Clinical Case Reports and Reviews



Case Report ISSN: 2059-0393

Peritoneal dissemination of recurrent small intestine primary GIST, successfully diagnosed by diffusionweighted imaging

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Abstract

An 81-year-old woman had undergone small intestine gastrointestinal stromal tumor (GIST) resection. Three years later, peritoneal dissemination appeared and was resected. She received imatinib therapy and was observed carefully. Three years after the first recurrence, diffusion-weighed imaging (DWI) of MRI revealed high intensity nodules on mesenterium. These nodules lacked [18F]-fluorodeoxyglucose (18F-FDG) uptake, but apparently increased, compared with DWI demonstrated a year before. Open biopsy was performed and many disseminated nodules were found on great omentum and mesenterium. Two of these nodules were resected and confirmed as peritoneal dissemination of GIST having mutation with at exon 9 of the c-kit gene. The expression of glucose transporter-1 (GLUT-1) was low level in our cases.

Introduction

Gastrointestinal stromal tumor (GIST) represents the most common mesenchymal tumor arising from the gastrointestinal tract. GISTs are most frequently found in the stomach (60%), in the small bowel (30%), and 10% are found elsewhere [1].

For patients, whose primary, localized GIST were resected, it is important to evaluate not only local recurrence, but also metastases and peritoneal dissemination. Contrast enhanced computed tomography (CT) is widely used because of the fast throughput of examinations and lower cost. Magnetic resonance imaging (MRI) is used supplementary with CT. Fused [18F]-fluorodeoxyglucose positron emission tomography (PET)/CT is used to clarify if CT or MRI is ambiguous, but it is useless for GIST without 18F-FDG uptake [2-4]. On the other hand, diffusion-weighed imaging (DWI) is becoming important in the assessment of malignant tumors [5]. We present a case of recurrent small intestine primary GIST, which was successfully diagnosed by DWI.

Case report

An 81-year-old woman underwent small intestine gastrointestinal stromal tumor resection. Three years later, peritoneal dissemination appeared and was resected. Since then she was administered imatinib and was observed carefully with CT, MRI with DWI and ¹⁸F-FDG PET/CT.

Three years after the first recurrence, MRI was performed and DWI revealed high intensity nodules on the mesenterium. Compared with DWI of the previous year, theses high intensity nodules became apparently more obvious and they were considered to be recurrences (Figure 1). However, on PET/CT they did not have ¹⁸F-FDG uptake (Figure 2). Open biopsy was performed and many disseminated nodules were found on great omentum and mesenterium. Two of these

nodules were resected and confirmed as peritoneal dissemination of GIST having mutation with at exon 9 of the c-kit gene. The expression of glucose transporter-1 (GLUT-1) was low level in our cases (Figure 3).

We got the diagnosis of recurrent GIST. Consequently the treatment was immediately changed to sunitinib therapy, which is more effective for GIST having mutation at exon 9 of the *c-kit* gene. The patient is undergoing sunitinib therapy.

Discussion

The standard imaging technique in patients with GIST should be contrast- enhanced CT [3]. Contrast-enhanced CT is widely used, because of the fast throughput of examinations and lower cost. MRI has been used supplementarily with contrast-enhanced CT [2,3]. Recently, PET/CT is playing an important role in the assessment of malignant tumors. In particular, PET/CT imaging can be considered a reliable tool for assessment of GIST response to targeted therapy such as imatinib [5]. However, Choi et al. reported that 21% of lesions did not show appreciable glucose uptake on pretreatment PET [4]. In such cases, PET is useless and a different imaging modality may be required. In our case, on pathological evaluation, the expression of GLUT-1 was low level and it indicated that these recurrent nodules lacked ¹⁸F-FDG uptake.

