

In vitro evaluation of *Staphylococcus aureus*, *Pseudomonas aeruginosa*, and *Candida albicans* polymicrobial biofilm growth on synthetic surgical implant materials

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Abstract

Biofilms are a known important contributor to the infectious complications associated with prosthetic mesh implantation. Previous studies have demonstrated the formation of monomicrobial biofilms on surgical mesh materials by different bacterial species *in vitro*, but a paucity of data exists examining polymicrobial biofilm formation by antibiotic-resistant organisms, which may be more clinically relevant. Therefore, the aim of this study was to evaluate the ability of three clinical bacterial and fungal isolates to form mixed-species and single-species biofilms on five synthetic implant materials *in vitro*, including monofilament polypropylene, monofilament polyester, multifilament polyester, monofilament polytetrafluoroethylene (PTFE), and silicone. Methicillin-resistant *Staphylococcus aureus* (MRSA), multidrug-resistant *Pseudomonas aeruginosa*, and *Candida albicans* (alone or in combination) were inoculated into culture medium containing meshes and allowed to attach and propagate into mature biofilms for 48 hours at 37°C. Additional samples were inoculated with *Staphylococcus epidermidis* for comparison. Biofilm biomass and the number of viable cells were quantified by crystal violet staining and colony forming units (CFU) counting, respectively. Images of polymicrobial biofilms were obtained using fluorescence microscopy of FM® 1-43-stained meshes. All materials investigated were capable of harboring biofilms, but the relative abundance was dependent upon both material and organism type. Overall, PTFE meshes exhibited the highest levels of polymicrobial biofilm formation. When comparing monomicrobial biofilms, *Pseudomonas aeruginosa* demonstrated greater biomass than MRSA and *Staphylococcus epidermidis* on PTFE, polypropylene, and monofilament polyester, while MRSA and *Staphylococcus epidermidis* biomass did not differ significantly among mesh types. Thus MRSA, *Pseudomonas aeruginosa*, and *Candida albicans* can cooperatively form mature biofilms on surgical implant materials, but different mesh constructs vary in their susceptibility to biofilm formation depending upon the organism(s) present. This suggests that the type of implant material chosen for surgical procedures may affect the patient's wound healing response and clinical outcome, particularly when used in a contaminated environment.

Introduction

Prosthetic mesh materials have been widely used for decades in the diverse field of reconstructive surgery to improve surgical outcomes during incisional, inguinal, and ventral hernia repair, closure of large abdominal wall defects, and soft tissue and fascial reconstruction [1]. Hernia repair using mesh is one of the most common surgical procedures performed globally, with an estimated 20 million procedures performed worldwide per year [1]. Although complications have historically included recurrence, infection, fistula, and chronic pain, the development and widespread clinical use of modern synthetic polymers have reduced recurrence rates from over 40% to 15% or less [2-4]. Nevertheless, mesh infection continues to be a major concern, occurring in up to 12-16% of all ventral hernia repairs and often requiring reoperation [3-6]. In contaminated or potentially contaminated operative fields, infections are reported in up to 36% of procedures where synthetic materials are used [5-8].

A variety of surgical mesh materials currently exist, with the most common synthetics to include polypropylene, polyester, and polytetrafluoroethylene (PTFE) [1,9,10]. Modifications have been made to each of these materials in second- and third-generation prosthetics with the intent to reduce the inflammatory response, improve tissue ingrowth, and reduce infection rates [1,10,11]. Although numerous varieties are commercially available, no mesh material has demonstrated optimal biocompatibility and incorporation into host

tissue [1,12,13]. We and others have shown *in vivo* that both chemical composition and filament structure are important mesh characteristics that may affect resistance to bacterial colonization, wound healing response, and ultimately the patient's clinical outcome [14-17].

