Large choroidal malignant melanoma presenting as neovascular glaucoma

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Abstract

Objectives: To report a patient with choroidal malignant melanoma presenting as neovascular glaucoma.

Patient and methods: We retrospectively reviewed medical history and diagnostic tests of a 64 year old male patient with uveal melanoma.

Results: A large mass was observed during our first examination and patient has been treated for neovascular glaucoma before admitting to our clinic. The huge mass, which filled the vitreous cavity, was detected by B-scan ultrasonography. Enuclation was performed and histopathologic analysis of enuclation material revealed uveal melanoma. Initially there was no evidence of metastasis. He was died due to liver metastasis of choroidal melanoma, six months later.

Conclusions: Choroidal melanoma can present as neovascular glaucoma in some patients. In suspicious conditions, choroidal melanoma should be considered in patients with neovascular glaucoma.

Introduction

Neovascular glaucoma is caused by tissue hypoxia, especially secondary to posterior segment diseases. Angiogenic factors precipitate neovascularization in trabecular meshwork. Due to this, aqueous outflow is obstructed and intraocular pressure is increased. The most common reasons of neovascular glaucoma are diabetic retinopathy, central retinal vein occlusion and ocular ischemic syndrome. Another etiological reason is ocular tumors such as malign melanoma (MM).

Malign melanoma is a very dangerous malignancy and rarely seen in the eye. Uveal melanoma involves the choroid (90%), ciliary body (6%) and iris (4%) [1]. Incidence of choroidal melanoma is 4.9 per million in US, 8 per million in Northern Europe and 2 per million in southern Europe [2,3].

Herein, we report a case of uveal malign melanoma presenting as neovascular glaucoma.

Case

A 64 year old male patient referred to our clinic with a pre-diagnosis of neovascular glaucoma in his left eye (LE). He presented with pain, redness and decreased vision in his LE 2 months ago. There was no history of diabetes mellitus and tobacco use. On ophthalmological examination, visual acuity was 0.7 (Snellen) in right eye and light perception in LE. Intraocular pressure was 12 mmHg in right eye and 35 mmHg while using beta blocker/carbonic anhydrase inhibitor combination, prostaglandin analog and alpha-2 agonist in the LE. Conjuctival hyperemia, neovascularization of iris and a huge mass extending to anterior vitreous were observed on slit-lamp examination (Figure 1). B-scan ultrasonography showed the mass which fully filled the vitreous cavity. Enuclation of the left eye was performed by ophthalmic oncologist. On macroscopic examination of the specimen, tumor was pigmented and the size of tumor was 2.3 × 1.6 cm. On microscopic examination, there were pleomorphic, atypical fusiform cells. The final pathology was type A choroidal malign melanoma (Figure 2). No metastasis was detected by imaging methods for tumor metastasis, at that time. He followed with these findings and the general condition of the patient progressively worsened. He was died due to liver metastasis of choroidal melanoma, six months later.

Discussion

Uveal melanoma is the most common primary intraocular tumor in adults originating from melanocytes located in iris, ciliary body and choroid [4]. Incidence of choroidal melanoma is 4.9 per million in US, 8 per million in Northern Europe and 2 per million in southern Europe...
Choroid is the most frequently affected area by uveal melanoma (90%) [1]. However, cancer metastasis such as metastasis of small cell lung cancer is the most common cause of choroidal tumors [5].

Symptoms of uveal melanoma includes blurred vision, visual field defects, photopsia, floaters and pain but at the time of diagnosis 30% of patients could be asymptomatic [6]. Choroidal melanoma usually appears as a pigmented, dome shaped mass in fundus examination. The other clinical features are retinal detachments, vitreous hemorrhages and secondary glaucoma [1]. Secondary glaucoma may appear before and after the diagnosis of choroidal melanoma. In this case, neovascular glaucoma was the initial manifestation of choroidal melanoma. Before admission to our clinic, physicians in an outer center who started to treat neovascular glaucoma with drops, did not notice the choroidal mass. In our examination, the huge mass extending to anterior vitreous was evaluated in slit lamp examination.

In addition to clinical examination, B-scan ultrasonography (USG), fundus fluorescein angiography, indocyanin green angiography, enhanced depth optical coherence tomography, autofluorescence, fine-needle aspiration biopsy, cytogenetic analysis use for diagnosis of uveal melanoma [1]. B-scan USG is easily accessible and very useful device for the diagnosis of uveal tumours. In this case, the tumor was evaluated by B-scan ultrasonography after fundus examination. Vitreous cavity was filled with tumor in the B-scan ultrasonography.

Plaque radiotherapy and enucleation are the most common treatment options in patients with uveal melanoma [4]. Enucleation was performed by ophthalmic oncologist and the pathology of the tumor was type-A choroidal melanoma.

Neovascular glaucoma may be the first clinical feature of choroidal melanoma. Ethiology of neovascular glaucoma must be investigated carefully and choroidal melanoma should not be missed in cases with suspicious conditions.

References