Case report

A 42-year-old patient without notable history, the victim of a highway accident (pedestrian struck by a truck). Admitted to the emergency for severe chest trauma; on admission, the patient was conscious, polypneic, with abdominal breathing, hemodynamically stable. After setting condition, a chest radiograph performed showed left rib fractures with a dissociated fragment from the chest wall, a left fractured scapula and soft parenchymal opacities (Figure 1).

The Chest CT objectified multiple storied rib fractures of 2nd to 5th left costal arch with a bone fragment in the endothoracic position threatening pulmonary artery, a moderate left pleural effusion, a basement filling with left lung collapse (Figure 2 and 3). A left thoracic drainage extracted 500cc of blood. The fracture of the scapula was managed by orthopedic treatment. After three days of monitoring in surgical reanimation, the patient respiratory evolution was severe with desaturation to 73%. The arterial gazometry showed a pH to 7.43, a Pa O2 to 34 mmHg and PaCO2 to 39, 4mmhg. wich posed the indication of intubation with assisted ventilation to normalize gasometry results. Furthermore the patient showed signs of pulmonary infection (T°: 38.2, purulent secretions, WBC: 16400 e/mm³, CRP: 237 mg/l). Protected distal samples were made and the patient received an antibiotherapy (Amikacin (1g/24h) + Ceftazidime (1 g/6H)) according to the results of the antibiogram with good clinical and biological evolution. The patient had also respiratory physical therapy with daily tracheal aspirations. At the 5th day the patient was extubated and the chest tube removed.

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Received: May 31, 2017; Accepted: June 22, 2017; Published: June 24, 2017
After 3 weeks of the reanimation sojourn, the patient underwent a left thoracotomy through the 5th intercostal space to remove endothoracic bone fragment which was actually in contact with the pulmonary artery causing an adventitial thickening. The postoperative evolution was simple.

Discussion

The present case involved a fracture of the anterior aspect of the rib with anterior displacement of the fragment and the proximity of the fracture to the groove for the pulmonary artery. These circumstances may have produced a pseudoaneurysm that caused delayed rupture of the artery. Angiography after the return of spontaneous circulation did not reveal any obvious vascular abnormalities.

Another mechanism by which delayed rupture of a pulmonary artery occurs is when the artery is directly injured by the jagged edge of a fractured bone. In the present case, body movement may have caused a jagged bone fragment to injure the nearby left pulmonary artery [1,2].

Some intriguing cases of late-onset aortic injury after traumatic rib fractures have been reported [1-4]. The patients in all the cases developed vascular injury a few days after the onset of trauma and led to the diagnosis of direct aortic puncture by a fractured bone, which was supported by the operative findings. Similarly, from a case of acute onset fatal subclavian artery rupture associated with isolated clavicle fracture due to accidental injury while balding [5].

Physicians should bear in mind that bone fragments can result in vascular injury and even if most rib fractures can be managed conservatively, we should suggest rib fixation surgery or the resection of the rib edges, especially when the shape of the fractured bone seems at a high risk of vascular injury [2-6].

References