Biofilms are a known important contributor to the infectious complications associated with prosthetic mesh implantation, causing substantial healthcare costs and excessive patient morbidity and mortality [18]. It is widely accepted that biofilms play a significant role in microbial persistence and infection chronicity [19,20]. Biofilms, one of the main causes of antibiotic treatment failure, are produced when populations of organisms coalesce and secrete an extracellular matrix composed of polysaccharides, proteins, and DNA that serves as a protective barrier against conventional antibiotic treatments and host defenses [21]. They are prevalent in at least 80% of all non-healing

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chronic wounds and are common in patients with implanted medical foreign bodies or indwelling devices [18,22,23]. Mature biofilms are frequently polymicrobial, allowing for the inter-species transfer of metabolites and antimicrobial-resistance genes, thereby increasing overall virulence [18,21]. Implanted medical devices are often sites for bacterial-fungal interactions, and the organisms frequently isolated from these infections include *Staphylococcus aureus* (*S. aureus*), *Pseudomonas aeruginosa* (*P. aeruginosa*), and *Candida albicans* (*C. albicans*) [24]. In a recent study, polymicrobial biofilms were directly identified on mesh recovered from a series of patients experiencing infectious complications after ventral hernia repair using confocal microscopy, fluorescence in situ hybridization, and a novel molecular polymerase chain reaction-mass spectrometry-based assay to obtain a molecular profile of the biofilm organisms [18].

Previous studies have demonstrated *in vitro* that surface characteristics of prosthetic materials affect the ability of bacteria to attach and form a biofilm [25-30]. Although these investigations have demonstrated the formation of monomicrobial biofilms on various surgical meshes by different bacterial species *in vitro*, a paucity of data exists examining more clinically relevant polymicrobial biofilm formation by antibiotic-resistant organisms derived from patient wound specimens. Therefore, the aim of this study was to evaluate the ability of three clinical bacterial and fungal isolates to form mixed-species and single-species biofilms on five synthetic implant materials *in vitro*.

Materials and methods

Implant materials

Prosthetics used in this study included a lightweight monofilament polypropylene mesh (Prolene Soft, Ethicon Inc., Somerville, NJ), a lightweight monofilament polyester mesh (Parietex, Covidien, Mansfield, MA), a heavyweight multifilament polyester mesh (Parietex, Covidien), a mediumweight macroporous mesh constructed from PTFE fibers in a knitted design (Infinit Mesh, W.L. Gore & Associates Inc., Flagstaff, AZ), and medical grade silicone sheeting (reinforced, 0.007 inch, gloss; BioPlexus Corp., Ventura, CA). The meshes were cut into uniform 1 cm² pieces and autoclaved for sterilization.

These materials were chosen because they are commonly used in reconstructive surgical procedures including hernia repair. The evolution of polypropylene, polyester, and PTFE meshes by various manufacturers into composite materials is an ongoing process in order to improve patient outcomes and cost concerns of biologic prosthetics. For example, in 2017, GORE[®] SYNECOR preperitoneal and intraperitoneal hybrid biosynthetic materials (W.L. Gore & Associates), composed of macroporous PTFE knitted mesh and absorbable compounds, received 510(k) clearance from the U.S. Food and Drug Administration. The current study addresses the permanent synthetic mesh components of commercially available products.

Microbes and growth conditions

Clinical isolates of methicillin-resistant *S. aureus* (MRSA), multidrug-resistant *P. aeruginosa*, and *C. albicans* derived from wound specimens collected at Tripler Army Medical Center were prescreened using a crystal violet microtiter plate assay [31] to confirm their ability to form biofilms. *Staphylococcus epidermidis* (*S. epidermidis*) strain ATCC #12228 was obtained from American Type Culture Collection (Manassas, VA).

Prior to experimental testing, bacterial and yeast stocks stored at -80°C on cryobeads were serially passed twice on blood agar plates

and incubated at 37°C to produce viable colonies. Isolated bacterial and yeast colonies were inoculated in tryptic soy broth and Sabouraud dextrose broth, respectively, adjusted to 0.5 on the McFarland turbidity scale, and then grown overnight at 37°C with shaking at 225 rpm. Overnight cultures were further diluted between 1:100 and 1:100,000 in brain heart infusion (BHI) broth with 5% bovine serum albumin (BSA) to give starting concentrations between 1×10⁴ colony forming units (CFU)/ml and 1×10⁶ CFU/ml. In an attempt to ensure establishment of polymicrobial biofilms with balanced populations, a higher inoculation (2 orders of magnitude) of *C. albicans* and MRSA compared to *P. aeruginosa* was used.

