained in every long-term survivors described in the manuscripts. Aside from lymph nodes, the peritoneum was noted to be the most common metastatic sites (n=17), followed by the liver (n=6) and lung (n=3). Among 17 cases with peritoneal involvement, primary gastric lesions were resected in 14 cases (eight curative and six palliative) prior to chemotherapy. Five long-term survivors had multiple liver metastases, all of whom showed a good response to systemic chemotherapy (CR 3, PR 2). Three cases with lung metastases showed CR. It is noted that 11 patients with huge amounts of tumor were cured in response to palliative chemotherapy, although previous reports described that gastric cancer patients with small burden of tumor showed better survival than the others [26,33] (Table 1). On the other hand, long-term survivors showing SD had peritoneal metastasis without liver or lung metastasis. Our findings implicated that prolonged survival of gastric cancer patients with distant metastases should necessitate patients to be chemosensitive.

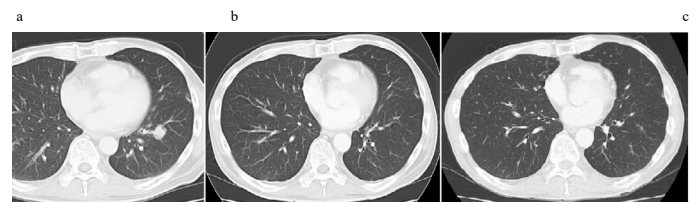


Figure 1. Chronological images of case 1

- Computed tomography (CT) scans demonstrated a single mass in the lung prior to chemotherapy.
- Complete disappearance of lung metastasis was observed after 2 cycles of S-1/cisplatin plus paclitaxel.
- There were no recurrence five years after the cessation of chemotherapy. He then suffered from small cell lung carcinoma, underwent curative surgery, and is still alive

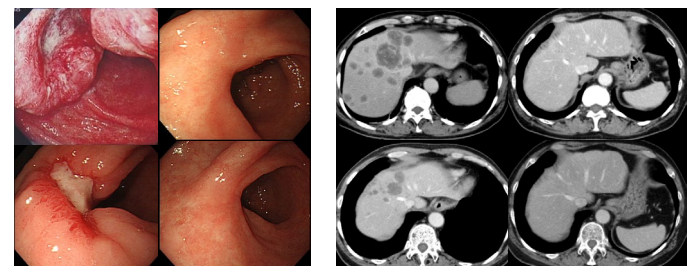


Figure 2. Chronological images of case 4

Complete disappearance of the primary gastric lesion and multiple liver metastases was demonstrated after 6 cycles of S-1/cisplatin plus paclitaxel and S-1 monotherapy (Complete response : CR). This patients has been free from disease five years after the cessation of chemotherapy. This case was previously presented in part in the reference of 31

Prognosis of patients with metastatic gastric cancer was categorized as good, moderate, or poor risk using the following factors; number of metastatic sites, ALP levels, and PS grade [36]. At least our three patients (cases 2, 3, and 4) were categorized as poor-risk among the 26 long-term survivors. Moreover, some individuals had multiple metastatic sites ($n = 11$), and elevated ALP levels (cases 4 and 6), or exhibited PS 2 (cases 2 and 3). Notably, there were no long-term survivors with poor PS, i.e., > 3 . The therapeutic regimens that attained CR included S-1 alone ($n=2$), capecitabine/cisplatin ($n=2$), S-1/cisplatin ($n=6$), fluorouracil/ cisplatin ($n=1$), and S-1/cisplatin plus paclitaxel ($n=2$). Histological type and number of metastatic sites did not demonstrate a close relationship with prognosis (Figure 3) similar to age, sex, and history of gastrectomy. In 20 long-term survivors whose primary gastric lesions were resected, the OS curves of those who underwent palliative surgery ($n=7$) did not differ from the curves of those who underwent curative surgery ($n=13$) (Figure 4).

In addition, the literature search revealed several other CR cases of metastatic gastric cancer, most of whom did not receive long-term follow-up. The majority of these cases were reported in Japan [42-45], with only a few cases described in other countries [46,47]. The present analysis selected cases that could be traced more than 5 years after the initiation of chemotherapy. As a result, all of long-term survivors were Japanese patients, which could have been biased including institutional disparities and ethnic factors.

