Donor nephrectomy of a patient with situs inversus totalis

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Introduction

Situs Inversus Totalis (SIT) is a rare entity of complete transposition of the abdominal and thoracic organs. The reported incidence of SIT varies between 1:8,000 and 1:20,000 [1]. This condition is often discovered incidentally as patients are generally asymptomatic. Historically, SIT was considered a contraindication to donation of the liver and heart for transplantation [2]. We report a case of living donor nephrectomy in a patient with SIT.

Case Report

A 35-year-old female with a history of hypothyroidism entered evaluation for living kidney donor in August of 2019 and was deemed an appropriate candidate. Her 24-hour creatinine clearance was 117ml/min and serum value of 0.88mg/dL with a glomerular filtration rate of > 60ml/min. Preoperative protocol included a CT angiogram to evaluate kidney and vasculature anatomy where SIT was diagnosed (Figure 1). Traditionally, the left kidney is used due to longer blood vessels, however given SIT a laparoscopic right donor nephrectomy was planned (Figure 2). The patient was placed in left lateral positioning and the laparoscopic ports were placed in the right upper quadrant, upper midline and right lateral quadrant. The splenic flexure was reflected medially to expose the anterior right kidney (Figure 3). The ureter was identified and isolated. The renal hilum was then exposed, and the artery and vein dissected and divided as well as the gonadal vein. The right kidney was mobilized and removed through a Pfannenstiel incision and prepared on a back table for donation. The patient made voluminous urine output, was awoken and taken to recovery. She recovered well and was discharged on postoperative day two. Three weeks later she was seen in clinic and doing well.

Discussion

SIT was once a contraindication to organ transplantation due to concern of visceral and vascular abnormalities. Despite previous hesitancy with liver and heart transplantation, many successful transplantsations in SIT patients have been described [3,4]. Kidney donation in patients with SIT has shown to be reliable in limited reports. Initial publications included kidneys from cadavers and organs procured with an open nephrectomy technique. In recent times, a minimally invasive approach to nephrectomy would be preferable. Similarly, living donation may lead to better patient or graft outcomes.

We present a case of successful laparoscopic living donor nephrectomy in a patient with SIT. There were no notable complications in the donor or recipient. What is important to consider in these cases is a thorough preoperative workup. In addition to determining appropriate candidacy for kidney donation, surgical factors such as organ size and vasculature must be studied. SIT donors should get a CT angiography study of their abdomen prior to donation to determine adequate renal vessel length, knowing that more than likely the right kidney would have a longer vessel as it approaches a left sided inferior vena cava. SIT,

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being an asymptomatic condition, should not put donors at increased risk of perioperative complications as long as preoperative planning by a skilled and experienced transplant surgeon is thorough.

References