Mesh pieces were placed into individual wells of 24-well tissue culture plates and were inoculated with 1 ml of BHI/5% BSA containing approximately 1×10⁶ CFU/ml MRSA, *P. aeruginosa*, or *S. epidermidis* for monomicrobial biofilms. For polymicrobial biofilms, additional meshes were inoculated with 1 ml BHI/5% BSA containing approximately 1×10⁶ CFU/ml *C. albicans*, 1×10⁶ CFU/ml MRSA, and 1×10⁴ CFU/ml *P. aeruginosa*. Meshes were incubated at 37°C/5% CO₂ for a total of 48 hours. Media in wells was aspirated and replaced with fresh BHI/5% BSA after 24 hours. Uninoculated meshes incubated in BHI/5% BSA or phosphate buffered saline (PBS) were used as negative controls. Forty-eight-hour prosthetic-associated biofilms were then analyzed as described below.

Crystal violet assay to assess biofilm biomass

Biofilm biomass was determined in triplicate experimental replicates using a crystal violet assay [27,31]. Meshes were rinsed twice with PBS to remove non-attached planktonic bacterial or yeast cells and transferred to a new 24-well plate using sterile forceps. Meshes were fixed with 100% methanol for 15 minutes, air-dried, and incubated for 15 minutes with 0.1% crystal violet. Meshes were then washed thoroughly with water and air dried for approximately 1 hour. The crystal violet absorbed by the biofilm was released by the addition of 30% acetic acid for 15 minutes and the optical density was measured at 550 nm (A₅₅₀) using a microplate reader (Synergy Multimode Reader HTX; Biotek Instruments, Winooski, VT). Measurements were normalized for each mesh by dividing the A₅₅₀ values of inoculated meshes by the mean of their respective BHI/5% BSA and PBS negative control (uninoculated) meshes and expressed as fold increase over control mesh.

Fluorescence microscopy of polymicrobial biofilm-associated meshes

Additional polymicrobial biofilm-associated meshes and uninoculated PBS control meshes (1 each per mesh type with the exception of silicone) were removed from each well, rinsed in 0.2 µm filter-sterilized water, and blotted gently to remove planktonic organisms. Meshes were transferred to a new 24-well plate and incubated for 30 minutes in 250 µl staining solution containing 10 µg/ml FilmTracer[™] FM[®] 1-43 Green Biofilm Cell Stain (ThermoFisher Scientific, Waltham, MA) at room temperature and protected from light. The FM[®] 1-43 dye is a lipophilic styryl compound, is virtually nonfluorescent in aqueous media, and is believed to insert into the surface membrane where it becomes intensely fluorescent (excitation/emission maxima 472/580 nm). Meshes were then rinsed in sterile-filtered water, transferred to a new 12- or 24-well plate containing filter-sterilized water, and viewed under an Olympus IX73 fluorescence microscope with a fluorescein isothiocyanate (FITC) excitation/emission filter (Olympus America Inc., Center Valley, PA). Digital images were captured with cellSens imaging software using an Olympus DP80 camera.

Quantitation of viable organisms recovered from polymicrobial biofilms

In a separate experiment, polymicrobial biofilm-associated meshes and uninoculated PBS control meshes (1 each per mesh type) were rinsed in PBS and blotted gently to remove planktonic organisms. Samples were then placed in 10 ml sterile PBS in 15 ml tubes, vortexed for 1 minute, and sonicated for 5 minutes in a Branson CPX2800H ultrasonic bath (40 kHz; Branson Ultrasonics Corp., Danbury, CT). Using the drop plate method with $4 \times 10 \mu\text{l}$ spots per dilution, serial dilutions (10^1 to 10^{-8}) were plated onto selective agar (mannitol salt agar to identify MRSA, cetrimide agar to identify *P. aeruginosa*, and CHROMagar candida to identify *C. albicans*). Plates were grown 24 hours at 37°C before counting colonies. Growth of bacteria and *C. albicans* was expressed as CFU per mesh sample. The lower limit of detection was 1×10^3 CFU per mesh.