Conclusion

We experienced eight long-term survivors of metastatic gastric cancer. A literature search was then conducted to identify the characteristics of long-term survivors receiving chemotherapy. The analysis of 26 long-term survivors showed PS grade to be associated with good prognosis of metastatic gastric cancer patients. Furthermore, good response to systemic chemotherapy may be essential for prolonged survival in patients with distant metastases.

Table 1. Characteristics of 26 long-term survivors of metastatic gastric cancer for more than 5 years after the initiation of chemotherapy since 2000

Case	Ref.	Age	Gender	Macroscopic findings	Histological type	T	N	M	Metastatic sites	No of metastasis	Primary resection	1st line	2nd line	3rd line	Response	Survival (Mo)	PS	Ascites	
1	NP	63	M	non	well	I	Recurrence			lung	single	curative	PSC	S-1	none	CR	152	1	none
2	30	53	M	non	por	D	T4	N3	M1	liver, peritoneum, LN	multiple	-	SP	S-1	none	CR	118	2	none
3	30	62	M	non	mod	D	T3	NX	M1	peritoneum, LN	multiple	-	SP	S-1	none	CR	200	1	none
4	31	65	M	non	well	I	T3	N3	M1	liver, LN	multiple	-	PSC	S-1	none	CR	101	2	none
5	NP	71	M	non	mod	D	Recurrence			peritoneum	single	curative	S-1/ PTX	S-1	none	SD	168	1	none
6	NP	51	F	scirrhous	por	D	T4	N1	M1	peritoneum	single	palliative	SP	5-FUDR/ DOC	UFT	SD	170	1	+
7	NP	77	M	scirrhous	sig	D	Recurrence			peritoneum	single	curative	SP	S-1	none	SD	109	1	none
8	NP	60	M	non	mod	D	T4	N3	M1	liver, LN	multiple	-	S-1	XP	X/DOC	PR	67	0	none
9	32	81	M	non	mod	D	T3	N1	M1	liver, lung	multiple	-	SP	S-1	none	CR	89	ND	none
10	33	56	F	scirrhous	por	D	Recurrence			peritoneum	single	curative	S-1	ND	ND	SD	62	0	ND
11	34	60	M	non	por	D	Recurrence			liver, LN	multiple	curative	EAP	5-FU/MTX	CPT/ cisplatin	PR	60	ND	none
12	35	55	F	ND	por	D	ND			peritoneum	single	palliative	SP	ND	ND	CR	81	0	ND
13	36	63	M	ND	por	D	ND			peritoneum	single	-	SP	ND	ND	SD	60	1	ND
14	36	51	M	ND	por	D	ND			peritoneum, LN	multiple	palliative	XP	ND	ND	CR	64	0	ND
15	36	48	F	ND	por	D	ND			peritoneum	single	palliative	S-1	ND	ND	SD	65	0	ND
16	36	54	F	ND	por	D	ND			peritoneum	single	curative	PTX	ND	ND	SD	69	1	ND
17	36	71	M	ND	well	I	ND			lung, LN	multiple	curative	XP	ND	ND	CR	71	0	ND
18	36	65	F	ND	por	D	ND			peritoneum	single	palliative	PTX	ND	ND	SD	77	0	ND
19	36	58	M	ND	well	I	ND			peritoneum	single	curative	S-1	ND	ND	SD	80	1	ND
20	36	59	M	ND	por	D	ND			peritoneum	single	curative	FL	ND	ND	SD	96	1	ND
21	36	64	M	ND	por	D	ND			peritoneum	single	curative	S-1	ND	ND	SD	117	0	ND
22	37	80	M	non	mod	D	Recurrence			peritoneum	single	curative	S-1	ND	ND	CR	66	ND	none
23	38	69	M	non	por	D	T2	N2	M1	liver	multiple	palliative	SP	ND	ND	CR	87	ND	none
24	39	61	F	non	mod	D	T3	N3	M1	LN	multiple	curative	SP	ND	ND	CR	60	ND	none
25	40	58	M	non	well	I	Recurrence			peritoneum	single	palliative	FP	S-1	none	CR	72	ND	none
26	41	55	F	non	por	D	Recurrence			LN	multiple	curative	S-1	none	none	CR	140	ND	none