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Key words: peritoneum, MR-imaging, treatment effects

Received: December 13, 2017; Accepted: December 27, 2017; Published: December 29, 2017

Clin Case Rep Rev, 2017 doi: 10.15761/CCRR.1000377 Volume 3(10): 1-3

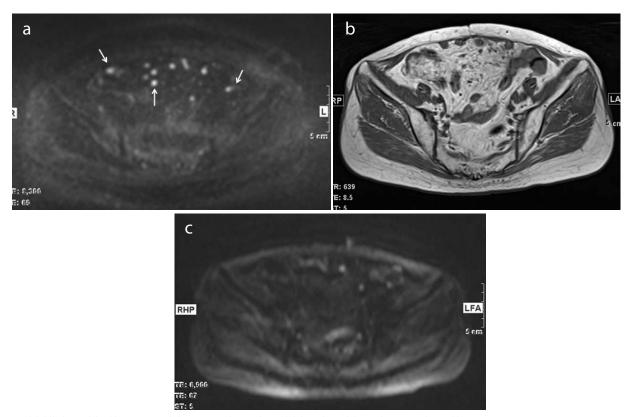


Figure 1. (a) Axial diffusion-weighted image (DWI) (b factor=1000 s/mm2) shows high intensity nodules on the mesenterium (white arrows). (b) Some nodules are detected on axial T1-weighted image but these were fuzzy. (c) Axial DWI a year before showed high intensity nodules but they are fewer compared with (a).

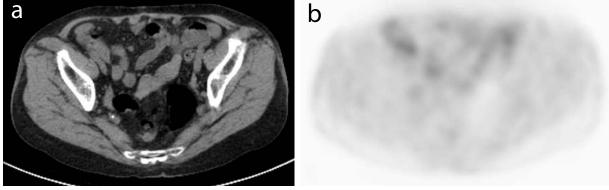


Figure 2. PET/CT image shows that some nodules are detected on CT (a) but they do not have abnormal FDG uptake on PET (b).

Diffusion-weighted imaging (DWI) has been more widely used in oncology patients because of its noninvasiveness and it is becoming important in the evaluation of malignant tumors [6,7]. Malignant tumors are frequently more cellular than the tissue from which they originate and thus appear to be of relatively high signal intensity at DWI, because of restriction of water movement [7]. Some radiologists compared the accuracy of MRI with DWI and PET/CT for diagnosing peritoneal dissemination [6-9]. Satoh et al. compared the diagnostic performance of PET/CT, MRI with and without DWI, and contrast enhanced MDCT in the detection of peritoneal dissemination of malignant tumors. They concluded that PET/CT is the most useful and DWI can be used as a screening tool if PET/CT is not available [8]. On the other hand, Soussan *et al.* [9] reported that PET/CT and MR-DWI showed a similarly high accuracy in diagnosing peritoneal

carcinomatosis from gastrointestinal malignancy. In our case, DWI was a useful method in detecting dissemination of recurrent GIST.

In summary, after the second operation we detected small nodules in the abdominal cavity on PET/CT but they lack ¹⁸F-FDG uptake. It was difficult to determine if these are recurrences or not. Although, on DWI these nodules apparently increased, compared with the DWI from the previous year and they were considered to be recurrences. Open biopsy was performed and we got the diagnosis of recurrent GIST. MRI with DWI may be a useful follow-up method for GIST without ¹⁸F-FDG uptake after surgery.

Acknowledgement

We are indebted to Hisako Yamamura for pathological diagnosis of GIST.

Clin Case Rep Rev, 2017 doi: 10.15761/CCRR.1000377 Volume 3(10): 2-3

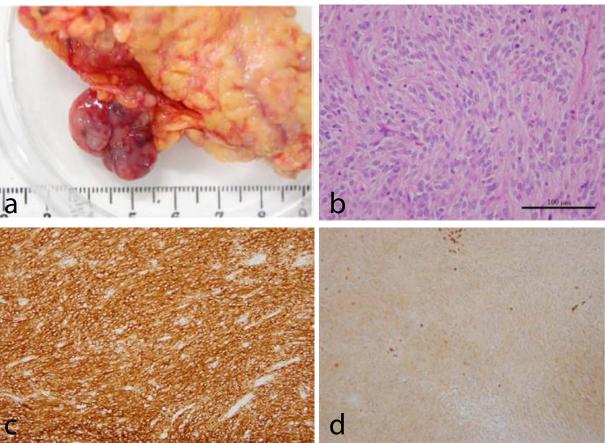


Figure 3. (a) The photograph of one resected nodule of peritoneal dissemination.
(b) Hematoxylin-and-eosin staining shows that the tumor is composed of spindle-shaped cells.
(c) Immunohistochemical staining confirms KIT strongly positive GIST diagnosis.
(d) The expression of Glucose transporter-1 is lower, compared with those in our previous cases.

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Clin Case Rep Rev, 2017 doi: 10.15761/CCRR.1000377 Volume 3(10): 3-3