Statistical analysis

Values were reported as means \pm standard error of the mean. A two-way analysis of variance followed by pairwise multiple comparison testing using the Holm-Sidak method was used to determine differences in biofilm biomass among the groups and to identify an interaction between material type and biofilm organism(s). Statistical analyses were performed using SigmaPlot 11.2 software (Systat Software Inc., San Jose, CA) with $p < 0.05$ considered significant.

Results

Crystal violet staining of biofilm biomass, CFU determination, and fluorescence microscopy revealed that all implant materials investigated in this study were capable of harboring biofilms, but that the relative abundance was dependent upon the particular material and organism(s) present (Figures 1 and 2; Table 1). A statistically significant interaction was identified between mesh type and biofilm type ($p = 0.02$). Overall, PTFE meshes exhibited the highest levels of polymicrobial biofilm biomass, while multifilament polyester had the lowest levels (Figure 1). Polypropylene and polyester monofilament meshes supported similar biofilm growth. When comparing monomicrobial biofilms, *P. aeruginosa* demonstrated greater ($p < 0.05$) biomass than MRSA and *S. epidermidis* on PTFE, polypropylene, and monofilament polyester. MRSA and *S. epidermidis* did not differ significantly among mesh types (Figure 1).

Viable bacteria and yeast cells were recovered from all polymicrobial biofilm-laden meshes after sonication at 48 hours (Table 1). Cell numbers in the polymicrobial biofilms ranged from 10^4 – 10^5 CFU *C. albicans*, 10^6 – 10^7 CFU MRSA, and 10^{11} – 10^{13} CFU *P. aeruginosa* per cm^2 mesh (Table 1). Although a higher inoculum (2 orders of magnitude) of *C. albicans* and MRSA compared to *P. aeruginosa* was used in order to facilitate cooperation of these species with *P. aeruginosa*, the *P. aeruginosa* was still able to dominate the 48-hour biofilms (5–7 orders of magnitude higher CFU counts than the other microbes). In contrast,

Table 1. Number of viable organisms recovered from 48-hour polymicrobial biofilm-associated surgical implant materials. No organisms were recovered from uninoculated meshes (PBS controls)

Mesh material	<i>C. albicans</i> (CFU/ cm^2 mesh)	MRSA (CFU/ cm^2 mesh)	<i>P. aeruginosa</i> (CFU/ cm^2 mesh)
Silicone	1.24×10^5	3.35×10^6	4.69×10^{11}
Multifilament Polyester	4.73×10^5	1.66×10^7	1.00×10^{12}
Monofilament Polyester	2.20×10^4	2.55×10^6	7.20×10^{13}
Monofilament Polypropylene	2.34×10^4	2.85×10^6	1.55×10^{12}
Monofilament PTFE	1.28×10^4	1.68×10^6	5.93×10^{12}

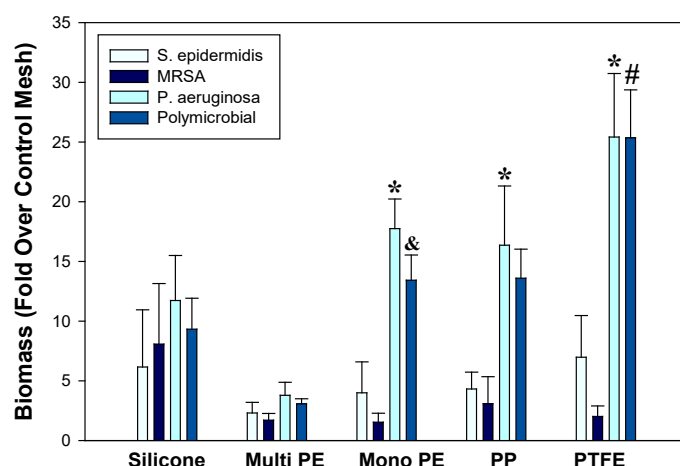


Figure 1. Monomicrobial and polymicrobial biofilm growth on various synthetic implant materials as determined by crystal violet staining of biofilm biomass. * $p < 0.05$ vs. MRSA and *S. epidermidis*; # $p < 0.05$ vs. MRSA; & $p < 0.05$ vs. MRSA and *S. epidermidis*. PE, polyester; PP, polypropylene.

the growth of *C. albicans* was somewhat suppressed by the bacteria (1–2 orders of magnitude lower than the initial inoculum). These results highlight the challenges of co-culturing different species *in vitro* due to the undesired killing of one or more species even though they may coexist in their natural environment [32].