NP: not published; non: non-scirrhous; LN: lymph nodes; SP: S-1 plus cisplatin; EAP: etoposide/ adriamycin/ cisplatin; XP: capecitabine plus cisplatin; PTX: paclitaxel; FL: 5-FU plus leucovorin; FP: 5-FU plus cisplatin; PSC: paclitaxel/ S-1/ cisplatin; MTX: methotrexate; DOC: docetaxel; X: capecitabine; CR: complete response; PR: partial response; SD: stable disease; PS: performance status; ND: not described

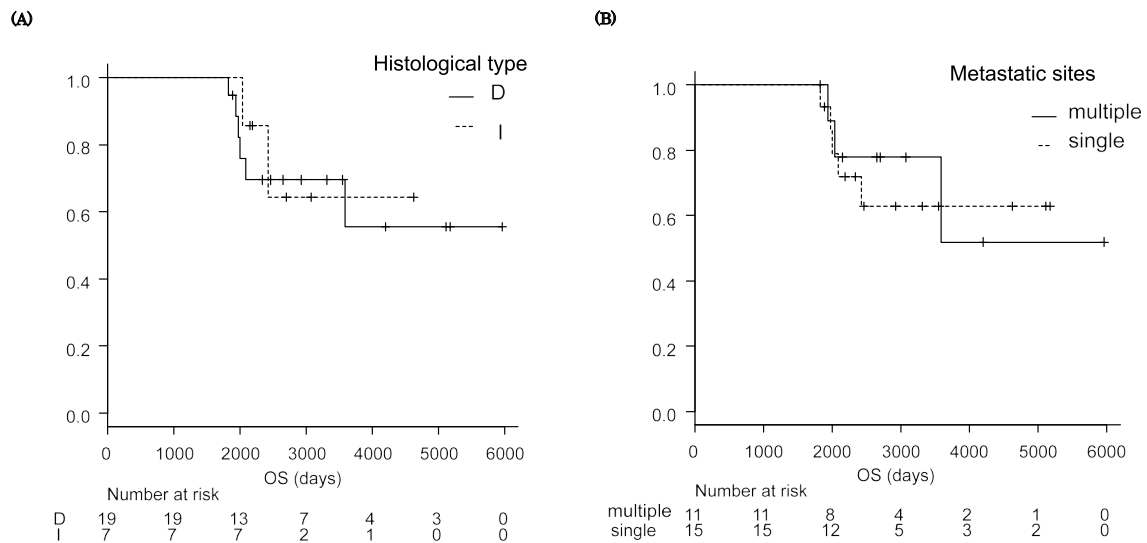


Figure 3. Kaplan-Meier curves of overall survival (OS) in 26 long-term survivors beyond 5 years after the initiation of chemotherapy

- a. Histological type, intestinal type (I) vs diffuse type (D)
 b. Number of metastatic sites, 1 (single) vs 2 or more (multiple)

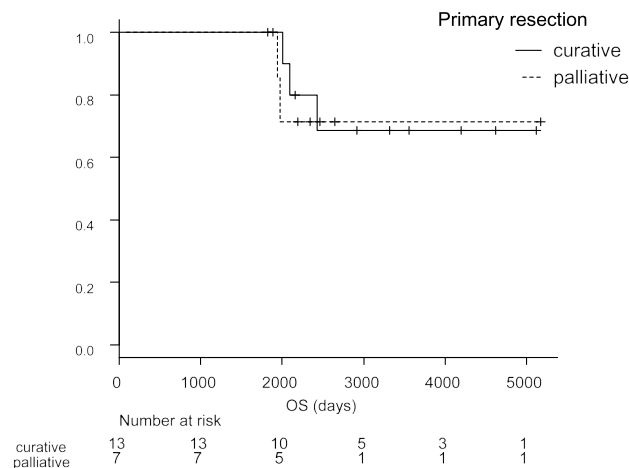


Figure 4. Kaplan-Meier curves of overall survival (OS) in 20 long-term survivors whose primary gastric lesions were resected. We compared OS between cases receiving curative surgery (n=13) and palliative resection (n=7), which did not show any differences

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Conflicts of interest

The authors have no potential conflicts of interest to declare.

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