Viability measurements by CFU counting of polymicrobial biofilms were not in complete agreement with biomass determinations by crystal violet assay. For example, overall CFU counts were not higher for PTFE than multifilament polyester and silicone, although biofilm biomass was significantly higher ($p < 0.05$) for PTFE than these 2 materials (Table 1 and Figure 1). Nevertheless, visualization of FM 1-43-stained polymicrobial biofilm-associated meshes using fluorescence microscopy supported the biomass measurements and revealed more robust biofilm formation on PTFE compared to the other materials (Figure 2). Biofilm organisms and extracellular matrix could be seen as a hazy substance enveloping the mesh fibers (Figure 2). No staining was visualized on uninoculated meshes that were incubated 48 hours in PBS (not shown).

Discussion and conclusion

Most surgeons worldwide agree that the use of a prosthetic mesh is the preferred approach for hernia repair and other reconstructive surgical procedures despite the fact that the ideal mesh has not yet been developed [1]. Infection remains a challenge after implantation, often necessitating mesh removal [33]. Approximately 69% of explanted meshes are caused by prosthetic infection [1]. It is feasible that unrecognized subclinical biofilm formation may be involved in mesh failure, resulting in a localized inflammatory response that may injure surrounding tissues and prevent mesh incorporation, ultimately leading to hernia recurrence [18].

Polymicrobial biofilms are an understudied and clinically relevant health problem, with the potential to harbor various organisms including bacteria and fungi [18,19,21,24,30,32]. Formation of polymicrobial biofilms on the surface of implants may be a major causative factor for antibiotic treatment failure and the development of infectious complications requiring reoperation [18]. Once a biofilm is established, it becomes difficult to eradicate the organisms present because the minimal antimicrobial concentration for eradication is difficult to achieve *in vivo* due to toxicity and limitations of renal and

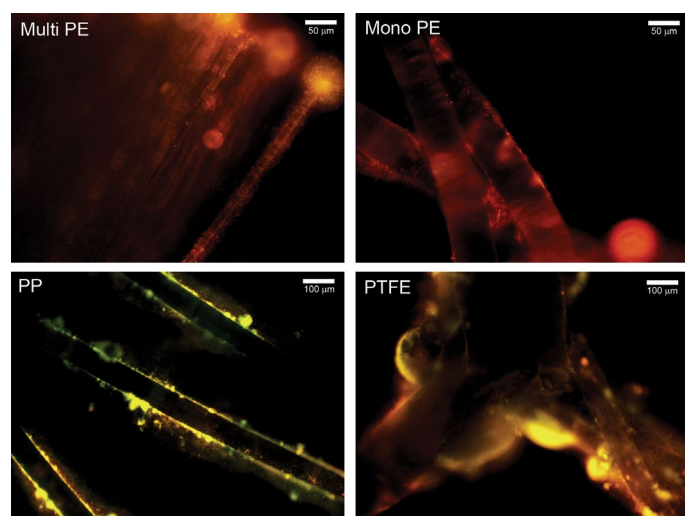


Figure 2. Representative fluorescent microscopy images of 48-hour polymicrobial biofilm-associated mesh fibers stained with FM® 1-43. Biofilms were composed of MRSA, *P. aeruginosa*, and *C. albicans*. Mono PE, monofilament polyester; Multi PE, multifilament polyester.

hepatic functions [21]. Antibiotic tolerance for biofilm bacterial cells is reportedly 500-5000 times higher than for planktonic (free-floating) bacteria [21].

S. epidermidis and *S. aureus* are two of the most prevalent contaminating organisms associated with prosthetic infections because they are common skin commensal bacteria, are introduced easily into incisions leading to infection, and have the ability to form biofilms [18,34]. *P. aeruginosa* and *C. albicans* are also frequently isolated from infected implanted medical devices [19,24,27]. The number of organisms required to cause an infection in the presence of a prosthetic has been suggested to be approximately 1/10,000 the number required to cause skin infections [29]. In this study we utilized an initial inoculation of 10^6 CFU or 10^4 CFU (in the case of *P. aeruginosa* in polymicrobial biofilms) to elicit an acute contamination of the meshes [34]. Although a higher inoculation (2 orders of magnitude) of *C. albicans* and MRSA compared to *P. aeruginosa* was used in order to facilitate cooperation of these species with *P. aeruginosa* in the polymicrobial biofilms, *P. aeruginosa* was clearly the outcompeting species.

Bacterial adhesion to biomaterials during implantation is critical to the development of mesh infection and subsequent biofilm formation. Several studies have shown that the roughness and material characteristics of the implant surface impact initial bacterial adherence [26-29]. Previous *in vitro* studies investigating synthetic meshes have determined that hydrophobicity, porosity, and filament number influence bacterial adhesion and monomicrobial biofilm formation by various Gram-positive and Gram-negative bacteria [26,28,29,34]. Bellows et al. [27] examined various biologic prosthetics *in vitro* and also showed that the formation of MRSA and *P. aeruginosa* monomicrobial biofilms is both material and species dependent. Overall, results from our study corroborated these findings, although MRSA and *S. epidermidis* monomicrobial biofilm biomass measurements were not significantly different among the 5 different synthetic mesh types investigated.

Unique to our investigation, we determined that all of the materials examined were capable of harboring *C. albicans*, MRSA, and *P. aeruginosa* polymicrobial biofilms, but that the relative abundance was dependent upon material type. We found that PTFE exhibited the highest levels of polymicrobial biofilm formation as detected by crystal

violet staining of biofilm biomass and fluorescence microscopy (but not by CFU counts of viable organisms) compared to multifilament and monofilament polyester, monofilament polypropylene, and silicone sheeting. Interestingly, discrepancy between biomass and viability measurements has been observed in other studies [27]. The finding of enhanced polymicrobial biofilm formation on PTFE is in agreement with Engelsman et al. [28], who examined single-species biofilm growth *in vitro* by *S. aureus*, *P. aeruginosa*, and *Escherichia coli* on 6 synthetic surgical meshes. They discovered that PTFE, the most hydrophobic material tested, grew biofilms that were embedded in massive amounts of slime consisting of exopolysaccharide matrix and proteins. Engelsman et al. [14] confirmed their results in an *in vivo* study and determined that hydrophobic PTFE meshes and multifilament meshes with a large surface area significantly increased bacterial persistence and spreading in the infected area, in contrast to monofilament polypropylene and lightweight meshes. Altogether, these results are consistent with clinical findings that PTFE meshes require removal in almost all cases of infection, while macroporous polypropylene meshes are salvageable in most cases [33].

Limitations of this study exist. Because this was an *in vitro* study, we were unable to evaluate the complex interactions between implant materials, microbes, and the host immune system. Future investigation will involve *in vivo* testing of polymicrobial biofilms using additional commercially available synthetic and biologic materials and will expand testing of unequal inocula combinations to ensure establishment of polymicrobial biofilms with balanced populations.

In conclusion, prosthetic-associated polymicrobial biofilms have significant clinical relevance. Findings from this study revealed that MRSA, *P. aeruginosa*, and *C. albicans* can cooperatively form mature biofilms on various surgical implant materials *in vitro*, and that different mesh constructs vary in their susceptibility to biofilm formation depending upon the organism(s) present. Macroporous PTFE mesh demonstrated increased vulnerability to polymicrobial and *P. aeruginosa* infection, suggesting that the type of implant material chosen for surgical procedures may affect the patient's wound healing response and clinical outcome, particularly when used in a contaminated environment.

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